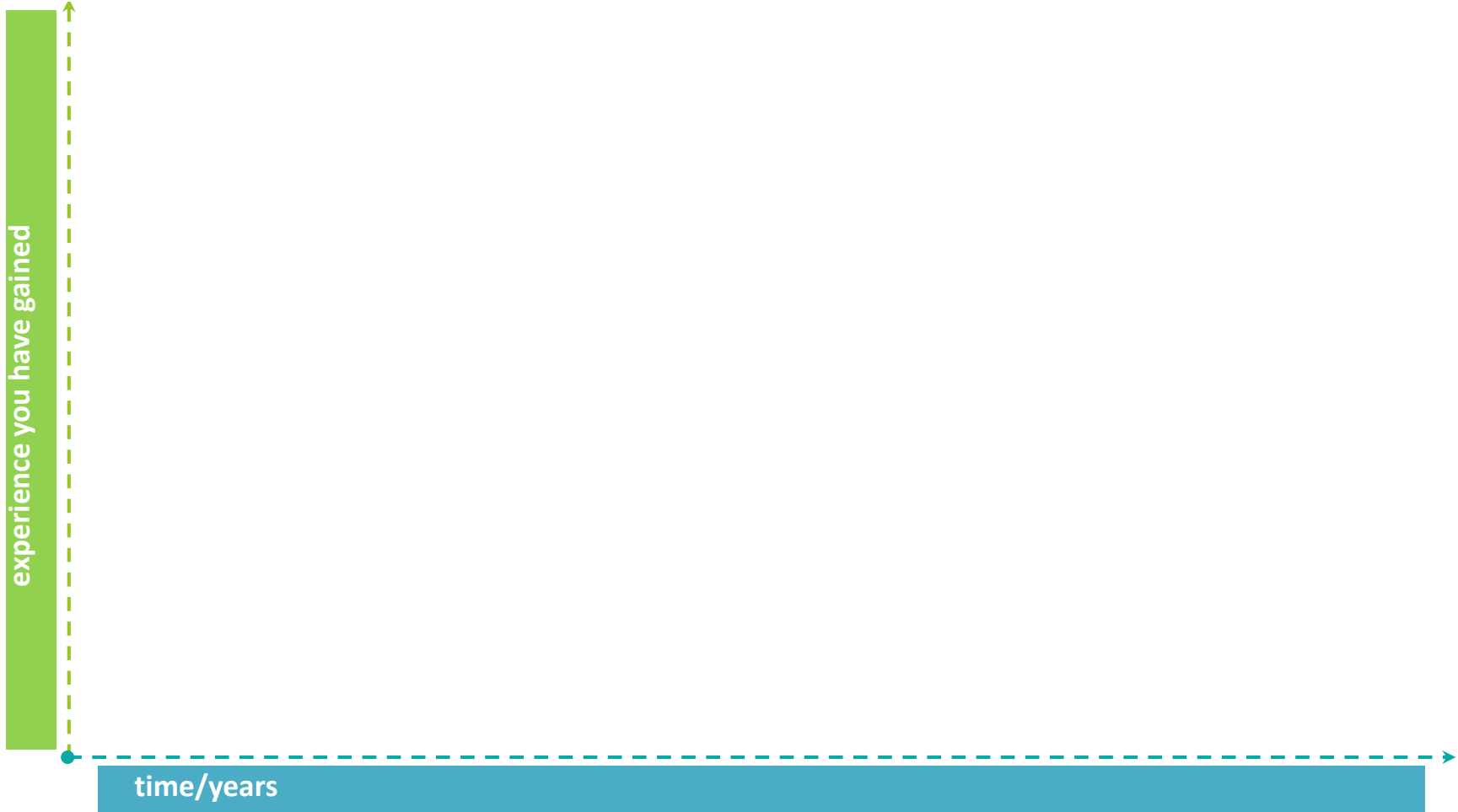




Mapping Your Career Pattern and Discussion Exercise

Retrace your experience and growth over time:



Reflection Questions:

.Where did you start? Where are you now? .Who influenced your work and helped you move head? .What events propelled you forward at various points in your career? .Can you identify a time in your career where your experience increased significantly? .At this point in time, what's one thing that will propel you forward in terms of growing your experience in a way that feels meaningful to you? .What do you see next for yourself?