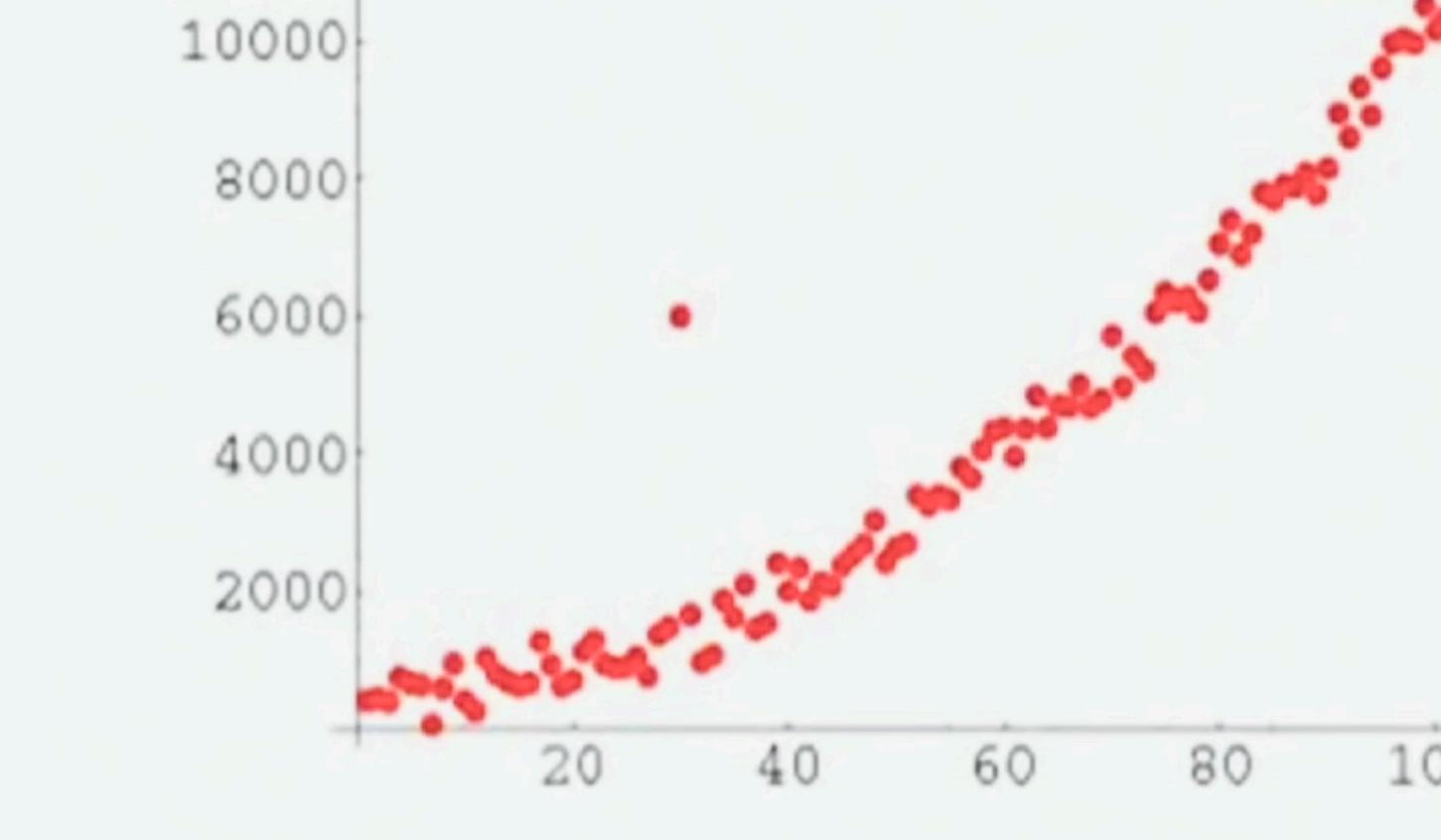




## Escaping the Cult of the Average



diamont in the last of the las 100



1% MDSETF\* Embracing the unknown Excitement 23 Vliking Change Living without . ABUNDANCE ACT in spite of rear \* Getting the MOSTout of Life











#### martingiophil • Following

martingiophil 7am and 4 degrees. Which way's south?	
carol.burgess.1029 Good luck	0
clivekingg Where are you where u going?!	Ø
steve_duffy Bon chance Martin	$\odot$
iancannell Are thoughts are with you mate, ride strong stay safe.	O
krazzykraig @martingiophil take care chief, have a great time 🚴 🤞	O



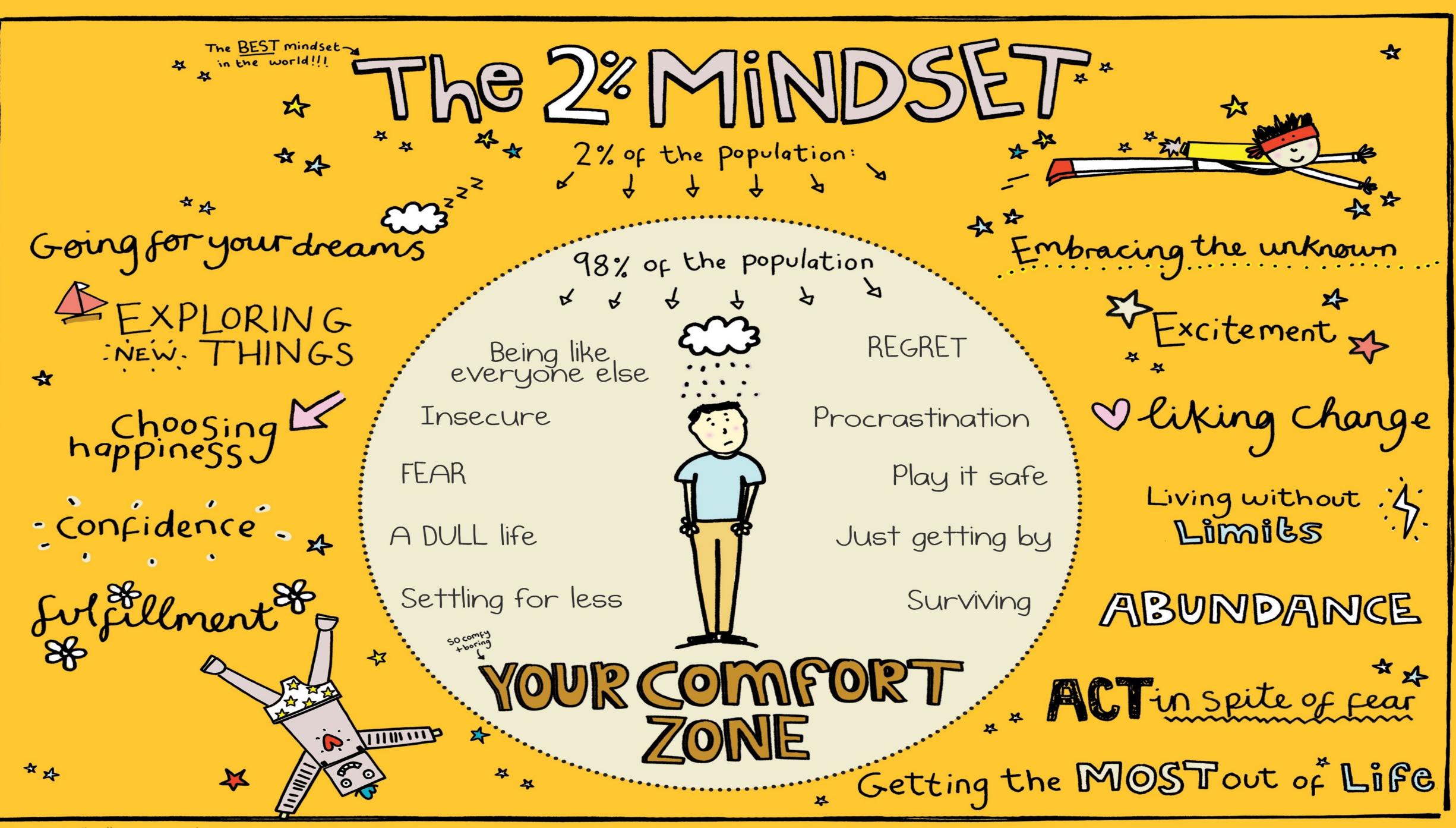


2 DAYS AGO

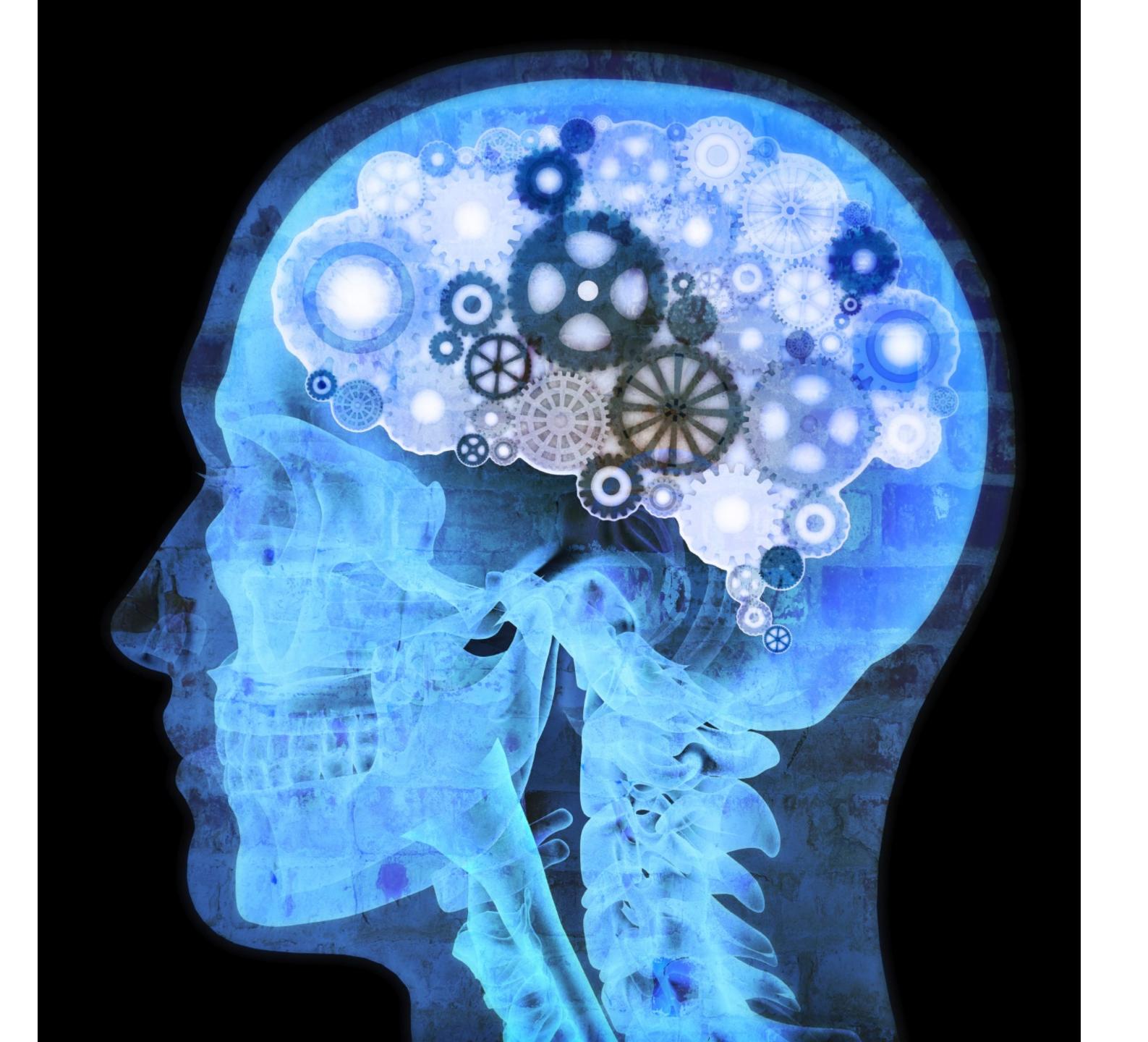
Add a comment...

~



























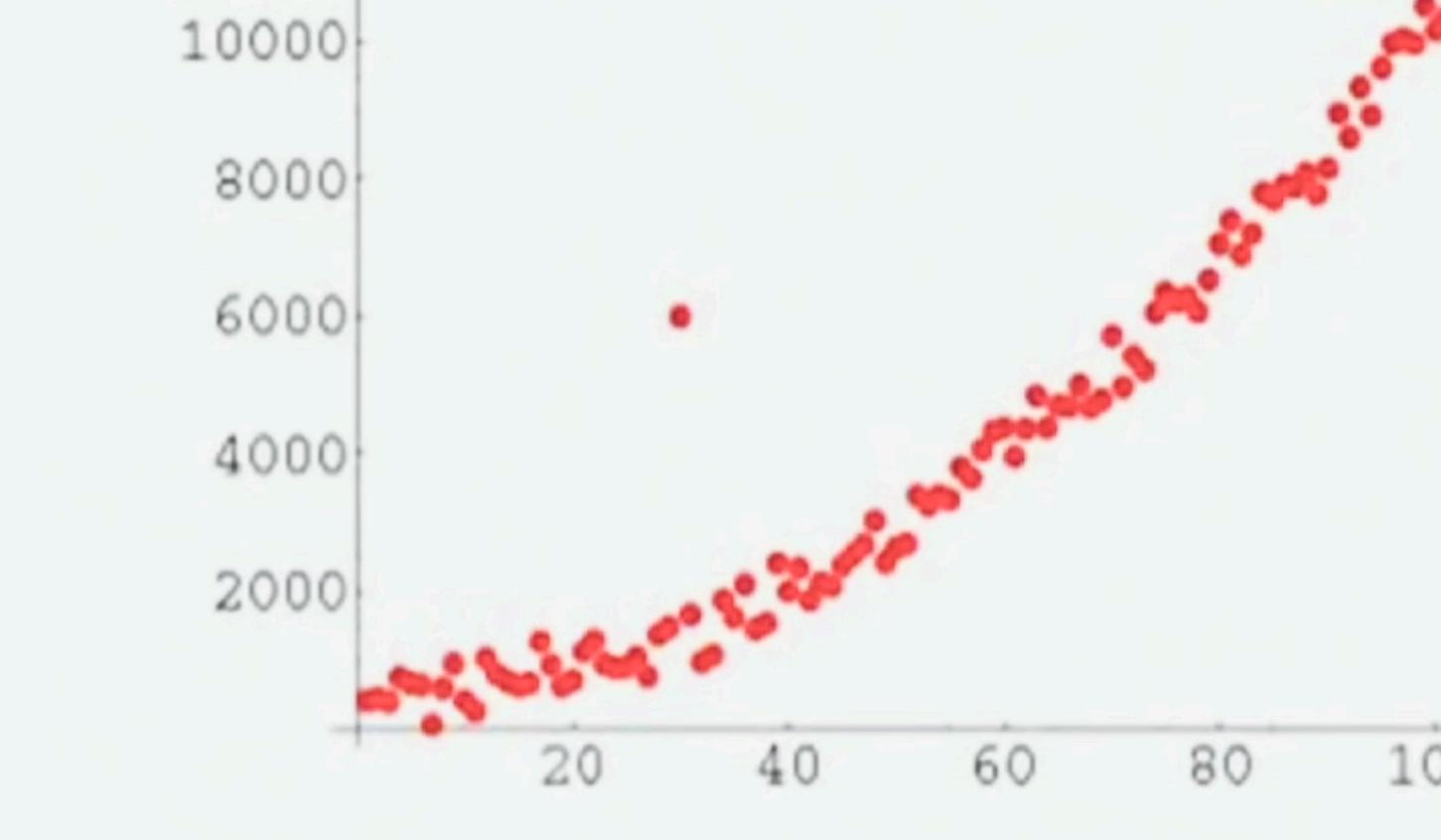




#### BURIONU



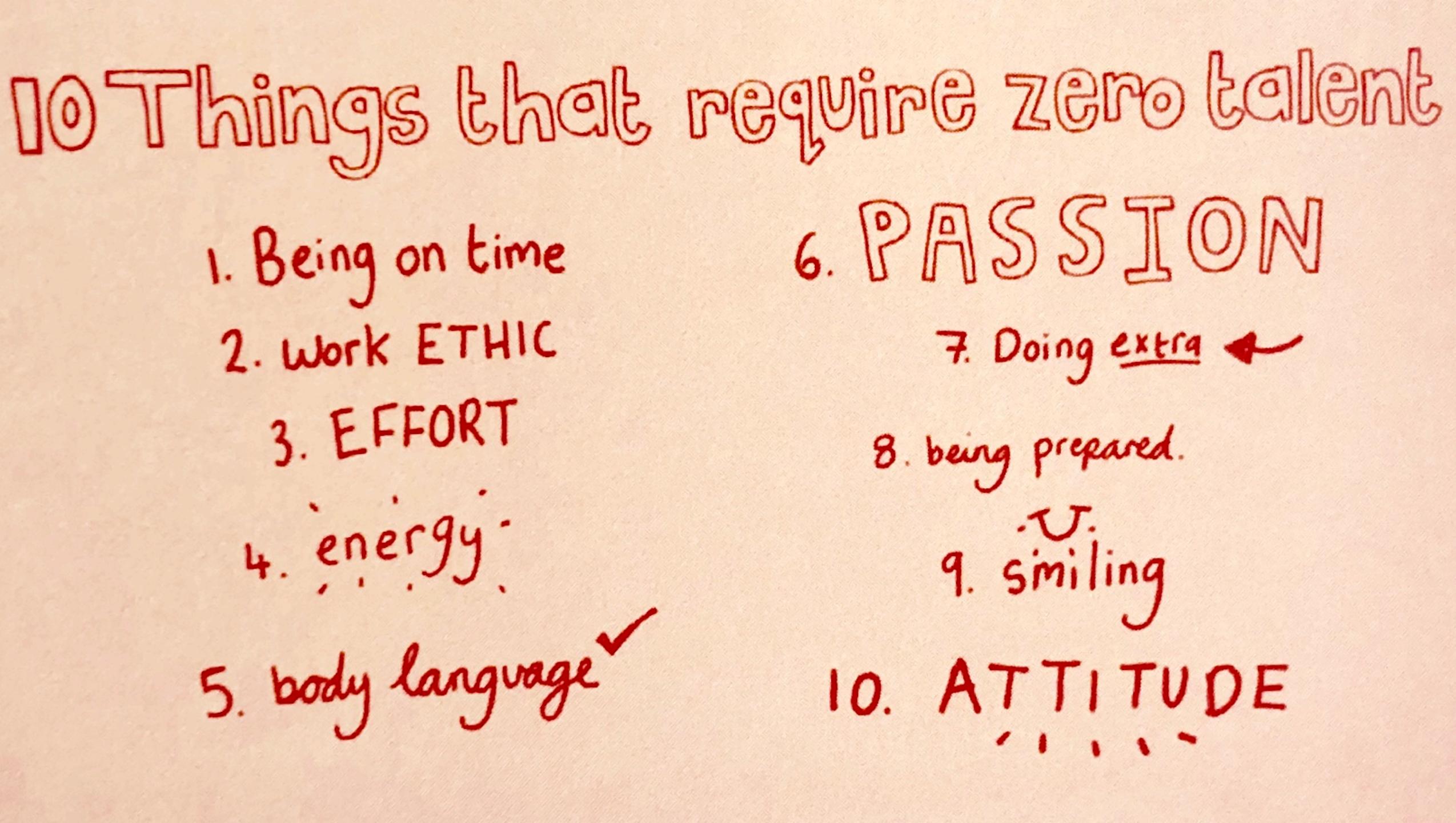
## Escaping the Cult of the Average



diamont in the last of the las 100

1. Being on time 2. work ETHIC 3. EFFORT 4. energy

5. body langvage





### Thinking about brilliance....

- Describe your best day in your current job. Who was involved, what 1. happened, what results did you get? Why?
- 2. What barriers do you put in place that hold you back or that make you hold others back?
- 3. What 3 words describe you at your best?
- What stops you from being your best? 4.



### Thinking about Brilliance....

# The 4 minute rule



active

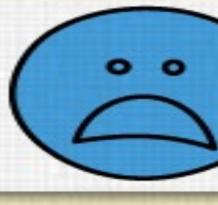
estructive

### Enthusiastic support Eye Contact Authentic

Great news! I knew you'd do it. How do you feel?

Quashing the event! Dismissive Demeaning

I don't believe you! It sounds stressful.



0 0

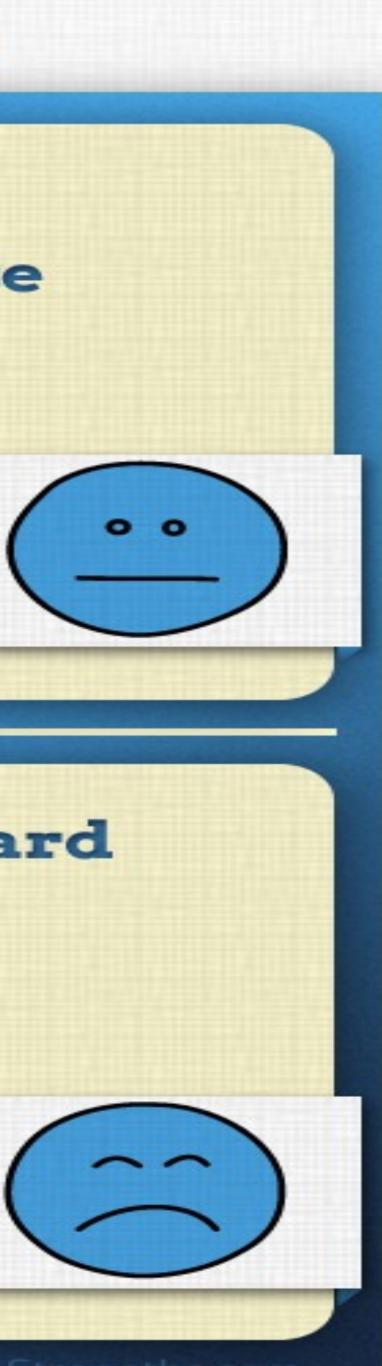
Passive

#### Low Energy Delayed Response Quiet

Oh cool, that's nice...good for you.

### Turns focus inward Avoiding Ignore Speaker

Huh. Well, I just got a new video game.



Illustrated by GoStrengths.





