

Injectables

Frequently Asked Questions



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Facial injectables and fillers are rapidly growing in popularity in the medical spa industry. These minimally invasive treatments help patients turn back the clock and look younger while still maintaining a natural appearance.

Many of our clients are interested in injectables but can be hesitant to move forward because they have a lot of questions about the treatments. Our team of nurse practitioners put together a list of the most frequently asked questions about the injectables we offer.



BOTOX WEDNESDAYS! SCHEDULE AN APPOINTMENT

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BOTOX®

How much is BOTOX per unit?

On BOTOX Wednesdays, we offer BOTOX for \$250 for 20 units.



How many units does it take to treat my frown lines?

We customize your treatment to meet your goals and work within your budget. The FDA recommendation is 20 units to treat frown lines, crow's feet, or forehead lines. How long does BOTOX last?

BOTOX generally lasts 3–4 months. Those who have done BOTOX for several years often find that it lasts longer. People who have a strong metabolism and/or frequently lift weights may find the results don't last as long. The number of units may have to be adjusted to meet your needs.

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JUVÉDERM®

What is JUVÉDERM?

JUVÉDERM is hyaluronic acid filler that replaces collagen you have lost over time. Loss of collagen and your natural hyaluronic acid creates wrinkles; replacing it with JUVEDERM fills these lines. How do I know which type of JUVÉDERM I need?

Each JUVÉDERM injectable is made for a certain area of the face. Your nurse practitioner will help you determine the best option for you. It will depend on what area of the face you want to target, how much is needed to improve the lines, and your budget. How much does JUVÉDERM cost?

How long will JUVÉDERM last?

JUVÉDERM ranges in price from \$450-\$750 per syringe, depending on whether JUVÉDERM Ultra XC, JUVÉDERM Ultra Plus XC, JUVÉDERM VOLBELLA®XC, or JUVÉDERM VOLBELLA®XC is used. The major cost factor is how much you need to accomplish the desired results. This question will be answered during your personal consultation. JUVÉDERM lasts 12–18 months, depending on which product is used and how much correction is accomplished. Most people don't wait until the effects of JUVÉDERM are completely gone and decide to maintain the desired result by getting a touch-up six to nine months after the initial treatment.



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JUVÉDERM VOLUMA®XC



VOLUMA is a hyaluronic acid product designed to help restore cheek volume.



How long does it last?

It lasts longer than the other JUVÉDERM products—anywhere from 18–24 months. Duration depends on whether the full correction or only a partial correction is accomplished in the first session.

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How many syringes does it take?

This depends on your age, bone structure, and how much volume you've lost, but as a general rule, plan on starting with one syringe in each cheek.

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JUVÉDERM VOLBELLA®XC

How is JUVÉDERM VOLBELLA different than the other JUVÉDERM injectables?

It is a hyaluronic acid designed to treat "smoker lines" above the lip. There is no change in lip volume, so if you're concerned about overly plump lips, VOLBELLA may be the answer for you. Is it painful?

The lips and above the lip area tend to be sensitive. We prefer to numb this area with topical lidocaine prior to treatment. Additionally, powdered lidocaine is also found in the product syringe, and ice is used to make this a more comfortable procedure. Most clients are surprised at how easy the treatment is and ask to have it done at the same time as their Botox treatment.



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How much does it cost?

Approximately \$450

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Restylane®

How is Restylane different than other injectables?

Restylane is a hyaluronic acid made by a different company than JUVÉDERM. It's designed to replace lip volume and has been available for many years. Is Restylane less expensive than other injectables?

All the hyaluronic acid fillers are similar in price, but companies will offer special promotions throughout the year.

What are Restylane® Defyne, Restylane® Refyne, and Restylane Lyft?

These are newer products in the Restylane family that are designed for more specific filling of the cheeks, nasolabial smile lines, or marionette lines. You and your nurse practitioner will decide on the best option for your goals.

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Sculptra[®]

How is Sculptra different from JUVÉDERM and Restylane?

Sculptra is a volumizer; it isn't a quick fix like the hyaluronic acids of JUVÉDERM or Restylane. It replaces the volume of an entire area of the skin—like the face, for example. Once injected, it will slowly build your own collagen and provide lasting results for approximately two years. At that time, a touch-up will be needed to re-stimulate your own collagen. How often do I need treatments?

Generally, the initial treatment plan is done in 2–3 sessions, approximately one month apart. Then, a touch-up is done in 18–24 months. Why would I choose this treatment?

Sculptra is an extremely natural looking overall volumizer. If you are willing to take the time, your results will improve over time. The results are quite natural, and the skin improvements are beautiful.



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Bellafill®

Why would I choose Bellafill?

Bellafill improves acne scarring for up to five years; it's a longer-acting, more permanent type of filler.



What is the active ingredient that makes it more permanent?

Polymethyl methacrylate (PMMA) the small particles of PMMA are dispensed in collagen gel. The collagen gel lasts approximately 4–5 months and offers immediate results, while PMMA provides results that last for an extended period of time.



What is Bellafill used for?

Bellafill was originally designed for nasolabial folds. It cannot be used for lips. Many clients with facial acne scars are seeking this filler because of the longevity of the results.

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Bellafill®

How much Bellafill do I need?

Bellafill comes in a syringe and can be purchased individually or in a set of five. Your nurse practitioner will help you to decide on the best option for your treatment plan and goals. Why is a skin test necessary?

A collagen skin test is recommended to determine if there is any concern of an allergic response. This usually takes place 30 days prior to a scheduled treatment and is complimentary. This can also be done during your initial consultation.

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Each injectable offers a specific set of advantages. With guidance from your nurse practitioner, you'll be able to determine which injectable will help you best achieve your desired results.

If you still have questions about injectables, get in touch with us today to talk with one of our nurse practitioners. If you're ready to move forward with determining your injectable plan, contact us today!



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