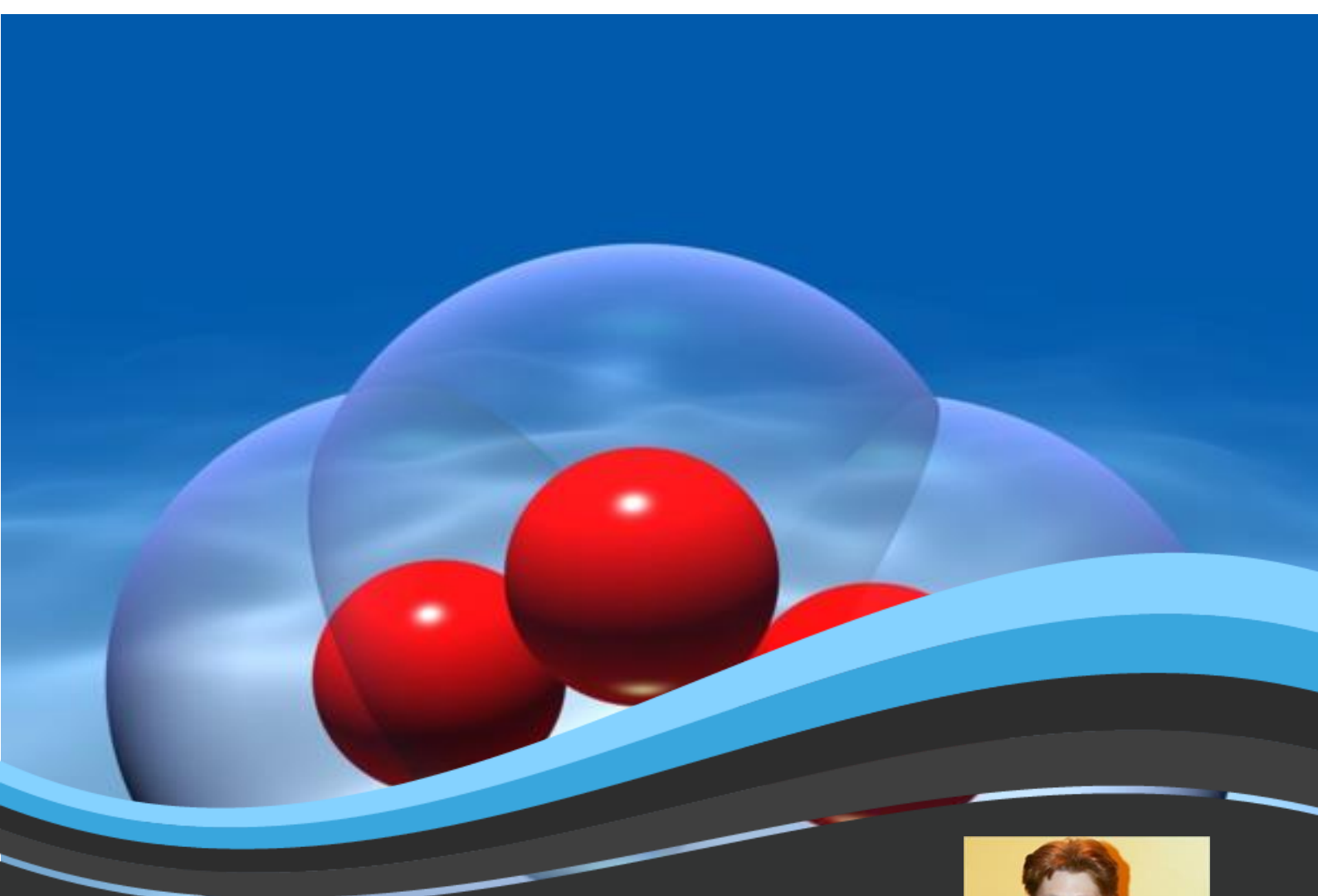


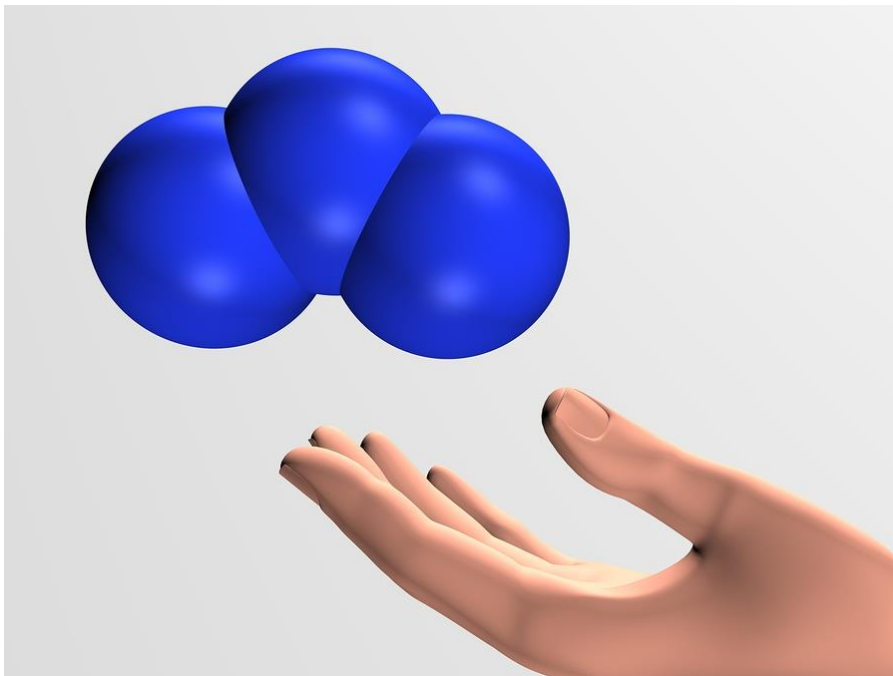
The Basics of Ozone Therapy



Isadora Guggenheim

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What is Ozone Therapy?

Ozone therapy is a safe and effective treatment method to manage and eradicate chronic disease caused by viruses, bacteria and fungal infections. It has been used for over 50 years worldwide and there are over 5000 literature citations to support its use.

What does oxygen have to do with chronic disease? When you are in a chronic disease state the amount of oxygen that goes into the cells is severely decreased. All chronic diseases and aging share a common principle. Disease and aging happen because of decreased oxygen into the cell.



The fastest way to increase your oxygen utilization levels is through I.V. ozone therapies. There is nothing faster or more effective.

You cannot improve your oxygen utilization with exercise, diet or supplements alone. When your oxygen utilization is decreased you are vulnerable to disease. You cannot train it away with exercise, you cannot eat it away with superfoods and you cannot get immediate improvement with supplements.

Ozone therapy is the administration of ozone gas into your body via I.V. into solution or your blood, nasal inhalation or insufflation into body cavities. We treat interstitial cystitis, ulcerative colitis, Crohn's, yeast overgrowth, ear infections, dental pain, virulent HPV and other conditions by introducing ozone into the ear, vagina, rectum, mouth and bladder. This can be measured with advanced pulse oximetry technology to see your level of oxygen utilization.



Ozone promotes better quality of life and longer life because it delivers oxygen to your cells.

What Does Ozone Therapy Do? How Does it Work?

- Ozone stimulates your white blood cells into action. This mechanism stimulates a healthy immune response.
- Ozone kills viruses, bacteria, fungi and cancer cells on contact.
- Ozone speeds up the breakdown of heavy metals, petrochemicals and other noxious environmental exposures.
- Ozone increases the production of interferon and tumor necrosis factor - normal biological chemicals that are needed to effectively fight infections and cancer.
- Ozone increases the efficiency of anti-oxidant enzymes to keep you well.
- Ozone reduces all kinds of inflammation.
- Ozone protects against neurodegeneration. It protects your brain function.
- Ozone increases the flexibility and efficiency of red blood cell production.
- Ozone speeds up the citric acid cycle to improve your metabolism so you can lose weight.
- Ozone therapy creates ozonides which regulate our master detox pathways.
- Ozone protects healthy cells and kills pathogens and cancer cells.
- Ozone increases oxygen utilization in your cells and increases your level of energy.
- Ozone inhibits mitochondrial decay, disease progression and aging.

Is Ozone Right for Your Condition?

This question is discussed during your first visit. Dr. Enzenbacher will make sure that you don't have any medical contraindications.

How Many Treatments Will I Need?

She cannot predict how many treatments you will need for your condition or what your response will be, but each patient is carefully monitored. She will determine whether you will benefit from once a week sessions or twice a week until you enter a maintenance phase.

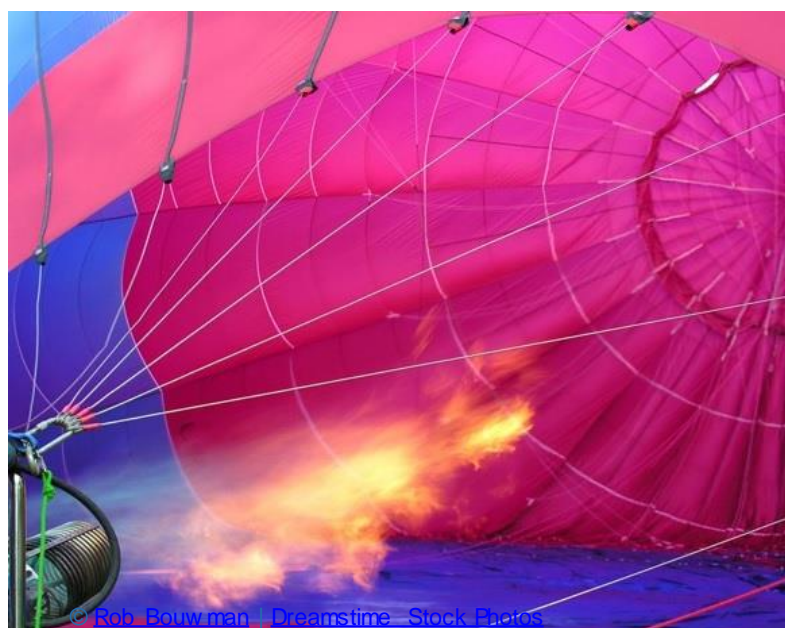
Your treatment is individualized by the administration method of ozone, the amount of ozone and any additional add-ons to enhance your treatment.

What is the Cost of Ozone Therapy?

Cost varies based on treatments. Most ozone practitioners charge a high entrance fee before you even get a treatment. We're different at Piermont Gynecology. We know that finances can prevent someone from getting necessary treatment so we don't charge an entrance fee so you can get treatment faster. Talk to us to work out an accessible plan.

Subsequent treatments are 250.00 each. Add-ons are an additional charge for glutathione or Meyer's pushes, amino acids and ozone chelation..

You can prepay for a series of 10 sessions after your first visit. A ten series costs 1800.00.



There is a long list of conditions that ozone therapy is beneficial for including:

HIV, Hep C., Lyme and other tick-borne infections, Herpes, Pneumonia, Arthritis, Macular degeneration, Lupus, MS, Hepatitis, Strep and Staph infections, Allergies, Candida - systemic and local, Heart Disease, Skin conditions, Cancers, Toxic Mold Exposures, Multiple Chemical Sensitivities, Autoimmune Conditions, Sexually-Transmitted Infections, Gastrointestinal Conditions and more.

Ozone Therapy brings you back to life!

How can I pay for treatment?

We accept all major credit cards and cash for services rendered. We only take personal checks if we have an established history with you.

Ozone therapy is not covered by insurance companies at this time. We do not provide assistance with insurance claims for Ozone therapies.

The most advanced equipment, sterile preparations are used and you will be provided with a private room. Treatment is individualized based on your condition, constitution and availability. Everything is centered around you. Offered add-on's include - Meyer's cocktails, glutathione pushes, ozone chelation, amino acids and more .

Why should I go to Piermont Gynecology for Ozone Therapy Treatment?

We are the **first and only** Ozone Therapy Clinic in Rockland County serving the Tri-State Area.

We are board-certified in Ozone Therapies and fellows in The American Academy of Ozone Therapists. This means we passed our clinical competency exams, written exams and presented ozone and prolozone cases that were accepted by Dr. Frank Schallenberger.

We practice accepted standard-of-care treatment methods with an emphasis on patient safety at all times. We do not offer direct I.V. injection of ozone into the veins because it is illegal in Germany. Direct Ozone injection has resulted in a number of deaths and is not accepted by The American Academy of Ozone Therapists or the International Community . Precise dosing is impossible with this method because you cannot measure a precise volume of blood being treated.

Direct ozone injections can cause bronchospasms which is contraindicated and dangerous if you have a history of asthma or chronic lung disease. This can cause and it has been documented to cause pulmonary emboli. Direct ozone injections do contain some oxygen which causes free radical injury and marked fevers. This is not a healing reaction; it is an injury. Direct Ozone injections require weeks to build up to larger doses of ozone unlike ozonated saline or MAH. This becomes a financial and time burden to the patient. Direct Ozone injections are painful and causes permanent sclerosis to the veins. Patients can have chest pain, red flushes up the neck, rashes, coughing spasms and rapid heart beat. Phlebitis, inflammation of the vein, is common with this technique.

We do not have any of these side effects with our acceptable methods.

Patients enjoy coming to our beautiful Piermont office along the waterfront because they get a private room and a 2 to 1 ratio of practitioners to patient. We monitor your safety at all times and we make sure that you are comfortable. I.V. Ozone therapy is safe and effective.

About Me - In Connecticut

Dr. G is a board certified and licensed naturopathic physician in CT.

Over the past thirteen years, and over 6000 clients, I've successfully treated neurological disorders, Parkinson's, Lyme disease, MS, inflammatory arthritis, Hashimoto's, thyroid conditions, erectile dysfunction, cardiovascular disease, allergies, ADD/ADHD, infertility, asthma, mood disorders and hormone imbalances. Treating autoimmune conditions is personal to me because I have experience with an inflammatory autoimmune disease. Because I've felt the pain and fear of a chronic, debilitating illness, I am on a mission to prevent and reverse the ravages of autoimmune disease.



Naturopathy is defined as the diagnosis, prevention and treatment of disease and health optimization by stimulation and support of *the body's natural healing processes*, as approved by the State Board of Natureopathic [sic] Examiners, with the consent of the Commissioner of Public Health.

Also included in the expanded scope of practice are ordering diagnostic tests and other diagnostic procedures, . . . ordering medical devices, including continuous glucose monitors, glucose meters, glucose test strips, barrier contraceptives and durable medical equipment; and . . . removing ear wax, removing foreign bodies from the ear, nose and skin, shaving corns and calluses, spirometry, tuberculosis testing, vaccine administration, venipuncture for blood testing and minor wound repair, including suturing.

In New York State -

Nurse Guggenheim is a licensed nurse and licensed massage therapist. Nure G offers holoistic health consults, nursing services and massage therapy. She works with Dr. Janis L. Enzenbacher, M.D. and administers ozone therapies ordered by Dr. Enzenbacher.

The practice of the profession of nursing as a registered professional nurse is defined as diagnosing and treating human responses to actual or potential health problems through such services as casefinding, health teaching, health counseling, and provision of care supportive to or restorative of life and well-being, and executing medical regimens prescribed by a licensed physician, dentist or other licensed health care provider legally authorized under this title and in accordance with the commissioner's regulations.

Isadora Guggenheim, ND, RN, MS, CNS, LMT

Naturopathic Doctor, Masters in Nutrition, Certified Nutrition Specialist and a registered nurse

All ozone therapies are MD ordered and supervised and RN administered in the state of New York.

The Second Nature Care practice incorporates several natural therapies to re-balance the body:

- Clinical Nutrition, Food allergies
- Homeopathy - Constitutional and Complex
- Colonics and Environmental Detoxification
- Physical Care - Medical Massage, Neuromuscular Therapy, Hydrotherapy and Naturopathic Manipulation
- Lifestyle Counseling and Stress Management
- Pharmaceutical grade Vitamins and Minerals
- I.V. Therapies for heavy metal chelation, phosphatidyl choline, Meyer's cocktails, sports recovery, healthy heart, general detoxification, immune support
- I.V. Ozone Therapy
- Injectables - vitamins, minerals, amino acids
- Specialty and blood baseline labs

I tell patients that I am a paid guide, but they are the keeper of their keys. They alone hold the power to unlock their story