## Our Top 10 Baking Substitutions, that will help you Bake That Cake!



- 1. 1 Egg = 1 Tbsp ground flax + 3 Tbsp water, mix & let sit 3 minutes,
  OR 1 Tbsp chia seeds + 1 cup water, mix & let sit 15 mins
- 2. 1 tsp Baking Powder = ½ tsp cream of tartar + ¼ tsp baking soda
- **3.** 1 tsp Baking Soda = 4 tsp baking powder
- **4.** 1 cup Buttermilk = 1 Tbsp of white vinegar or lemon juice + 1 scant cup milk
- **5.** 1 cup Butter = 1 cup coconut oil
- **6.** 1 cup Oil = 1 cup applesauce
- **7.** 1 cup Sour Cream = 1 cup plain yogurt
- 8. 1 tsp Pumpkin Pie Spice = 1/2 tsp ground cinnamon + 1/4 tsp ground ginger + 1/8 tsp allspice + 1/8 tsp nutmeg
- **9.** 1 cup Brown Sugar = 1 Tbsp molasses + 1 scant cup white sugar
- 10. 1 cup Sugar = 3/4 cup honey, reduce liquid in the recipe by 2 Tbsp