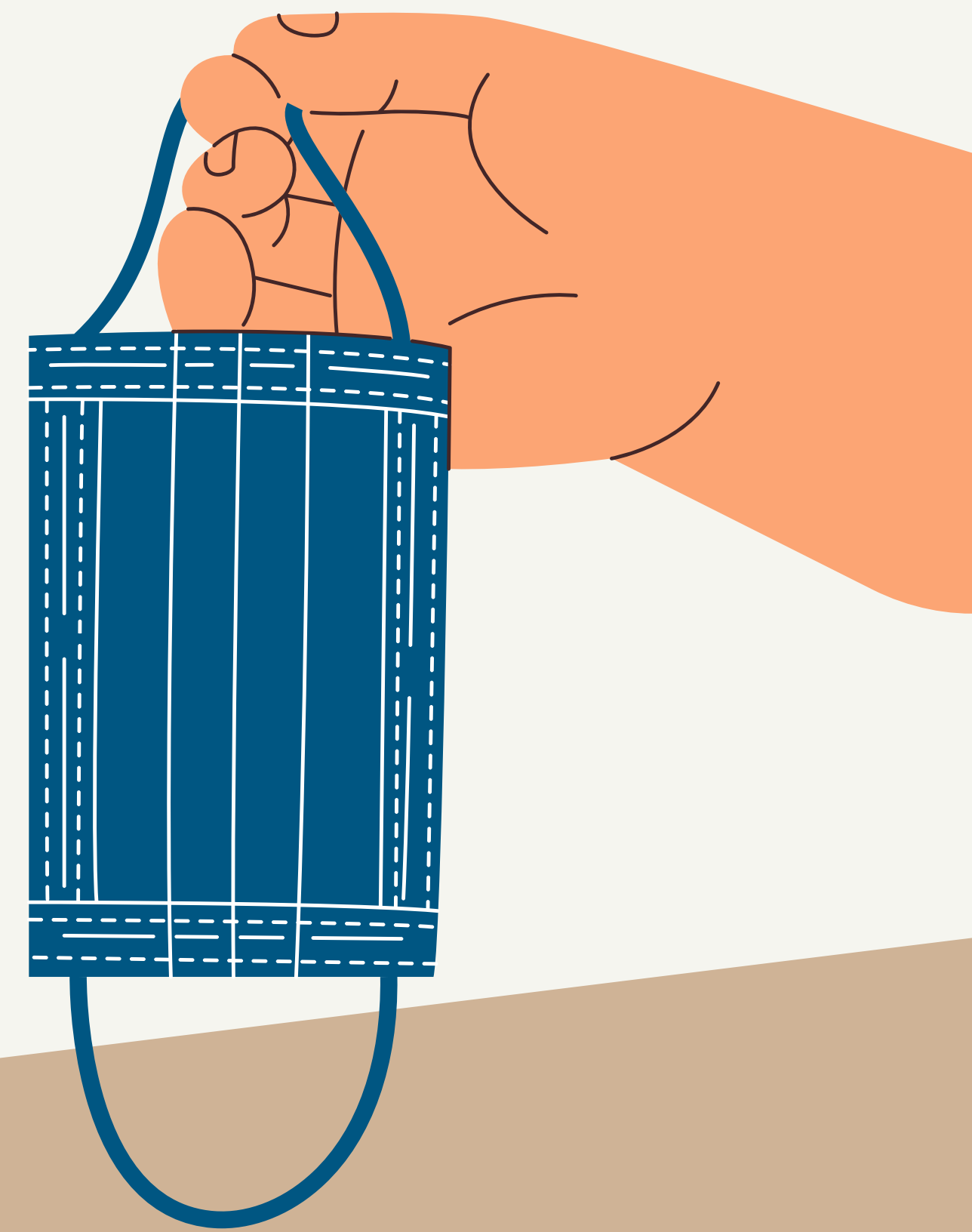


Masks 101

Source: CDC



Who should wear a cloth face covering:

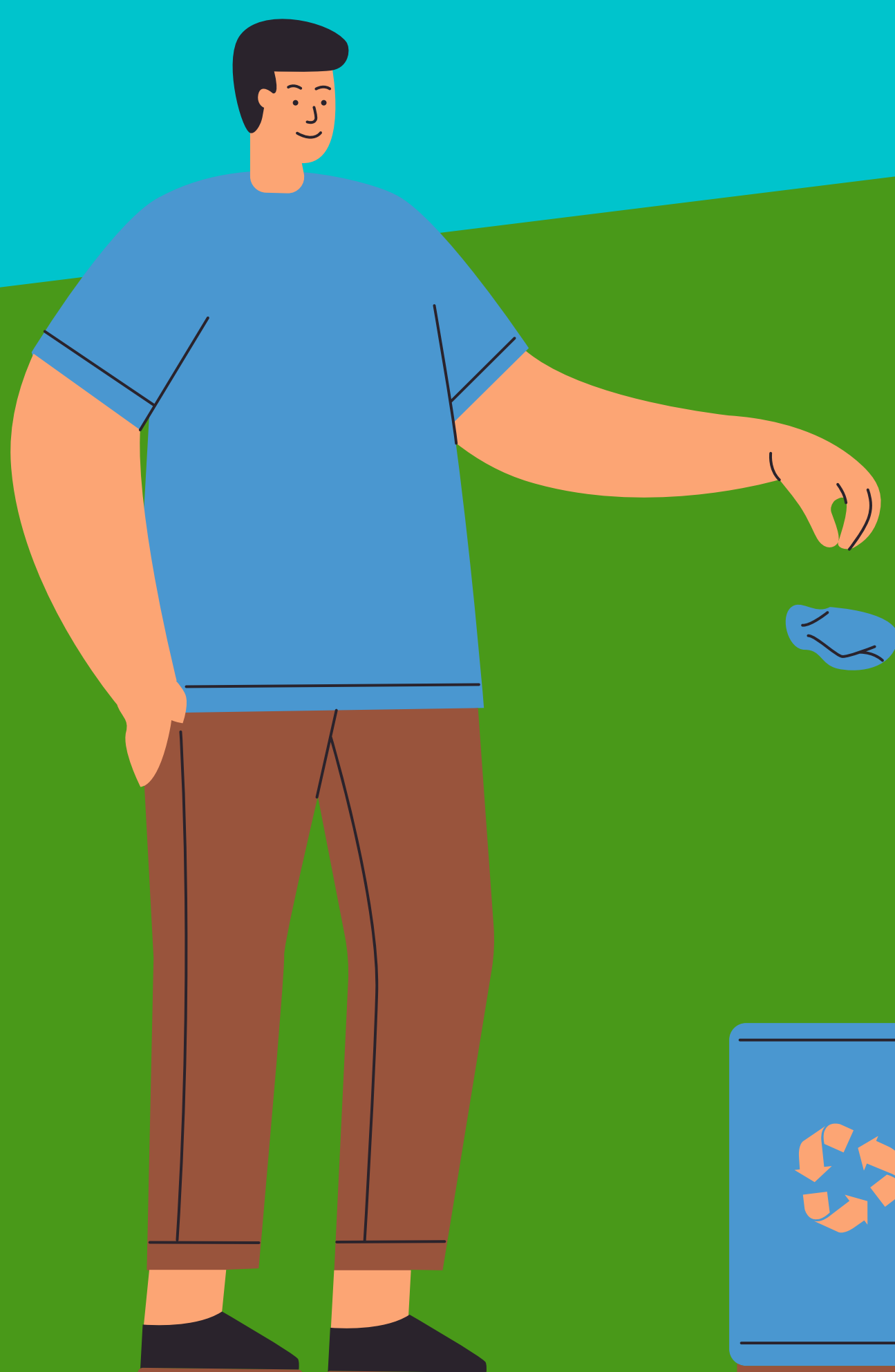
People older than 2 years of age in public settings where other social distancing measures are difficult to maintain

When Should you wear a cloth Face Mask:

In public settings, when other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies)*

Mask Tips:

1. Make sure the mask covers BOTH your mouth and nose.
2. Wash your hands before putting your mask on, and avoid touching the mask once it's on.
3. If you're using single-use masks, dispose after one use. If you are using re-useable, make sure to launder them often.



Removing your Mask:

1. Take the mask off by using the string or elastics. **Do not touch the front of mask.**
2. Throw the mask out **immediately** in a closed garbage can.
3. **Wash your hands or disinfect with alcohol-based sanitizer.**