

PRESENTER & SESSION LISTING



Natasha Watley, Team USA Softball, Olympian x2

Sessions: Hustle Sold Separately Keynote (Coaches), Hustle Sold Separately (Athletes), Putting Pressure on the Defense: Small Ball and Slapping/Bunting Strategy, Championship Mindset

Amanda Freed, Team USA Softball, Olympian, ESPN Analyst

Sessions: Building an Effective Practice Plan, Keeping Outfielders Engaged: Drills, Understanding Recruiting, Pitchers Strength & Conditioning: On and Off Field Drills & Exercises, Baserunning & Outfield Strategies (Athletes)

Tina Whitlock, Apex Athletic Performance, British National Team Pitching Coach

Sessions: The Best Battery – Mindset Mastery for Pitchers/Catchers/Hitters, Pitcher & Catcher Relationship, Defending the Catching Position & Game Calling, Focus on Fundamentals: Breaking Down Defense Techniques Up Close (Athletes)

Joey Lye, Head Coach, Bucknell University

Sessions: Building the Mental Game into Daily Practices, An Underrated Difference Maker: Baserunning, Conditioning: A Unique Perspective

Sarah Sigrest, Assistant Coach, Penn State University

Sessions: Creative Bullpen Workouts for the Everyday Pitcher, Pitch Calling 101, Managing Pitchers through the Entire Season, Drills All Around (Pitching), Pitcher's Mindset (Athletes)

Jen Petteys, Head Coach, York College (and staff)

Sessions: Mastering the DP/Flex (x2), The Little Things: Maximizing Team Academic Performance and Building Fierce Competitors

Pete Berrios, Head Coach, Chestnut Hill College & Pure Hitting Program

Sessions: Hitters Approach (Athletes), Batting Tools to be Successful, Offensive Strategy for Teams

Kelly Kratz, Positive Coaching Alliance (PCA)

Sessions: Double Goal Coach: Coaching for Winning & Life Lessons for Youth Coaches, Positive Motivation: Getting the Best from Athletes

Kyle McMinn, Director of Sports Performance, Spooky Nook Sports

Sessions: Sports Performance for All Seasons, Softball Training for Injury Prevention

Jeffrey Swarr, Heart of a Competitor LLC, Mental Performance Coach

Sessions: Everyone has a Team: 5 Strategies to Build a TRIBE (Athletes), Building a Mentally Tough Competitor: 3 Strategies to Working with Young Competitors

Mackenzie Bender, Public Relations Manager, Spooky Nook Sports

Sessions: Put Me in, Coach: The Importance of Using Social Media

Ed Howell, HowellTo Sports

Sessions: Overload/Underload Training, Vision Training

Todd Garber, Nook Gold

Session: Batting Drills for Everyday Practice