

Dear Personal Training Client,

Today we are thrilled to share the news that we have all been waiting for: California Family Fitness clubs will be reopening on June 12th. In case you missed the email that we sent earlier, we encourage you to read important information regarding our reopening on our COVID-19 information page.

Your trainer is looking forward to seeing you again! The entire Cal Fit team is committed to help you get back into your fitness routine in a responsible way. Again, if you'd like to learn more about what we've been doing to prepare the gyms to reopen, or what to expect when you come back to the gym, visit our COVID-19 information page. Below, you will be able to read more about changes that will be in place specifically to protect you when you are meeting with your trainer.

We have missed you during these past months, but we have been moved by the overwhelming support you've shown us and your community. We can't wait to see you back at our clubs living a happy, healthy, and balanced life. Our team is eager and committed to helping you get back into your fitness routine in a responsible way. You have questions, and below we've tried to provide answers to many of those.

What to Know About Personal Training When Cal Fit Reopens

- All personal training sessions were frozen along with your membership. Personal training recurring EFT payments will be reactivated July 1, 2020.
- You may begin your 1-on-1 personal training sessions on June 22.
- All pre-paid, unused sessions will be available for your use.
- Body Fit classes with modified schedules will start during the 3rd week after reopening, on June 29th.
- PT staff will be required to wipe down equipment before and after each use during workouts.
- PT Staff will be required to wear a mask and wash / sanitize hands before and after every session

We encourage you to discuss options with your club and trainer that will help you be more comfortable during training sessions, like moving your sessions outdoors. The fitness manager and/or your trainer will be reaching out to make sure to get you back on the training schedule. However, if at this time you wish to continue to freeze your training program, you can do so by speaking with your gym location's Fitness manager.

Other Important Things to Know Before You Arrive for Training

- All members will be given All Access privileges to all locations for the month of June.
- We will be conducting a staggered opening of clubs starting with 12 locations the first week. Please check the schedules for your favorite locations [here](#).
- Kidz Klub will reopen on June 29.
- If you feel sick, have a fever, or difficulty breathing OR if in the last two weeks you have been in contact with a person suspected or confirmed to have COVID-19, please stay home.
- We highly encourage & recommend that you wear a face mask within the club.
- Bring your own towel, water bottle, mask, and workout mat (recommended).



Our club management and member care team will be available to answer any questions or concerns you may have regarding your membership. We can field questions in person or by email at MemberCare@calfamfit.com. We are delighted that re-opening our clubs and activating your membership allows us to bring back our staff, all of whom are eager to greet and serve you once again.

Our goal is to provide you a fitness home and haven, where you can work towards a healthy, happy, and balanced life.

For those who feel safer training virtually at this time, we will continue to provide you at-home fitness on-demand solutions here.

Thank you again for being part of our family and for all your support! We can't wait to see you in our clubs again and look forward to once again providing you the resources to live a healthier life.

In good health,

California Family Fitness

Shane Harris
Director of Fitness