

## Resources to Support Teachers, Children, and Parents

### Resources to Support Teachers

[The Benefits of Play for Adults](#)

[How Mindfulness Can Help During Covid-19](#)

[Daily Facebook Live](#) from ChildMind Institute

[Leaning Into Social Emotional Learning Amid the Covid 19 Crisis Free](#)

[Resources for Schools](#)

[Resources to Support Teachers](#)

[Resources for Schools and Families](#)

### Resources to Support Children

[Resources for Supporting Kids' Emotional Well-Being During Covid 19 Pandemic](#)

[Tips for Families Zero to Three](#)

[Coping from National Association for the Education of Young Children \(NAEYC\)](#)

[Coronavirus Resources from Prevent Child Abuse](#)

[How Kids Will Recover From Covid Trauma](#)

[Supporting Kids During the Coronavirus Crisis](#)

[How Teens Can Benefit from Recess](#)

### Resources to Support Parents

[The Benefits of Play for Adults](#)

[How Mindfulness Can Help During Covid-19](#)

[Daily Facebook Live](#) from ChildMind Institute

[Expert Tips for Parents to Help Kids at Home](#)

[Coping During Covid-19 Resources for Parents](#)

[Prepare Don't Panic](#)