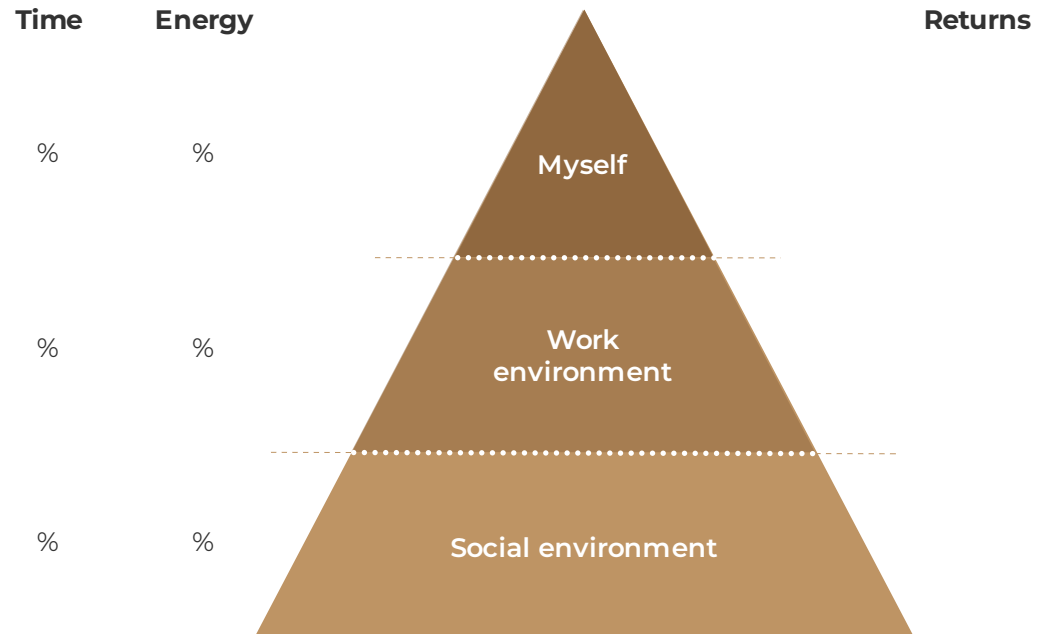


# Energy Pyramid Template

1. How much of your time and energy do you spend on each of the three levels?
  2. What type of returns, positive or negative, do the investments bring to you?
- 



Key priority areas to work on

Myself

Work environment

Social environment

3. How well are these investments aligned with your priorities and values?
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