



# Together, We Are Partners In The Fight to Conquer Childhood Cancer. FTK!

# How We Help

Four Diamonds' mission is to conquer childhood cancer by assisting children treated at Penn State Hershey Children's Hospital and their families through superior care, comprehensive support, and innovative research. We believe in a holistic approach to childhood cancer treatment. We not only treat the disease, we care for the child's well-being, their family, and cover all expenses for the care and treatment of the child not paid for by insurance or other means.



# **CHILD LIFE**

Child life specialists help children confront fears about their illness. Through the use of play therapy and distraction techniques, child life specialists work with patients and families to help them find ways to cope with the life changing effects of childhood cancer.



#### **CLINICAL NUTRITION**

A clinical nutritionist assists patients and their families by providing nutrition information that will keep the patient as healthy as possible. Nutritional care also helps reduce the side effects of childhood cancer treatment.



#### **CLINICAL PSYCHOLOGY**

A clinical psychologist helps patients and their families with the unique psychological challenges presented by childhood cancer. Services include; individual and family therapy, coping skills, relaxation techniques, bereavement services, and referrals for psychological testing.



#### PEDIATRIC ONCOLOGY NURSE SPECIALISTS

Pediatric oncology nurse specialists work exclusively with pediatric oncology patients through all stages of treatment; providing both inpatient and outpatient care. They are skilled in the treatment protocols necessary for the long-term care of children. They also collaborate with physicians on patient protocols, answer questions from families, and refer emergencies to physicians. This enables pediatric oncology patients to receive the highest quality of care possible.





# **SOCIAL WORK**

Social workers support families with the adjustment from diagnosis, into treatment, and through survivorship. They serve as advocates for each family; addressing practical concerns including financial assistance, school needs, employment concerns, transportation assistance, and promote healthy coping.



#### **MUSIC THERAPY**

Music therapists use therapeutic interventions, including playing instruments, singing, listening, and song writing to promote adjustment to the hospital setting. These experiences are designed to help manage stress, alleviate pain, express feelings, improve communication, foster social interaction, and promote physical rehabilitation.



## **PASTORAL CARE**

A chaplain integrates the spiritual needs of patients and their families into their plan of care by providing information to the medical team and specialty care providers about the family's faith practices and how their faith may impact their medical treatment.



## FOUR DIAMONDS PEDIATRIC CANCER RESEARCH CENTER

Penn State Hershey Children's Hospital's commitment to childhood cancer research makes it possible to provide cutting-edge care to all of our pediatric cancer patients. With membership in five elite national research consortiums, the Children's Hospital is able to offer Phase I, Phase II, and Phase III clinical trials.

The Four Diamonds Pediatric Cancer Research Center supports the work of four lead scientists, 31 research team members, and 23 clinical researchers committed to finding new, innovative treatments and, one day, a cure for childhood cancer.

Three endowments - the Four Diamonds Center for Pediatric Cancer Research endowment, the Pediatric Cancer Experimental Therapeutics Program endowment, and the Pediatric Molecular Oncology Research endowment - were created in order to provide a source of revenue to fund childhood cancer research for years to come.

"Research offers the best hope of finding a cure."

Barbara A. Miller, M.D.

Colton, age 2





Four Diamonds at Penn State Hershey Children's Hospital

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