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## Use the Jack, Not the BACK

All to often workers engage in extremely risky lifting practices when moving and/or attaching mobile compressors and other small trailers to tow vehicles.

<u>Chance for Injury</u> - As workers engage in lifting the tongue of a mobile compressor, unsafe lifting practices coupled with awkward postures create a recipe for an accident.

The risk is increased exponentially when pulling the mobile compressor while walking backwards.

ERGO





<u>A Safer Way</u> - Ensure that all mobile compressors and similar types of equipment have functioning tongue jacks with swivel wheels to promote easy positioning. These effective engineering controls eliminate the need for manual lifting.

- Position compressors so they can be easily attached to tow vehicles.
- Implement policies that prohibit this unsafe lifting practice and train workers to know the dangers associated with this task.



## **ORCIG 2017 ErgoMinute Series**

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