

PREVENT SLIPS, TRIPS, AND FALLS



Do not overload extension cords

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Do not substitute extension cords for permanent wiring.

Never use a cord that feels hot or is damaged in any way.

Never use three-prong plugs with outlets that only have two slots for the plug.

Do not cut off the ground pin to force a fit.



Extension cords regardless of the gauge or rating of the cord, an extension cord is a temporary solution, and is not meant to be used as a long-term extension of your household's electrical system.

The U.S. Consumer Product Safety Commission (CPSC) estimates that each year, about 4,000 injuries associated with electric extension cords are treated in hospital emergency rooms. About half of the injuries involve fractures, lacerations, contusions or sprains from people tripping over extension cords.

CPSC also estimates that about 3,300 residential fires originate in extension cords each year, killing 50 people and injuring about 270 others. The most frequent causes of such fires are short circuits, overloading, damage and/or misuse of extension cords.

Using extension cords properly is critical to safety. With continuous use over time, an extension cord can rapidly deteriorate, creating a potentially dangerous electric shock or fire hazard. The Electrical Safety Foundation International (ESFI) offers the following tips for staying safe from electric shock and electrical fires:

- Do not overload extension cords or allow them to run through water or snow on the ground.
- Do not substitute extension cords for permanent wiring.
- Do not run through walls, doorways, ceilings or floors. If cord is covered, heat cannot escape, which may result in a fire hazard.
- Do not use an extension cord for more than one appliance.

- A heavy reliance on extension cords is an indication that you have too few outlets to address your needs. Have additional outlets installed where you need them.
- Multiple plug outlets must be plugged directly into mounted electrical receptacles; they cannot be chained together.
- Make sure the extension cord or temporary power strip you use is rated for the products to be plugged in, and is marked for either indoor or outdoor use.
- The appliance or tool that you are using the cord with will have a wattage rating on it. Match this up with your extension cord, and do not use a cord that has a lower rating.
- Never use a cord that feels hot or is damaged in any way. Touching even a single exposed strand can give you an electric shock or burn.
- Never use three-prong plugs with outlets that only have two slots for the plug. Do not cut off the ground pin to force a fit. This defeats the purpose of a three-prong plug and could lead to an electrical shock. Never force a plug into an outlet if it doesn't fit.
- Use extension cords with polarized and/or three-prong plugs.
- Use extension cords only when necessary and only on a temporary basis. Do not use extension cords in place of permanent wiring.
- Do not remove the prongs of an electrical plug. If plug prongs are missing, loose, or bent, replace the entire plug.
- Do not use an adapter or extension cord to defeat a standard grounding device. (e.g., Only place three-prong plugs in three-prong outlets; do not alter them to fit in a two-prong outlet.)
- Use extension cords that are the correct size or rating for the equipment in use. The diameter of the extension cord should be the same or greater than the cord of the equipment in use.
- Only use cords rated for outdoor use when using a cord outside.
- Do not run cords above ceiling tiles or through walls.
- Keep electrical cords away from areas where they may be pinched and areas where they may pose a tripping or fire hazard (e.g., doorways, walkways, under carpet, etc.).
- Always inspect the cord prior to use to ensure the insulation isn't cut or damaged. Discard damaged cords, cords that become hot, or cords with exposed wiring.
- Never unplug an extension cord by pulling on the cord; pull on the plug.
- In locations where equipment be pushed against an extension cord where the cord joins the plug, use a special "angle extension cord" specifically designed for use in these instances.
- Buy only cords approved by an independent testing laboratory, such as Underwriters Laboratories (UL), ETL-SEMKO (ETL) or Canadian Standards Association (CSA).