



movingon™

A Program for At-Risk Women

Moving On™

Moving On™: A Program for At-Risk Women provides women with alternatives to criminal activity by helping them identify and mobilize personal and community resources.

Moving On™ ascribes to two philosophical and overlapping tenets. First, Moving On™ is a gender-responsive program that is based on theory and research concerned with women. Second, the overarching goal of the program includes the reduction of criminal behavior as well as increasing the health and well being of women, their families, and the community.

The development of Moving On™ was influenced by three complementary approaches: Relational Theory, Motivational Interviewing, and Cognitive-Behavioral Intervention.

Moving On™

- is a flexible, open-ended intervention program that allows continuous intake
- can be administered to groups or individuals in community corrections as well as institutional settings
- has demonstrated outcomes in reducing risk for criminal behavior

Moving On™ is made up of six distinct modules. Module 1 and 6 are provided on a 1:1 basis while Modules 2-5 are delivered in a group format. Each of the group modules has approximately 2 hours of program content. There are a total of 23 group sessions which can be delivered up to 3 times weekly for women who are incarcerated or up to twice per week for women in the community.

For more information on Moving On™, please contact sales@orbispartners.com.