



SMOOTHIE BAR MENU

BREAKFAST

Made To Order Sausage Egg and Cheese
Made To Order Bacon Egg and Cheese
Hand Cut Fresh Fruit Cup
Yogurt Parfait
Greek Yogurt
Oatmeal
Bagels
Cereal

PIZZA BY THE SLICE OR WHOLE

WHOLE PIE

Hand Tossed Crust Topped With
Three Cheese Blend

WHOLE PEPPERONI PIE

Hand Tossed Crust Topped With
Three Cheese Blend and Sliced Pepperoni

WHOLE SAUSAGE PIE

Hand Tossed Crust Topped With
Three Cheese Blend and Italian Sausage

SALAD - ADD CHICKEN TO ANY SALAD

SPRING MIX SALAD

Shredded Carrots
Cucumbers
Grape Tomatoes
Feta Cheese
Balsamic Vinaigrette

CAESAR SALAD

Romaine Lettuce
Parmesan Cheese
Croutons
Caesar Dressing

BABY SPINACH & FRESH STRAWBERRY SALAD

Baby Spinach
Fresh Strawberries
Roasted Almonds
Feta Cheese
Citrus with Berry Vinaigrette

SANDWICHES

TURKEY SANDWICH

Served On a Hoagie Roll
Sundried Tomato Aioli
Swiss Cheese
Sliced Turkey
Sliced Tomato & Lettuce

DELUXE GRILL CHEESE SANDWICH

Multigrain Whole Wheat Bread
Sharp Cheddar Cheese
Red Wine Caramelized Onion
Garlic & Herbs Roasted Tomato
Baby Arugula

ITALIAN HOAGIE

Provolone Cheese
Capicola
Pepper Ham
Hard Salami
Italian Dressing
Pepperoncini
Red Onion
Lettuce
Tomato

GRILLED CHICKEN FLATBREAD

Grilled Chicken
Sprouts
Cheddar & Monterey Cheese Blend
Chipotle Aioli
Arugula
Tomatoes
Flatbread

MARGARITA FLATBREAD

Fresh Mozzarella
Marinara Sauce
Basil
Roasted Tomatoes

MEATBALL SUB

Meatballs (Gluten-Free)
Provolone Cheese
Marinara Sauce

SMOOTHIES

We Provide A Variety Of 100% Fruit No
Sugar Added Fruit Smoothies
A Variety of Snacks
Trail Mix
Protein Bars
Granola Bars
Chips
Popcorn
Hard Pretzels
House Baked Jumbo Cookies
Assortment of Whole Fresh Fruit
Hand Cut Veggie Sticks With Dipping Sauce

SWEET TREATS

Dippin' Dots
A Variety of Your Favorite Flavors
Ice Cream Bars and Treats
Frozen Yogurt
Candy Bars

BEVERAGES

Coffee
Soda
Diet Soda
Gatorade
Flavored Water
Bottled Water
Assorted Hot Tea
Assorted Ice Tea
Chilled Coffee Drinks
Hot Chocolate

FOOD ALLERGIES

Our in-house chefs want to make your dining experience enjoyable for the entire family. With their extensive background in hospitality dining, they will meet any special needs you or your family member for dietary restrictions such as gluten free, nut allergy, no sugar, etc. We are happy to assist you and make your experience with us worry free.

Gluten free options available upon request are:

Gluten free bread

Gluten free pizza

Gluten free protein bars

We can also prepare a selection of our menu item in a gluten free fashion.