

Top 10

websites for

Workplace Wellness Professionals

Workplace wellness is a fast growing industry in North America and around the world. As the technology provider powering wellness programs for leading providers, CoreHealth likes to keep apprised of what's the latest in the industry so we can keep our customers on the cutting edge of wellness. These are our 'go to' list of resources in the corporate wellbeing space that every wellness professional should have bookmarked for easy reference:

1 **WELCOA** www.welcoa.org

The Wellness Council of America (WELCOA) was established as a national not-for-profit organization in the mid 1980's. Today, WELCOA has become one of the most respected resources for workplace wellness in America. With a membership in excess of 5,000 members, WELCOA is dedicated to improving the health and well-being of all working Americans.

2 **Corporate Health & Wellness Association** www.wellnessassociation.com

The Corporate Health and Wellness Association (CHWA) is the national non-profit association focused on health, wellness, disease prevention and management for employers, employees and their families. One of the largest influencers of HR and Insurance Executives, CHWA touches over 1.5 million B2B Professionals.

3 **Media Planet Workplace Wellness** www.futureofbusinessandtech.com/workplace-wellness

Mediaplanet specializes in content creation and distribution through various multimedia platforms. They provide their readers with insightful and educational editorial designed to motivate people to take action. From improving workplace wellness to weighing the competitive advantages of cloud computing, they want to help you pioneer the future.

4 **National Wellness Institute** www.nationalwellnessinstitute.org

The National Wellness Institute (NWI) was formed to realize the mission of providing health promotion and wellness professionals unparalleled resources and services that fuel professional and personal growth. This mission forms the basis for the annual National Wellness Conference, the most highly acclaimed professional conference in health and wellness.

5 **National Business Group on Health** www.businessgrouphealth.org

The Business Group helps optimize business performance through health improvement and health care management initiatives that can save time and money in the process. HR and Benefits thought leaders from some of the most progressive companies come together to share, learn, and leverage leading-edge solutions.

6 **Art & Science of Health Promotion Institute** www.artsciencehpi.com

The Art & Science of Health Promotion Institute's goal is to improve the effectiveness of health promotion programs provided to people globally by applying what they've learned from research and practice to improve outcomes. They do this for the workplace, clinical and commercial spheres.

7 **Global Wellness Institute** www.globalwellnessinstitute.org

The Global Wellness Institute (GWI) nonprofit organization with a mission to empower wellness worldwide by educating the public and private sectors about preventative health and wellness. GWI's research, programs and initiatives have been instrumental in the growth of the USD \$3.7 trillion wellness economy - and in uniting the health and wellness industries.

8 **International Corporate Health Leadership Council** www.ichlc.org

The International Corporate Health Leadership Council was established in 2012 as a first-of-its-kind think tank. The Council is made up of the most senior leadership in corporate health with one goal in mind: to drive standards and policies that result in reducing risk and improving the delivery of healthcare to international travelers, expatriates and employees.

9 **HERO Health** www.hero-health.org

HERO is a national non-profit dedicated to identifying and sharing best practices in the field of workplace health and well-being to improve the health and well-being of workers, their spouses, dependents and retirees. HERO Think Tank members have a hands-on role in the creation and dissemination of national workplace policy, strategy and leadership.

10 **Centers for Disease Control & Prevention - Workplace Health Promotion** www.cdc.gov/workplacehealthpromotion

Through the Workplace Health Program, CDC works with national employer groups and coalitions, state health agencies, academic institutions, employers, and other key groups to develop, set up, and promote effective strategies for improving the health in the work environment.