

Clinic name and address

Date

Patient:

Date of Birth:

### TRAVEL LETTER

TO WHOM IT MAY CONCERN;

Please be advised that (insert name of person with diabetes) has insulin dependent diabetes (Type 1 Diabetes). He/she requires a continuous supply of insulin through an insulin pump and will be carrying the supplies necessary to manage diabetes during travel, including the following:

- Insulin pump and spare pump
- Insulin pen and needle tips or syringes as back up
- Insulin vials/pen fill cartridges
- Glucagon for emergency treatment of a low blood sugar reaction
- Two blood glucose meters
- Lancets
- Blood glucose test strips
- Batteries (at least two AAA for blood glucose meter and insulin pump)
- Sweets or sugar tablets to treat a low blood sugar.

Sincerely;

Doctor's signature

And name

Shared with you by

