What is MST?

Therapists work in the home, school and community and are on call 24/7 to provide caregivers with the tools they need to transform the lives of troubled youth. Research demonstrates that MST reduces criminal activity and other undesirable behavior.

MST Works for Families and Communities

MST is an evidence-based program that empowers youth (aged 12 - 17) and their families to function responsibly over the long term. MST reduces delinquent and antisocial behavior by addressing the core causes of such conduct - and views the client as a network of systems including family, peers, school, and neighborhood. Therapists have small caseloads and provide services in the home at times convenient to the family. The average length of treatment is between 3 and 5 months, and therapists and provider agencies are held accountable for achieving change and positive outcomes.

Proven Results

60+ Published Studies

- 91% YOUTH LIVE AT HOME
- 86% IN SCHOOL OR WORKING
- 87% NO JUVENILE ARRESTS

*At the close of treatment
Rigorous Clinical Trials Demonstrate Effectiveness

MST FEATURES THE LARGEST BODY OF EVIDENCE, BY FAR, OF SUCCESSFUL INTERVENTIONS FOR HIGH RISK YOUTH

- 60+ STUDIES
- $75m+ RESEARCH FUNDING
- 130+ PEER-REVIEWED JOURNAL ARTICLES
- 48,000+ FAMILIES INCLUDED ACROSS ALL STUDIES

MST IS THE ONLY INTERVENTION FOR HIGH RISK YOUTH WHERE RESULTS HAVE BEEN REPEATEDLY REPLICATED BY INDEPENDENT RESEARCH TEAMS

Enduring Results for Families and Communities

- 54% FEWER REARRESTS Over 14 Years
- 75% FEWER VIOLENT FELONY ARRESTS Over 22 Years
- 54% FEWER OUT-OF-HOME PLACEMENTS Median Across All Studies

MST DELIVERS SUPERIOR CLINICAL & FINANCIAL RESULTS RELATIVE TO INCARCERATION AND ALTERNATIVE TREATMENTS

- UP TO $23.59 ROI FOR EVERY DOLLAR SPENT
- UP TO $200K NET BENEFIT PER YOUTH

To learn more, visit us at www.mstservices.com