

## Eye Protection at Home



- **Wear ANSI-approved protective eyewear.**
- **Remember to protect anyone nearby.**
- **Take special care when working with chemicals.**
- **Use proper gear when welding or using a cutting torch.**
- **Make sure tools and equipment are in good condition.**
- **Wear gloves and wash hands when finished.**
- **Know that corrective eyewear isn't enough.**
- **Secure loose belongings.**



Wear ANSI-approved protective eyewear. These will protect eyes against most of the common causes of eye injury in the home. Keep in mind that wrap-around glasses and goggles provided added protection from free-flying particles and the sun's harmful UV rays.

Remember to protect anyone nearby. Anyone near your work area, children and adults included, may also be in danger of eye injury caused by flying debris and should also wear protective eyewear.

Take special care when working with chemicals. Cleaning often involves harsh chemicals, and splashing them into the eye is always a possibility. Wearing protecting eyewear is the best prevention of eye injury when working with chemicals, and common sense tactics like not mixing chemicals and storing them in a safe place also helps prevent injury.

Clear the yard before mowing. Taking a few minutes to remove debris from the yard before mowing can make a huge difference for the eye safety of not just the individual mowing but anyone nearby. Be sure to check for overhead branches too!

Make sure tools and equipment are in good condition. When tools and equipment are in poor condition, they often kick up unnecessary debris and are more

susceptible to breaking unexpectedly, which can easily cause injury to the eyes.

Wear gloves and wash hands when finished. Obviously, avoid touching eyes with hands during projects, especially those where hands touch chemicals or get dirty. Beyond this common sense step, wearing gloves can make sure hands stay free of debris that could make its way into eyes, and certainly washing hands frequently will help make sure it doesn't happen.

Know that corrective eyewear isn't enough. Regular eyeglasses usually do not provide enough safety protection for eyes and can often cause further damage when they break during an impact. Contacts can also often add to or exacerbate an injury.

Secure loose belongings. This tip applies to items in vehicles as well as items stored the home or garage. Simply put, properly stored items prevents unexpected falling objects from causing eye and other injuries.