## AIP Foundation Year-End Report 2012-2013



#### HELMETS FOR KIDS AT PHNOM DIL PRIMARY SCHOOL SPONSORED BY: ARRB GROUP LTD











"ARRB has helped us promote road safety in our community by increasing the number of students wearing helmets correctly. In the last year, helmets have effectively become a part of our school's uniform."

Mr. Norng Sophal, Principal of Phnom Dil Primary School

#### **Project Summary**

**Objectives:** Increase helmet use and road safety knowledge of students, teachers, and parents at target schools and raise awareness in surrounding communities

Duration: Seven months (February to August 2013)

Budget: \$3,154 .00

**Beneficiaries:** 187 new entry students of Phnom Dil Primary School

## **About the Target School**

#### **Phnom Dil Primary School**

- Located in a high-density traffic area along national highway 6A in Kampong Cham province.
- Traffic signs and zebra crossings are sparse
- Extremely high-risk of road traffic crashes, particularly during rush hour.
- Over 90% of new students commute via motorbike and bicycle, none of whom wore helmets prior to implementation



# Summary of Key M&E Results

#### **Outputs:**

- 4 educational murals painted outside school as an ongoing reminder to parents to put helmets on their children as a simple act of love and care.
- 187 helmets provided to new kindergarten and first grade students. Students were also taught correct helmet wearing and road safety lessons
- 100% of parents signed commitment letters that showed their promise to make their child wear a helmet.
- 500 students participated in extracurricular activities.
- 28 teachers participated in refresher training workshop on road safety and helmet wearing.
- Teachers understanding of correct helmet wearing increased to 100% after training compared with 95% of pre training

# Summary of Key M&E Results (con't)

#### **Outcomes and impacts**:

- 2 Television segments, 16 online articles, 2 print article covered the program activities.
- Helmet observation results: 93% of students wearing helmets resulted in year-end school observation (Pre: 86%, post I: 94% Post II: 89%, post III:93%).
- No students were involved in any road traffic crash.
- Positive and encouraging feedbacks from teachers and parents on the program
- Senior representative from district and office of education and school Managements secured their commitment to support school
- Education murals at the school gate informed parents, students, and communities about the importance of helmet wearing
- Children love their (red) helmets and wear them as part of their school uniform

# Project Implementation

#### EDUCATIONAL MURALS PARENTAL COMMITMENT HELMET TOP-OFF DONATION CEREMONY TEACHER TRAINING REVIEW STUDENT TRAINING EXTRACURRICULAR ACTIVITIES

## **Educational Murals**

- ARRB funded educational murals in the 2011-12 school year
- Located on the inside and outside of the school fence
- Portray how to cross the road safely, how to wear a helmet correctly and depict motorcycle passenger helmet campaign slogan "Always care. Always wear a helmet."
- Ongoing reminder to parents to put helmets on their children as a simple act of love and care
- Regularly used by teachers during lessons to continue educating students about the importance of road safety and wearing a helmet





#### **Parental Commitment**

- As their commitment is integral to increasing children's helmet use, parents are asked to sign a letter to agree that their children will always wear a helmet
- 100% returned the letter showing their support

ព្រះពាលាលាចក្រអង្គុលា ជាតិ សាសលា ព្រះមហាអ្យគ្រ «««\*១១

#### នោះពេដូនចំពោះទាតាចិតា សិស្ស

សាលាបឋមសិក្សា ភ្នំដិល បានចូលរួមអនុវត្តគម្រោងមួយមានឈ្មោះថា កម្មវិធីមួកសុវត្ថិភាពសម្រាប់កុមារ ដែល ទទួល បានការអនុញ្ញាតិដោយក្រសួងអប់រំ យុវជន និងកីឡា និង គាំទ្រដោយអង្គការមូលនិចិបង្ការរបួស វរាស៊ី ប្រចាំព្រះរាជាណាចក្រ កម្ពុជា។

លិខិតនេះចេញពីតណៈគ្រប់គ្រងសាលា ដើម្បីជួនព័ត៍មានដល់មាតា បិតា សិស្សគ្រប់រូបអោយបានជ្រាបថា៖ ១. សិស្សានុសិស្ស និងលោកគ្រ អ្នកគ្រទាំងអស់នៅក្នុងសាលានឹងត្រវទទួលបានមកសុវត្ថិភាពដែលឧបត្ថម្ភដោយ៖ អង្គការមូល

និធិបង្ការរបួស អាស៊ី និងក្រុមហ៊ុន អើ អា អា បី គ្រប

២. គ្រប់មកសុវត្ថិភាពទាំងអស់ផលិតឡើងតាមស្តង់ដាអន្តរជាតិ និងមានសុវត្ថិភាពខ្ពស់

៣. បន្ទាប់ពីទទួលបានមូកសុវត្ថិភាព សាលានឹងដឹកនាំសកម្មភាពលើកទឹកចិត្តឲ្យបុគ្គលិក លោកគ្រូ-អ្នកគ្រូ ពាក់មួកសុវត្ថិភាព និងសហប្រតិបត្តិការជាមួយបុគ្គលិកគម្រោងលើសកម្មភាព ស្រាវជ្រាវ និងវាយតម្លៃដទៃទៀតដូចជា៖ ការធ្លាស់ប្តូរតវិយាបថក្នុង ការពាក់មួកសុវត្ថិភាព ការស៊ើបអង្កេតពីបញ្ហាគ្រោះថ្នាក់ចរាចរណ៍ និងអត្រាការពាក់មួកសុវត្ថិភាព ។ល។

ដើម្បីអនុវត្តតម្រោងប្រកបដោយប្រសិទ្ធភាព ជាពិសេសដើម្បីផ្តល់សុវត្ថិភាពដល់សិស្សានុសិស្ស គណៈគ្រប់គ្រងសាលា បឋទសិក្សា សំពៅមាស សំណូមពរឲ្យមាតាបិតាទាំងអស់ចូលរួមសហការជាមួយសាលាពាក់ព័ន្ធនឹងការងារដូចខាងក្រោម៖

១, ណែនាំដល់ក្មួនរបស់លោកអ្នក អំពីរបៀបពាក់មួកសុវត្ថិភាពឲ្យបានត្រឹមត្រូវ និងអំពីការថែរក្សាទុកបូកសុវត្ថិភាពឲ្យបាន ល្អដោយប្រើគ្រប់មធ្យោបាយផ្ទាល់ខ្លួនទាំងអស់។ កុមារនឹងទទួលបានការណែនាំពីការចំណាំមួកសុវត្ថិភាពរបស់ពួកគេ ។ ២. ក្រើនរំលឹក និងធំរុញឲ្យក្លួនៗរបស់អ្នកពាក់ម្នកសុវត្ថិភាពគ្រប់ពេលដែលពួកគេធ្វើដំណើរតាមកង់ ឬ ម៉ូត្

៣. ត្រូវជូនដំណឹងជាបន្ទាន់ទៅ អ្នកគ្រ-លោកគ្រូ ឬអ្នកសម្របសប្រូលសាលា ប្រសិនបើមានគ្រោះថ្នាក់កើតឡើងលើកូនៗ របស់អ្នកដើម្បីធ្វើការស៊ើបអង្កេតបន្ថែម។ (ប្រសិនបើកូនរបស់អ្នកបានពាក់ម្មកសុវត្ថិភាពពេលមានគ្រោះថ្នាក់ចរាចរណ៍ ហើយគ្រោះថ្នាក់នោះប៉ះពាល់ដល់ក្បាល នោះមួកសុវត្ថិភាពថ្មីនឹងត្រូវបានផ្តល់ជូនជំនួសមួកសុវត្ថិភាពចាស់)។ គណៈ គ្រប់គ្រងសាលាសូមថ្លែងអំណរគុណទុកជាមុនដល់ មាតាបិតា សិស្សទាំងអស់សម្រាប់ ការចូលរួមគាំទ្រ និងការសហការនៅ ក្នុងសកម្មភាពខាងលើនេះ ។ គណៈគ្រប់គ្រងសាលាមានសេចក្តីសង្ឃឹមយ៉ាងមុតមាំថា មាតាបិតា សិស្ស ទាំងអស់នឹងជំរុញ ឲ្យកូនៗរបស់ខ្លួនពាក់មូកសុវត្ថិភាពគ្រប់ពេលដែលពួកគេធ្វើដំណើរតាមកង់ ឬម៉ូតូ រួមទាំងការធ្វើការ ជាមួយមាតាបិតា ឬបង បនសាច់ញាតិផងដែរ ។

៤. យល់ព្រម និងឯកភាពឲ្យអង្គការមូលនិតិបង្ការរបួស អាស៊ី និងម្ចាស់ជំនួយប្រើប្រាស់រូបថតស្តីពីសកម្មភាពរបស់កូន លោកអ្នកដែលបានថត មុន-កំឡុងពេល និងក្រោយ តាមតំរូវការជាក់ស្តែង។

รัตอ ฮเฮ ឈ្មោះសិស្ស៖ <u>រ</u>្ស្រ្ \_ ភ័ល : ថ្នាក់ទី៖ / `` ១៧ \*/ រាជធានីភ្នំពេញ ថ្ងៃទី ១7 ខែ ៦១ ឆ្នាំ២០១៣ មតិរបស់មាតា បិតា៖ 

## **Helmet Top-off Donation Ceremony**

- 187 helmets given to new kindergarten and first grade students at a ceremony on February 28, featuring student performances and speeches from key stakeholders
- Honored guests: H.E Maj. General Deputy Director of Central Department of Public Order, and Batheay District Governor.
- Parents were also invited to attend.



## **Teacher Training Review**

- 28 teachers at Phnom Dil Primary school participated in a workshop to review helmet use and road safety
- Workshop included information about how to wear a helmet properly, the advantages of helmet use, and the consequences of nonhelmet use
- Pre- and post-training assessments indicate that teachers' understanding of correct helmet use at 100%







## **Student Training**

- 187 kindergarten and first grade students participated in traffic safety lessons.
- Lessons began in March 2013, following the helmet donation ceremony
- Teachers utilized methodical curriculum, training materials, and murals to engage students in discussions about their own traffic environments.



## **Extracurricular Activities**

- Two extracurricular events were conducted on February 28 (prior to the helmet donation ceremony), and on May 10
- Activities included games and contests on how to use a helmet correctly, how to cross the road, and how to ride a bike safely
- During the UN Global Road Safety Week (6-12 May), students participated in the Long Short Walk to call for safe roads for all. Nearly 500 student participated.



# **Results and Impact**

#### RESEARCH METHODOLOGIES HELMET OBSERVATIONS STAKEHOLDER REVIEW CRASH REPORTING

"On behalf of all the parents, I would like to express my thanks to ARRB Group Ltd. and AIP Foundation to providing helmets to protect children from head injury when they travel to school. I would like to wish ARRB Group Ltd. and AIP *Foundation the four* blessings of Buddha."

- **Mr. Prak Nal**, Representative of parents at Phnom Dil Primary School

#### **Research Methodologies**

- Assessment of helmet use among school children
  - Pre: before handover ceremony
  - Post 1: shortly after the ceremony
  - Post 2: 12 weeks after ceremony
  - Post 3: before the school year-end
- School entrances were video recorded at a selected location based on a prior site visit to determine optimal camera placement
- Duration: 15-20 minutes per observation point
- Observers recorded: student helmet use, student helmet type, type of vehicle, student gender, and motorcycle driver helmet use



#### Helmet Observations

- 93% of students wearing helmets were using those donated by the ARRB Group
- Gender could not be clearly defined for some students, so the sum of male and female students observed is slightly lower than the total number of students observed



## **Stakeholder Review**

- Qualitative interviews were conducted twelve weeks after the ceremony
- Participants included two parents, two teachers, a school coordinator, and the school principal
- The interviews covered:
  - Supporting and hindering factors
  - Unintended outcomes
  - Ways to further exploit supporting factors, and limit or overcome hindering ones

Dear ARRB Group and AIP Foundation,

On behalf of the students at Phnom Dil Primary School

I am very happy to receive a helmet from ARRB Group. I am thankful for the useful experience and knowledge, which I can use in every day to protect my life now and in the future.

I promise that I will always wear a helmet, no matter the distance, and will encourage my friends to wear it, too.

Thank you so much for your kind support and the lovely helmet. I wish ARRB Group. and AIP Foundation the four blessings of Buddha.

Noem Chenda, Phnom Dil Primary school' student

#### **Crash Reporting**

During the project period February to July 2013, no students at Phnom Dil primary school were involved in any road traffic crash.



## Media Coverage

#### 2 TELEVISION SEGMENTS 16 ONLINE ARTICLES 2 PRINT ARTICLES

## Television

\_ \_ \_ \_ \_

Station	Broadcast date & time		Length	Estimated viewership	
TV3	March 01, 2013 March 02, 2013	19:00pm 06:15 am	2.25mn	12,000	
SEA TV	March 01, 2013	18:00pm	2.39mn	16,607	

# Online News Description Estimated Publication Date Daily Visitors My Long Short Walk 19/05/2013 N/A

www.mylongshortwalk.org	18/05/2013	N/A	
<u>DAP online – Dap-news</u>	16/05/2013	150,000	
Looking Today	16/05/2013	50,000	
www.apps.who.int	14/05/2013	N/A	
Asia Injury Prevention Foundation	14/05/2013	N/A	
AIP Foundation – Cambodia Facebook Page	10/05/2013	1,974	
Koh Santepheap Daily	05/03/2013	70,000	

## **Online News**

----- ((

)) -----

<u>DAP online – Dap-news</u>	01/03/2013	150,000	
Looking Today	01/03/2013	50,000	
AIP Foundation website	28/02/2013	N/A	
AIP Foundation Facebook page	28/02/2013	50	
ARRB Facebook page	28/02/2013	N/A	
AIP Foundation Cambodia Facebook page	28/02/2013- 25/03/2013	898	
AIP Foundation Cambodia Facebook page	28/02/2013- 25/03/2013	861	
<u>Flickr</u>	28/02/2013	N/A	

## **Print Media**

----- ((

)) -----

Publication	Date	Page	Size	Copies Printed	Estimated Readership
Koh Santepheap Daily No. 7816	05/03/2013	A-25 A-27	18cm X 20cm And 15cm X 12cm	40,000	120,000
Rasmei Kampuchea Daily No. 6056	05/03/2013	B-4	10cm X 8cm	30,000	90,000



- Time constraints
- Extracurricular activities to reinforce the in-class lessons
- Limited involvement from parents to encourage their child wearing helmet
- Some students still missing wearing their helmet before go to school
- The helmets were lost in the school

## Lessons Learned

#### Helmet style

- Red is the preferred helmet color.
- Students are familiar with helmet and they use their helmets as part of their school uniform.

#### Parent, teacher and community influence

• Involvement by parents, teachers and community is essential to project success and further investigation into ways to involve them is being conducted.

#### **Engaging helmet handover ceremony**

- Involving students in the ceremony through question and answers proved engaging for them.
- Students organized in grade-groups helps to maintain controlled environment
- More parents and local authorities should be included.



- AIP Foundation received a total of USD 3,154.00 from the ARRB Group Ltd., for the implementation of the *Helmets for Kids* (Top-off) projects at Phnom Dil Primary School.
- By the end of August 2013, a total of USD 3,156.55 was expended (100.08% of the total fund received). Please find attached the Project Financial Report.

## Year Ahead

There are still many students from other schools who do not wear helmets. Here are some ways to stay involved:

#### Participate in a top-off program

- **190** first grade and kindergarten students at Phnom Dil Primary School need helmets this school year (2013-2014).
- Extend your support with **\$3,230** and keep these students safe for another year.

#### Adopt a new school

- Many schools in Cambodia face dangerous traffic environments and poor road conditions. These students need quality helmets and road safety education too!
- Continue your sponsorship to keep **626 students** of **Santepheap Primary School** in Kampong Speu province safe when they are commuting to and from school on national road 4 during the 2013-2014 school year and beyond (\$10,642)

#### Join the Cambodia Helmet Vaccine Initiative's passenger helmet campaign

- AIP Foundation is working in partnership with the Cambodian government to increase passenger helmet use in the three target areas (Phnom Penh, Kandal and Kampong Speu) to 60% by the end of 2015.
- We are seeking resources and inputs from road safety stakeholders and welcome your involvement.

#### Our sincere thanks

We are truly grateful for your generous sponsorship of Phnom Dil Primary School.

Children are among the most vulnerable road users and your donation has the potential to save hundreds of lives.

We hope you continue your involvement in *Helmets* for Kids and help us in our mission to create a generation of safer, smarter road users.

#### Thank You!

\_\_\_\_\_

