



CHANGE YOUR MIND: **FINDING THE COURAGE TO THRIVE & FLOURISH**

Ready to finally attack those lofty goals? The huge, scary, intimidating ones? Discover the methods and systems that help to firmly establish a growth mindset, allowing you to let go of excuses and finally eliminate detractors. **Ideal for those big-thinkers who are ready to take the next step in their organization or business.**



KNOWLEDGE/ LEARNING TARGETS:

The hard truth of growth versus the fixed mindset, the unknown power of persevering through fear and suffering, differentiating between events, response and outcome



APPLICATION/YOU WILL LEAVE WITH:

Your "lies" log – for keeping track of the untruths you tell yourself
10-day excuse-free challenge – an exercise to help get you started
"It's just the way I am" flip switch – allowing you to take action at any moment in time
...and much more!



PERFECT FOR:

Those wishing to achieve their loftiest goals
Those who are feeling a bit stuck in their current state