

Ordering Information

Size	Right Hand	Left Hand
Small	P2014-R2	P2014-L2
Medium	P2014-R3	P2014-L3
Large	P2014-R4	P2014-L4
Replacement straps, closure tabs and 3pp Cozy Liners sold separately. Visit our websites for details.		

The CMCcare bag includes:



CMCcare Thumb Brace

Sizing Instructions



For the best fit and function you only need one measurement

Measure the length from your web space to your wrist crease

S	2" - 2 1/2" (5.1 - 6.4cm)
M	2 1/2" - 3" (6.4 - 7.6cm)
L	3" - 3 1/2" (7.6 - 8.9cm)

To Order

Healthcare Professionals

Contact 3-Point Products
888.378.7763 M-F 8:30 am - 5:00 pm EST
www.3pointproducts.com

Consumers / Patients

Online ordering
www.ohmyarthritis.com



Watch our CMCcare videos:

Healthcare Professionals
www.3pointproducts.com

Consumers/Patients
www.ohmyarthritis.com

What makes this brace a better option for treating CMC Thumb Arthritis?

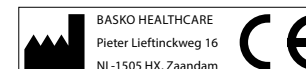
- #1 Comfort** - Smooth edges and contoured design reduces pressure around the thumb and web space. A simple squeeze of the metal stay molds the brace around the thumb to provide stability and pain relief.
- #2 Fit** - The strap is removable and replaceable and is fully adjustable. A replacement strap and a second black closure tab are included. The brace can be cushioned with a 3pp® Cozy Liner (included) or Gel Mate® silicone gel (sold separately) for added comfort.
- #3 Function** - The little finger side of the hand and fingers are free and the base of the thumb is stable to allow full hand function. The CMCcare is waterproof and can be hand or machine washed.

3point
products

CMCcare Thumb Brace by Basko Healthcare



Made in China



CMCcare Thumb Brace Fitting Instructions

Step 1 Adjusting strap length

The strap fits a range of hand sizes and may be shortened to fit your hand before adjusting the brace. Further adjustments can be made once the brace has been fit.



Open the velcro tab on the end of the strap.



Pull the strap 1 to 2 inches to shorten it and fasten the velcro.



The closure tab should be centered on the back of the hand.

Step 3 Trimming the strap

Once the brace has been fit, the strap can be cut if needed so the tab is centered on your hand.



Locate where to cut the strap so the tab will be centered on the hand.



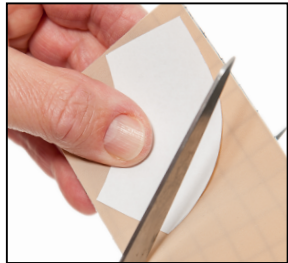
Open the closure tab and remove it from the strap.



Cut the strap and re-apply the tab.

Using Silicone Gel to pad the CMCcare (sold separately)

Use Gel Mate® silicone gel to create a pad for the CMCcare. Gel Mate® is sold separately and includes patterns sized to match the CMCcare.



Choose the pattern that corresponds to the brace size. Cut the pattern, lay it on the gel and cut the gel.



Position the pad in the brace. Do not cover the strap hole. Adjust as needed so the gel does not overlap the edges.



Step 2 Shaping the brace

Contour the metal stay to shape the brace around the thumb.



Hold brace firmly - press on the end of the stay to curve it inwards.



With the brace on, squeeze the stay to form it around your thumb.



Pinch your index and thumb together. Fit should be snug but not tight.

Step 4 Applying 3pp® Cozy Liner to cushion the thumb



Add the Cozy for extra comfort



Slip the Cozy on with the 3pp label on the back side of the thumb. Apply the brace. The Cozy can be trimmed with a scissors as needed.



Using a Heat Gun to adjust the CMCcare INSTRUCTIONS FOR HEALTHCARE PROFESSIONALS

This step should be done by a healthcare professional trained in fitting braces



Use a spot heater to heat the edge of the brace until shiny and the material gives when pushed. DO NOT OVERHEAT



Use the back of a spoon to gently roll the heated edge. Allow to cool 30 to 60 seconds.

Care instructions:
Remove strap from brace and hand wash with mild soap and water. Lay flat to dry. Wash brace with mild soap and water, towel dry. May be machine washed in a delicates bag. Air dry. Do not place in the dryer.



Materials:
Latex-free thermoplastic polyurethane; aluminum; nylon strap and closure.



Watch our CMCcare videos:

Healthcare Professionals www.3pointproducts.com | Consumers / Patients www.ohmyarthritis.com