



Dear Valued Member,

Today we are thrilled to share the news that we have all been waiting for: California Family Fitness clubs reopened as of June 12th. In case you missed the email that we sent earlier, we encourage you to read important information regarding our reopening on our COVID-19 information page.

The entire Cal Fit team is committed to help you get back into your fitness routine in a responsible way. Again, if you'd like to learn more about what we've been doing to prepare the gyms to reopen, or what to expect when you come back to the gym, visit our COVID-19 information page.

What to Know About Group Fitness Classes When Cal Fit Reopens:

- Group Fitness classes will resume on June 29.
- Aqua classes will not resume until social distancing guidelines are relaxed, (per local public health guidelines) since there is no way to maintain appropriate distance between participants during class.
- Class capacity in all studios will be at 50% or lower of room capacity in order to maintain appropriate social distancing.
- For those who feel safer participating in group fitness classes virtually at this time, we will continue to provide you live, at-home fitness on-demand solutions here.
- If you have been enjoying group fitness classes via Zoom, these will continue for the time being. Make sure to follow us on social media or our Cal Fit App for announcements on upcoming classes with Cal Fit instructors that you can do at home.
- Studios have been measured out and floors marked for your convenience when you return.
- Class reservation and check in is required by all participants. Make sure to use the Cal Fit app to check the schedule and reserve your spot in class.
- Class participants will be required to disinfect their own equipment before and after each use.
- Class times in clubs with multiple studios will be staggered to minimize the number of members arriving at the club at one time.

Other Important Things to Know Before You Arrive

- All members will be given All Access privileges to all locations for the month of June.
- We will be conducting a staggered opening of clubs starting with 12 locations the first week. Please check the schedules for your favorite locations [here](#).
- Kidz Klub will reopen on June 29.
- If you feel sick, have a fever, difficulty breathing, OR if in the last two weeks you have been in contact with a person suspected or confirmed to have COVID-19, please stay home.
- We highly encourage & recommend that you wear a face mask when visiting the club.



Our club management and member care team will be available to answer any questions or concerns you may have regarding your membership. We can field questions in person or by email at MemberCare@calfamfit.com. We are delighted that re-opening our clubs and activating your membership allows us to bring back our staff, all of whom are eager to greet and serve you once again.

Our goal is to provide you a fitness home and haven, where you can work towards a healthy, happy, and balanced life.

Thank you again for being part of our family and for all your support! We can't wait to see you in our clubs again and look forward to once again providing you the resources to live a healthier life.

In good health,

California Family Fitness

Melissa Thomas
Executive Director of Group Fitness