



## **Safe Saw Set Up** *Reducing Bending and Awkward Postures*



Saws positioned on the floor require tradespersons to bend over, squat and/or kneel in order to operate them.

**CHANCE FOR INJURY** – Bending repetitively places increased forces on the back increasing the potential for a strain/ sprain.



**SAFER WAY** - Get the saw off the floor/ground to eliminate or reduce the bending needed.



# ERGO MINUTE

ORCIG 2017 ErgoMinute Series

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