



Fatigue Management

Have you Considered the Costs?

Dear Valued Client,

Worker fatigue continues to be on the rise in the construction industry and is often something that is not addressed in company safety programs. Fatigue can be costing your company money in lost production as well as putting your workers at a greater risk for an accident. According to The National Safety Council, 13% of workplace injuries can be attributed to fatigue. To put it another way, in a company with 150 workers (working day and night shifts) fatigue can be costing the company over \$225,000 and approximately 473 lost days due to decreased productivity (NSC Calculator).

What can be done to address this you may ask? Have a discussion with your Safety Specialist! We are here to be a resource for you. Speaking with your Safety Specialist will help to narrow down potential contributing factors and work to provide you with the best course of action to address the issue. Other solutions to consider may be to utilize online training avenues such as Safety Source to increase awareness of the issue and open up dialog regarding potential solutions with your workers. A class to consider on this platform may be [Fighting Fatigue in the Workplace](#).

These classes and others are available to ORCIG clients at no additional costs. Should you be interested in getting set up on this online training platform or arranging a meeting with your Safety Specialist to discuss fatigue further, please feel free to reach out.

Sources:

National Safety Council. (2019). How Much is this Safety Risk Costing your Company? (Retrieved from: <https://safety.nsc.org/how-much-is-this-safety-risk-costing-your-company?>)

National Safety Council. (2019). Fatigue Cost Calculator. Retrieved from: [https://www.nsc.org/forms/real-costs-of-fatigue-calculator?utm_campaign=MBR%20-%20Benefit%20Spotlight_Created%](https://www.nsc.org/forms/real-costs-of-fatigue-calculator?utm_campaign=MBR%20-%20Benefit%20Spotlight_Created%20)

SafeALERTSM



ORCIG 2020 SafeAlert Series

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