## RESMED

## **Fitting Guide**



- Remove the elbow from the mask by pressing the side buttons and pulling the elbow away.
- Pull headgear over your head with both lower headgear straps released.



 Adjust both the straps of the upper headgear evenly until the mask is stable.



 Bring the lower straps below your ears and loop the headgear into the lower hooks on the frame.



- Adjust the lower headgear straps evenly until the mask is stable.
- The fitting should be firm but not uncomfortable.
- Do not over-tighten.



- Connect the air tubing from your device to the elbow.
- Attach the elbow to the mask by pressing the side buttons and pushing the elbow into the mask.
- Turn on your device so it blows air.



- Undo the fastening tabs on the upper headgear straps.
- Reposition both of the straps evenly, only enough until a seal is achieved, then reattach the fastening tabs.
- Your mask is now ready to use.





Quattro Air for Her is designed to accommodate your hairstyle above or underneath the headgear.

Note: For additional information, refer to the Quattro Air for Her Full Face Mask User Guide. Quattro<sup>™</sup> Air for Her



Distributed by: ResMed Corp 9001 Spectrum Center Boulevard San Diego CA 92123 USA. [ECIREP] ResMed (UK) Ltd 96 Milton Park Abingdon Oxfordshire OX14 4RY UK. See www.resmed.com for other ResMed locations worldwide. Quattro is a trademark of ResMed Ltd and is registered in U.S. Patent and Trademark Office. © 2013 ResMed Ltd. Specifications may change without notice. 1015982/1 2013-03