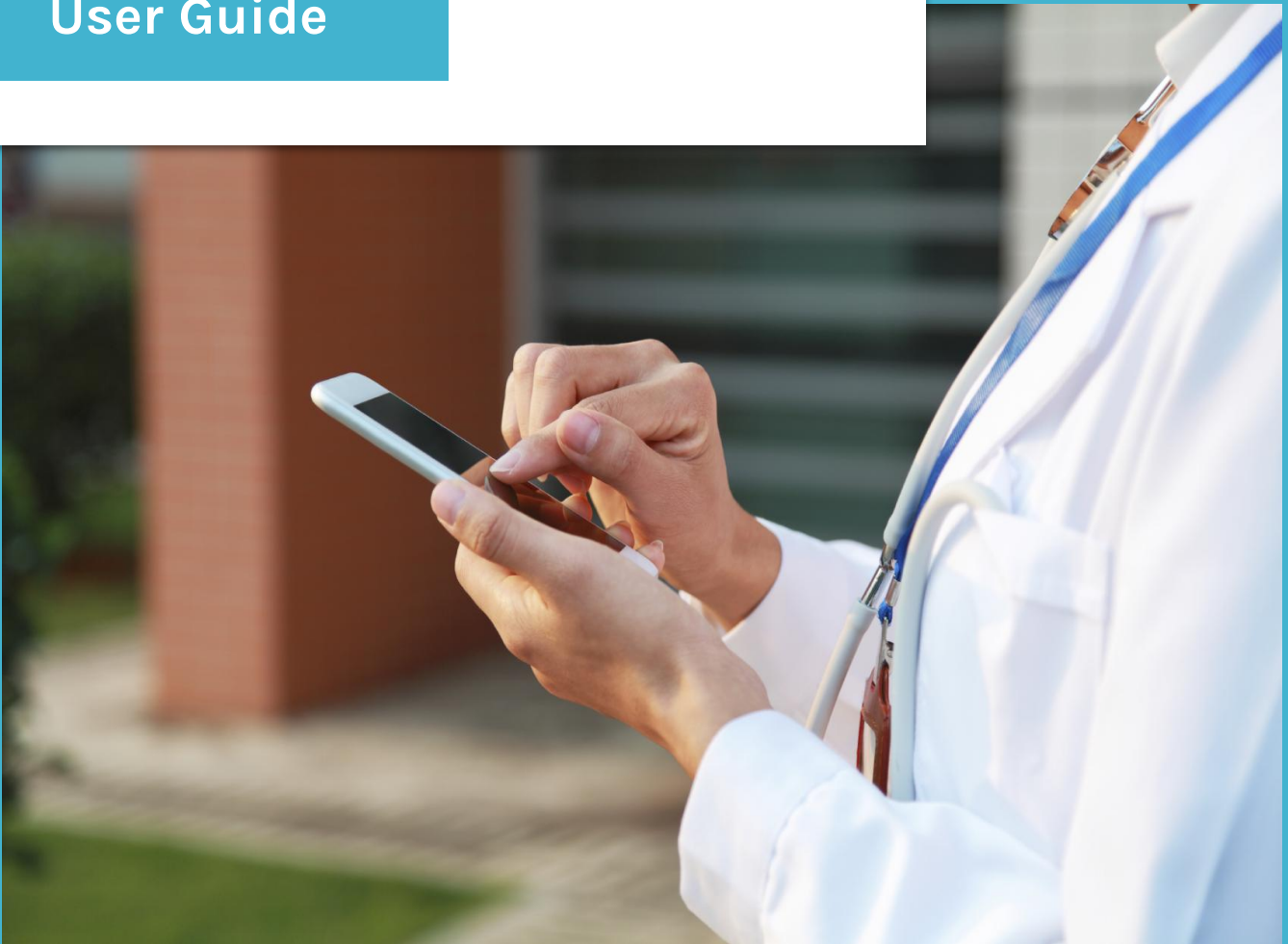# emocha Health®
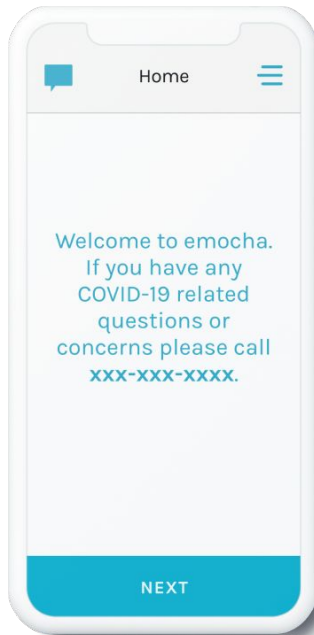
Employee Symptoms Monitoring Service

User Guide

Your Daily Video Check-in* (With symptoms)

Check-in with emocha as recommended.
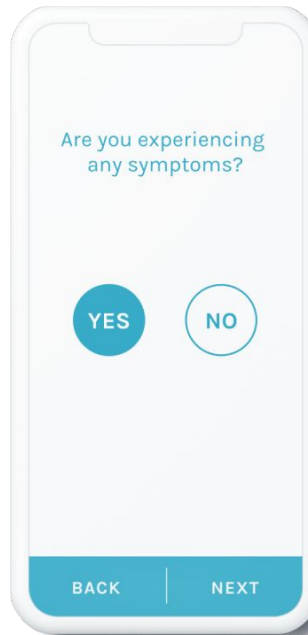
A welcome message will appear and prompt employees with symptoms to call ASAP. Tap "Next" to submit your video.
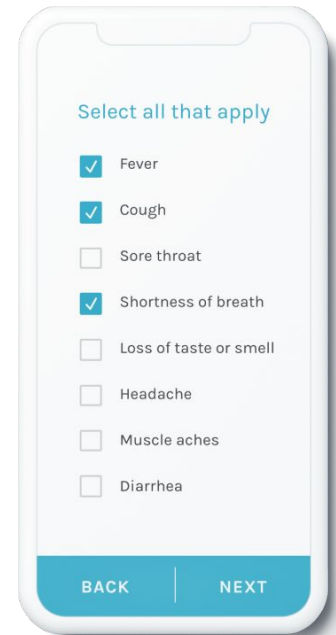
01 Home

Home

Welcome to emocha. If you have any COVID-19 related questions or concerns please call **xxx-xxx-xxxx.**

NEXT

If you are ready to submit, tap "Next" to begin a submission.

02 Symptoms

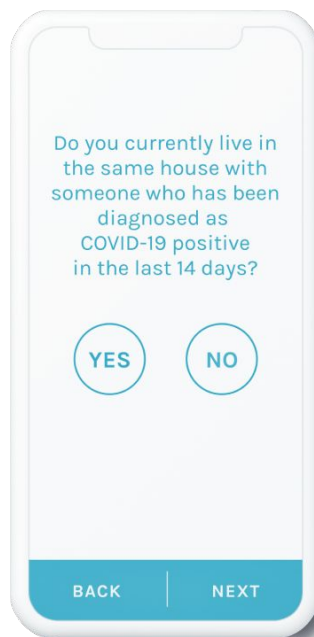Are you experiencing any symptoms?

YES   NO

BACK | NEXT

If you are experiencing any symptoms, select "Yes" and tap "Next."

Select all that apply

☑ Fever
☑ Cough
☐ Sore throat
☑ Shortness of breath
☐ Loss of taste or smell
☐ Headache
☐ Muscle aches
☐ Diarrhea

BACK | NEXT

You will be asked to select which symptoms.

03 Record

Press record when ready
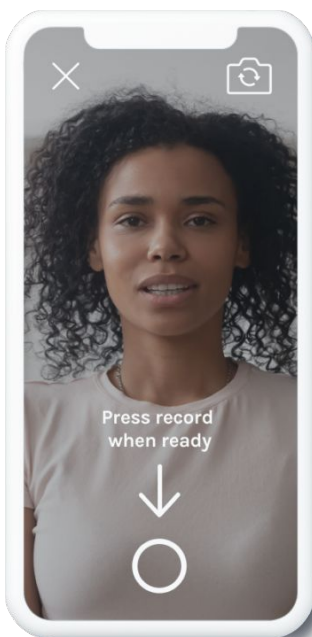
Record a short video check-in.

04 Questionnaire

Do you currently live in the same house with someone who has been diagnosed as COVID-19 positive in the last 14 days?

YES   NO

BACK | NEXT

Answer the COVID-19 household-related question.

05 Temperature

Please enter your temperature

98.9

○ No thermometer (Skip)

BACK | NEXT
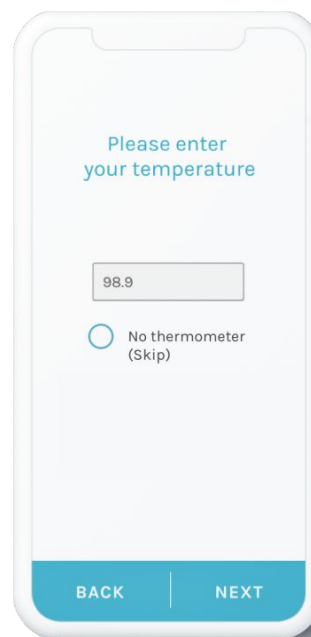
Input your temperature reading if possible.

06 Complete

Submitted!

View Progress
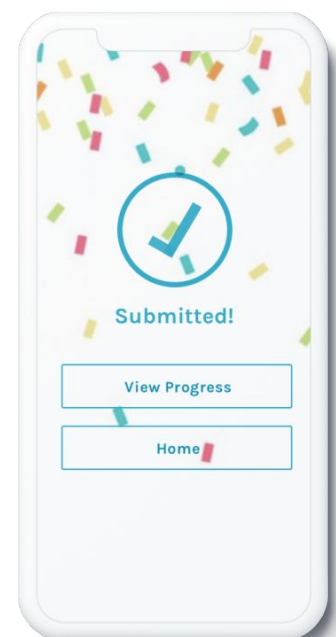
Home

Tap "Home" to complete your video check-in.

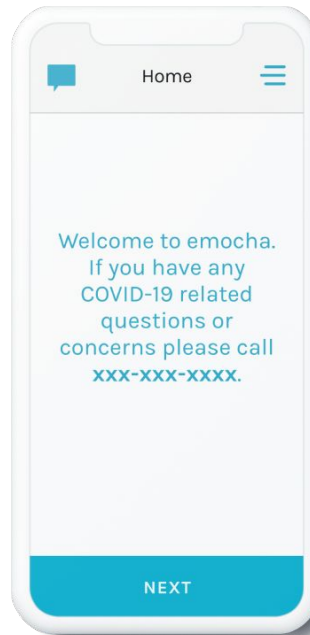*Note: protocol may differ by entity.*

Your Daily Video Check-in* (Without symptoms)

— Check-in with emocha as recommended.

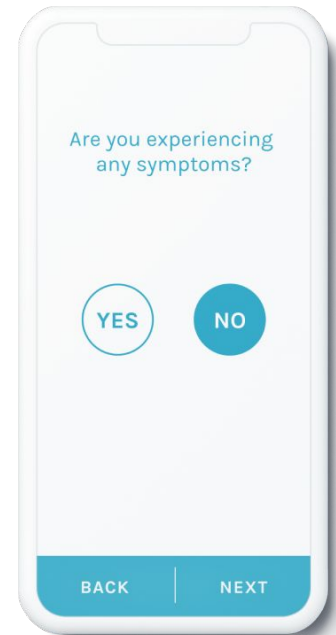— Answer the symptom-related and COVID-19 household questions.

— Record your temperature reading. If you do not have a thermometer, skip this screen.
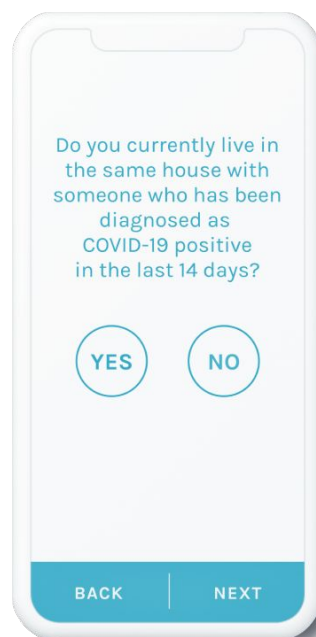
01 Home

Home

Welcome to emocha. If you have any COVID-19 related questions or concerns please call **xxx-xxx-xxxx.**

NEXT

If you are ready to submit, tap "Next" to begin a submission.

02 Symptoms

Are you experiencing any symptoms?

YES   NO

BACK | NEXT

If you are experiencing any symptoms, select "No" and tap "Next".

03 Questionnaire

Do you currently live in the same house with someone who has been diagnosed as COVID-19 positive in the last 14 days?

YES   NO

BACK | NEXT

Answer the COVID-19 household-related question.

04 Temperature

Please enter your temperature

98.9

◯ No thermometer (Skip)

BACK | NEXT
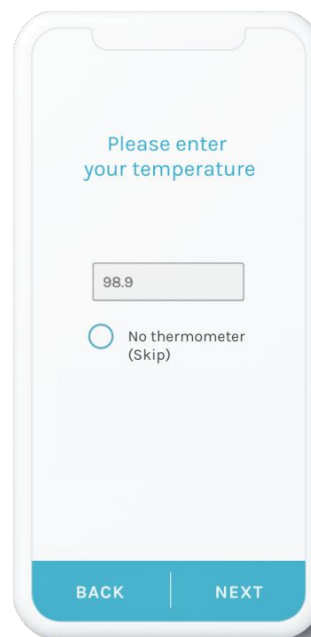
Input your temperature reading if possible.

05 Complete

Submitted!

View Progress
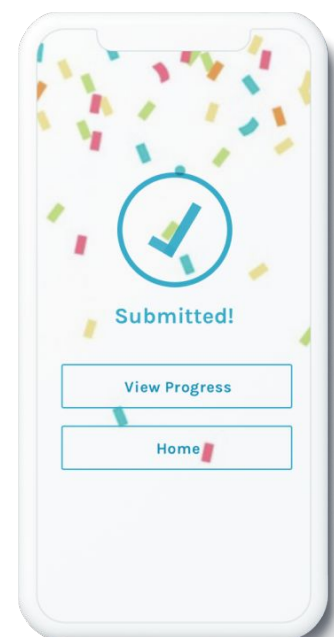
Home

Tap "Home" to complete your video check-in.

Note: protocol may differ by entity.

Explore More Features

Keep your eyes on the "Chat" function. Your care team will communicate with you via chat. You can ask any questions or report technical issues via chat.
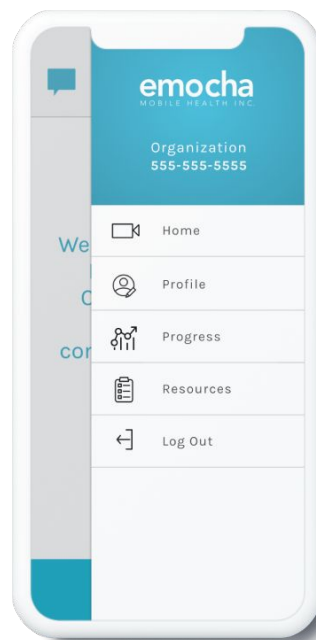
Check out "Menu" for additional tools. The "Progress" page will demonstrate how you are doing. You can customize several of these features on your "Profile" page.

01 Chat
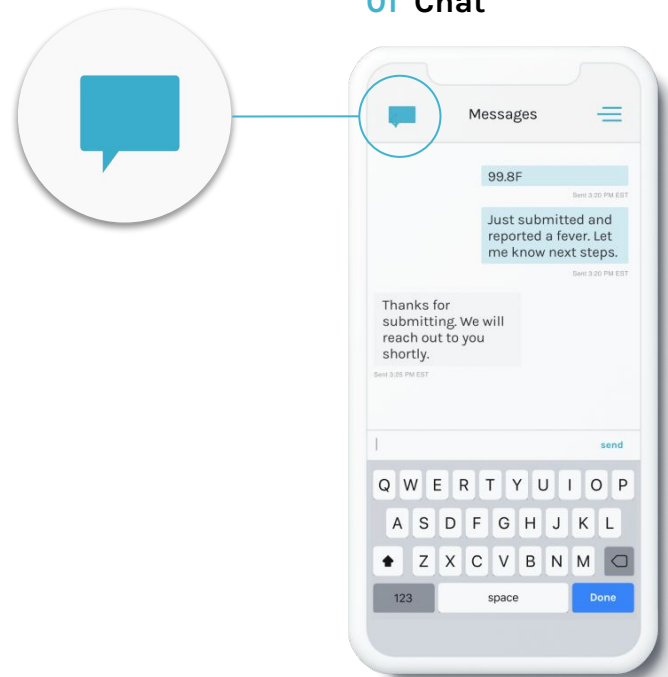
Tap on the chat icon, located on the top-left, to communicate with your care team.
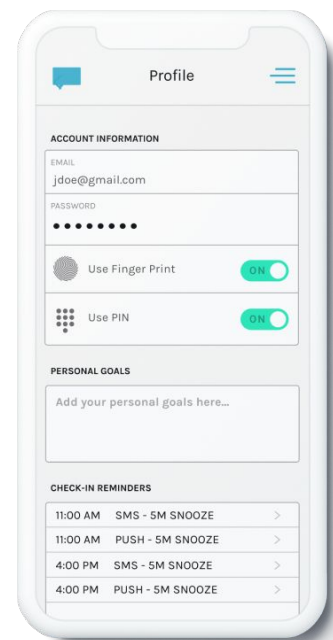
03 Menu

Tap on the three bars, located on the top- right, to access the main menu and explore more options.

04 Progress

Check your progress on the "Progress" page and visualize how you are doing.

05 Profile

Set up an easy login with fingerprint or PIN ID, and set reminders for check-in intervals.

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