



## CMCcare Thumb Brace FAQs

### How is the CMCcare Thumb Brace different from other molded thumb orthoses?

1. The CMCcare Thumb Brace is molded from thermoplastic polyurethane (TPU) with smooth, rounded edges that won't impinge on the skin.
2. The CMCcare Thumb Brace molds around the first metacarpal with a simple squeeze of the single aluminum stay.
3. The brace does not extend around the ulnar side of the hand making it easy to wear when performing fine motor tasks such as hand writing or using small tools.
4. The CMCcare Thumb Brace is contoured to avoid pressure on the 1<sup>st</sup> and 2<sup>nd</sup> metacarpal joints for comfortable gripping and pinching.
5. The strap can be adjusted from either end to customize the fit making it easy for the wearer to adjust the strap to their comfort. The brace comes with two straps and two styles of closure tabs. Unlike other similar style braces, the CMCcare will not have to be replaced because the strap wears out. Additional straps can be purchased separately.

### Can I bill my patient's insurance for the CMCcare Thumb Brace?

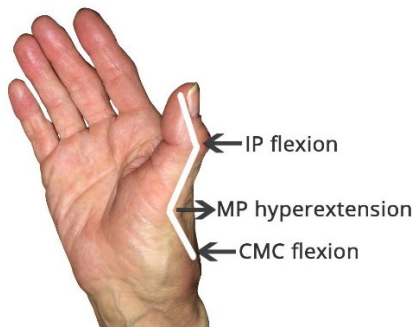
The CMCcare Thumb Brace is approved by Centers for Medicare and Medicaid Services (CSM) for the **HCPCS Upper Extremity Orthotics code L3924** – Hand Finger Orthosis, without joint, may include soft interface, straps, prefabricated, off-the-shelf.

Your insurer may require the use of the CG modifier. Please check with your insurer or billing manager to determine the correct code for your needs. Use of this code does not assure reimbursement. 3-Point Products is not a medical provider and is not responsible for filing any reimbursement or billing claims.

### Will the CMCcare Thumb Brace help anyone with CMC arthritis?

The design of the CMCcare Thumb Brace is best used for those with a Type III or swan neck deformity. The CMCcare Thumb Brace stabilizes the base of the first metacarpal on the trapezium and helps to realign the ligamentous structures to reduce the hyperextension force at the MP joint and the resulting flexion of the IP.

While the CMCcare Thumb Brace may be helpful stabilizing early stages of other collapse deformities or ligament instability, its greatest corrective action is on the Swan Neck thumb.



## Swan Neck Deformity

### Can I adjust this brace with a heat gun?

Yes, you can make minor adjustments to the edges of the splint. We recommend using a Heat gun with spot heater on a standard heat gun. Heat only the edges of the brace just until the material is shiny. We recommend using the back of a spoon pressed carefully against the edge to roll or flare it. Avoid heating around the metal stay as this could damage the brace. Heating instructions are included in with the CMCcare.

### Can I add padding for patients who have atrophy of the thenar muscles?

You can easily add self-adherent Gel Mate silicone gel sheeting inside the CMCcare Thumb Brace for cushioning and support for those with thenar atrophy. Gel Mate® will adhere to the brace but can easily be removed, washed and replaced. Patterns are available to fit each size of the CMCcare Thumb Brace.

### Who makes the CMCcare Thumb Brace?

The CMCcare Thumb Brace is made by Basko Healthcare, a recognized manufacturer of orthoses and orthotic components in the Netherlands.

The CMCcare was designed in response to therapists in Europe who requested a molded orthosis that offered the ability to achieve a custom fit around the first metacarpal without wrapping around the ulnar border of the hand. They also asked for adjustable and replaceable straps. Basko listened and delivered the CMCcare Thumb Brace.

### How long will the CMCcare Thumb Brace last?

The brace is made from a highly durable and long lasting molded thermoplastic polyurethane (TPU). It resists abrasion, will not deform in normal heat conditions, is waterproof and can be machine washed and gas-autoclaved for sterilization.

How long the CMCcare Thumb Brace lasts is largely dependent on how it's worn and what activities are performed with it on. In general, with proper care and cleaning, the CMCcare Thumb Brace can be expected to last for several years of daily use.