



MESSAGE SERIES GUIDE

Timberlake Church

Pastor Ben Sigman
***This Is Us -
The Anxiety Impacted
Family***

May 19/20, 2018

FOR LEADER:

In preparation for group discussion, take a few minutes to read through the scriptures and discussion questions

MESSAGE RECAP:

Too many times we lead our families with anxiety in our hearts. Trusting in God is the beginning of handing over our anxieties to God.

The most recent message is available online at Timberlakechurch.com/messages for further study

SCRIPTURE TO READ:

Genesis 12:1-2, 9-13, 16:1-2 (NIV)

ADDITIONAL:

2 Timothy 1:7 (ESV), Genesis 20:11, Matthew 14:29, Romans 7:21, Proverbs 28:13, Ecclesiastes 4:9-10, Psalm 23:1, 2 Corinthians 12:9 (NIV)

DISCUSSION QUESTIONS:

1. In this message Pastor Ben spoke on anxiety, and how it can impact our decision making, along with our families. Do you feel like you are currently experiencing anxiety, and are you in a season of life where it is impacting your decision making? [Spend a good amount of time on this question - let everyone share].
2. Anxiety can rob us of joy. Do you currently feel like you are missing out on some joyful experiences? If you are, how is that impacting you, your marriage, and your family? [This question is intended to bring an openness and vulnerability to the discussion today].
3. Read the verses from Genesis. Can you identify with Abram and Sarai? If you so, how?
4. Abram feared what he could not control or provide. What do you have fear about in the next season of life?
5. Do you have friends you talk with and are honest with about your fears? If so, how does it help? If not, how can the people in your Growth Group step up and be of help to you?