



## MESSAGE SERIES GUIDE

### Timberlake Church

**March 2 & 3**  
**David Nelson**

### FOR LEADER:

In preparation for group discussion, take a few minutes to read through the scriptures and discussion questions

### MESSAGE RECAP:

This week we started our new Series “Didn’t See it Coming”. God tells us to guard our hearts. In time we become cynical. We need to ask God to help us make the choice to rise above the cynicism.

The most recent message is available online at [Timberlakechurch.com/messages](http://Timberlakechurch.com/messages) for further study

## SCRIPTURE TO READ:

Proverbs 4:23

### Additional:

Ecclesiastes 1:2-6, Ecclesiastes 1:18, Psalm 1:1, Romans 1:8, Ephesians 1:15-16, Philippians 1:3, Colossians 1:3-4, 1 Thessalonians 1:3, Philippians 4:8

## DISCUSSION QUESTIONS:

1. God tells us in Proverbs 4:23 to guard our heart above all else. How do you guard your heart?
2. When did you find yourself feeling more cynical about your life? What caused you to feel this way?
3. Cynics know too much. How do you keep gaining knowledge and not let it make you more cynical?
4. How can you keep the issues from your past from affecting your future?
5. Read Romans 1:8, Ephesians 1:15-16, Philippians 1:3. How can these verses help you make the choice to not be cynical?
6. Curiosity can help combat cynicism. What are ways we can train our heart to ask questions and learn to keep an open mind?
7. Read Philippians 4:8. How can we focus on the good?
8. What are ways you can serve others?