



Driving bottom line savings for senior living through utility benchmarking

## Our Presenters



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# Driving Bottom Line Savings for Senior Living Through Benchmarking Utilities

Marla Thalheimer, LEED AP ID+C

BUILDING PERFORMANCE.

UNLOCKING VALUE.

### Current Scenario?



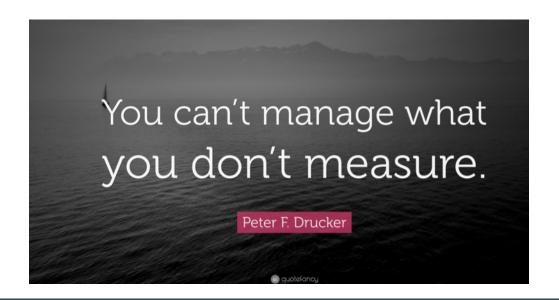
- Utilities are typically your third largest expense after labor and food
- Bills are likely managed directly at the community
- Only reviewed as to whether they are meeting budget (or not)
- No understanding of whether the amount being paid each month is in the right range for that facility, or if the community is running efficiently.



## Benchmarking Energy Efficiency



- Defined as: To evaluate or check (something) by comparison with a standard
- Comparing the energy efficiency performance of your facility over time
  - Against itself over a baseline period
  - Against peers



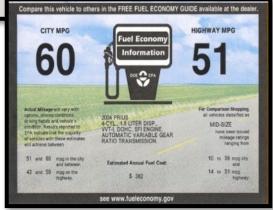
## Energy Performance Rating



Is 10 MPG high or low for an automobile?



Fuel Efficiency Rating MPG



Is 90 kBtu/sf/year high or low for a SL community?



Performance Rating

Scale 1 - 100

Facility Space Use Summary
Space (See Summary
Space

## What is ENERGY STAR Portfolio Manager?



- A free interactive tool from the EPA that enables you to track and assess the energy and water usage across your entire portfolio of communities
- It normalizes to create a comparative metric you can use across your portfolio
- It helps you understand where you have efficient communities, and where they are not so efficient
- It allows you to prioritize resources for communities that are less efficient, and reward communities that are more efficient
- Having visibility to this information will help you focus your efforts, save energy and save money!
- ENERGY STAR Portfolio Manager Benchmarking Starter Kit

## How It Works

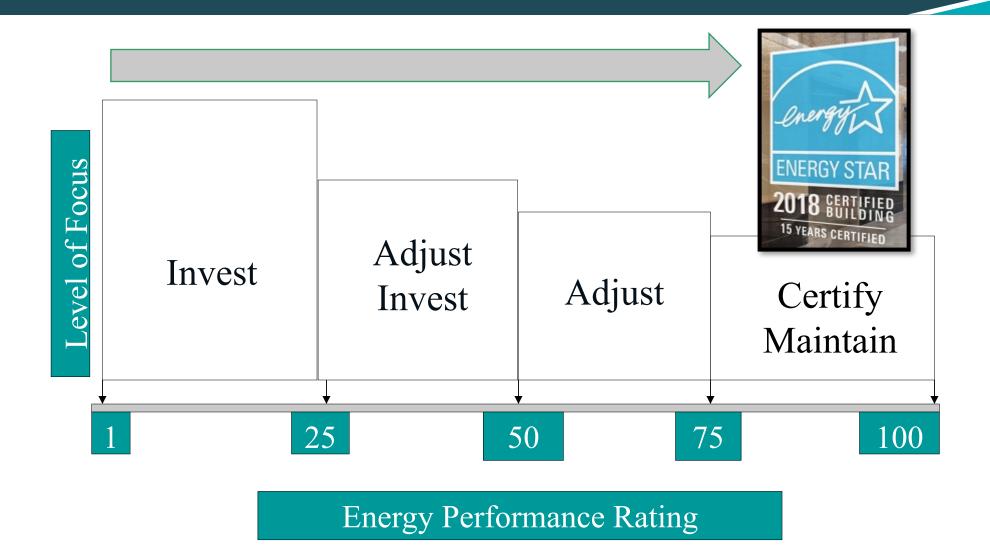


- You input data including 12 months of energy usage and space use information
  - Square Footage
  - Occupancy (Max, Bed Capacity, Avg Occupancy)
  - Number of Refrigerators/Freezers & Washing Machines
  - Number of Workers
  - Number of Computers
  - Percentage Heated and Cooled
- Normalizes building variables affecting energy consumption
  - Weather
  - Hours of operations
  - Occupancy
  - Plug load
  - Creates a whole building "mpg" rating



## ENERGY STAR Portfolio Manager Score





## Saving Energy = Improving Your Score



#### No cost measures:

- #1 thing is to identify and eliminate the "wasters".
  - Are parking lot lights burning all day?
  - Common area rooms that burn 24/7 when no one is in them?
  - What runs all night unnecessarily?
- Low cost measures:
  - Occupancy sensors
  - Replace incandescent light bulbs with LED bulbs
- Capital measures:
  - LED retrofits often have very good ROI
  - When spending capital dollars, do your research to spend smarter
    - Available incentives can often get you a more efficient option for less money

## Energy Savings Example



• Energy (and water) savings will reduce operating costs and improve NOI

Energy Savings Example		
	Average cost per year	5% Savings
1 Communities	\$100,000	\$5,000
5 Communities	\$500,000	\$25,000
50 Communities	\$5,000,000	\$250,000

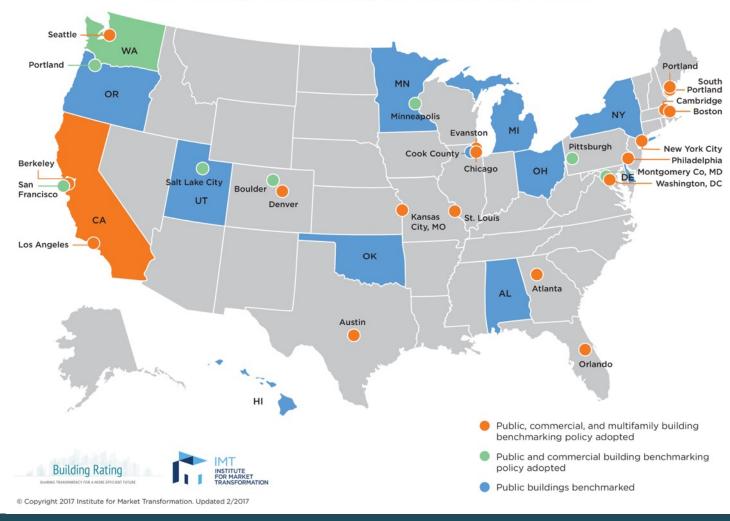
## Mandatory Disclosure Requirements



You are REQUIRED to benchmark your communities in 17 major cities and all of California:

- Annual reporting thru ESPM
- Scores are available to the public

#### U.S. Building Benchmarking and Transparency Policies



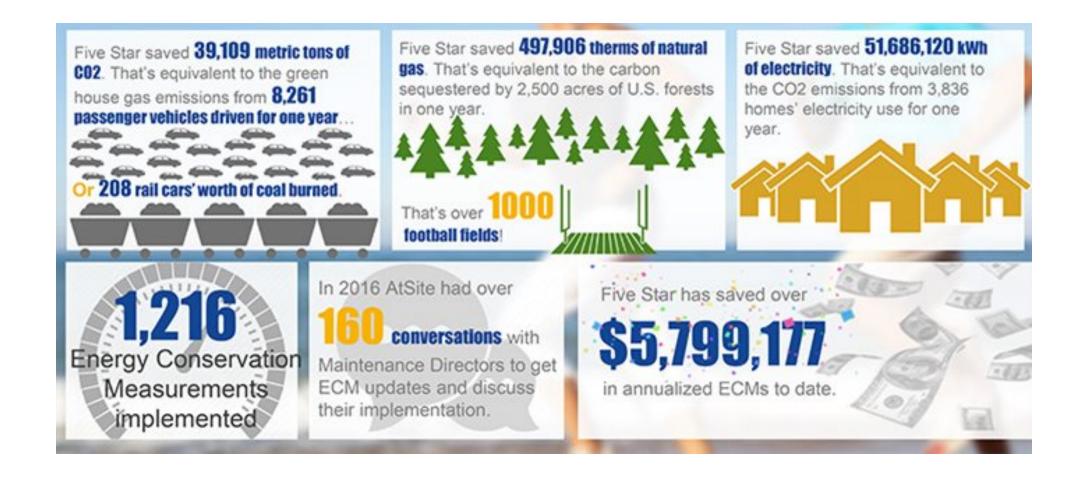
## Staff and Resident Engagement Opportunity



- Engage both staff and residents to work together and save energy and water
- Challenges between communities who can save the most?
  - "Kill-A-Watt Crackdown"
- Develop a sustainability story from all your efforts and how much you saved
  - Great for social media
  - Sustainability/environmental section on your website
  - Use as a recruiting tool
  - Marketing opportunity could give you a competitive advantage!
- ENERGY STAR certifications!

## Five Star Senior Living – Green Stars Program





## It Matters!



In addition to saving money, it's the right thing to do.



# Challenges Facility-Level

- ✓ Data collection
- ✓ Access to data
- ✓ Data validation
- ✓ Personnel

## Challenges Portfolio-Level

- ✓ Data collection
- ✓ Access to data
- ✓ Data validation
- ✓ Personnel

- ✓ Specific requirements vary by city & building type
- ✓ Deadlines change
- ✓ Some cities require a PE
- ✓ Different asset classes
- ✓ Portfolio visibility

























# Our ENERGY STAR Expertise











+500 benchmarking submissions

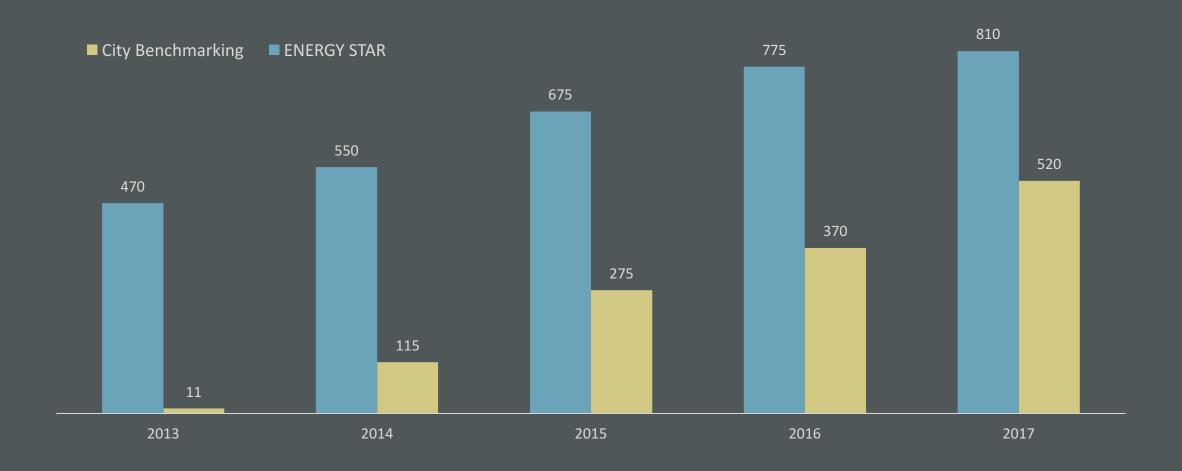
+800 ENERGY STAR award submissions

in 20 different cities or regions

# **Beyond Benchmarking** Best Practices



# **City Benchmarking** & ENERGY STAR Awards



# Questions?



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