



MEMORY CARE JANUARY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1. HAPPY NEW YEAR!!! 10:30 SNACK & MUSIC 11:00 SITTCERCISE/PET VISIT 2:00 PAINTING 3:30 SNACK & CHAT 6:30 TRIVIA	2. 10:00 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 SING-ALONG 3:00 CHURCH 6:30 MOVIE TIME	3. 10:30 MOVE & GROOVE 11:00 TRIVIA 2:00 SPA DAY 3:30 SNACK & MUSIC 6:30 MOVIE TIME	4. 10:30 SNACK & MUSIC 11:00 SIT & BEFIT 2:00 JOYRIDE 3:30 SNACK & CHAT 6:30 TV CLASSIC	5. 10:30 SNACK TIME 11:00 CHURCH 2:00 TRIVIA/RIDGEVIEW 3:30 SNACK TIME 6:30 TABLE TIME
6. 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 TABLE GAMES 3:30 SNACK & CHAT 6:30 KING SPRING CHURCH CHURCHCHURCH	7. 10:00 BEAUTY SHOP 11:00 SITTCERCISE 2:00 KICKBALL 3:30 SNACKS & MUSIC 6:30 HAND MASSAGE	8. 10:30 SNACK & MUSIC 11:00 SITTCERCISE/PET VISIT 2:00 PAINTING 3:30 SNACK & CHAT 6:30 TRIVIA	9. 10:00 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 SING-ALONG 3:00 CHURCH 6:30 LUCY SHOW	10. 10:30 MOVE & GROOVE 11:00 TRIVIA 2:00 SPA DAY 3:30 SNACK & MUSIC 6:30 MOVIE TIME	11. 10:30 SNACK & MUSIC 11:00 SIT & BEFIT 2:00 JOYRIDE 3:30 SNACK & CHAT 6:30 TV CLASSIC	12. 10:30 SNACK TIME 11:00 CHURCH 2:00 TRIVIA/RIDGEVIEW 3:30 SNACK TIME 6:30 TABLE TIME
13. 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 TABLE GAMES 3:30 SNACK & CHAT 6:30 KING SPRING CHURCH	14. 10:00 BEAUTY SHOP 11:00 SITTCERCISE 2:00 KICKBALL 3:30 SNACKS & MUSIC 6:30 HAND MASSAGE	15. JEAN/EVELYN 10:30 SNACK & MUSIC 11:00 SITTCERCISE/PET VISIT 2:00 SPA DAY/CARIS 3:30 SNACK & CHAT 7:00 GREYHOUNDS VISIT	16. 10:00 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 SING-ALONG 3:00 CHURCH 6:30 MOVIE TIME	17. 10:30 MOVE & GROOVE 11:00 TRIVIA 2:00 BINGO 3:30 SNACK & MUSIC 6:30 MOVIE TIME	18. 10:30 SNACK & MUSIC 11:00 SIT & BEFIT 2:00 JOYRIDE 3:30 STORY TIME 6:30 TV CLASSIC	19. 10:30 SNACK TIME 11:00 CHURCH 2:00 BINGO/RIDGEVIEW 3:30 SNACK TIME 6:30 TABLE TIME
20. 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 TABLE GAMES 3:30 SNACK & CHAT 6:30 KING SPRING CHURCH	21. MLK DAY 10:00 BEAUTY SHOP 11:00 SITTCERCISE 2:00 KICKBALL 3:00 PIANO/KEETA 6:30 HAND MASSAGE	22. OUT TO EAT 10:30 SNACK & MUSIC 11:00 OUT TO EAT 2:00 OUT TO EAT 3:30 SNACK & CHAT 6:30 TRIVIA	23. 10:00 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 CRAFTS 3:00 CHURCH 6:30 TABLE TIME	24. 10:30 MOVE & GROOVE 11:00 TRIVIA 2:00 SING-ALONG 3:30 SNACK & MUSIC 6:30 MOVIE TIME	25. 10:30 SNACK & MUSIC 11:00 SIT & BEFIT 2:00 JOYRIDE 3:30 SNACK & CHAT 6:30 TV CLASSIC	26. 10:30 SNACK TIME 11:00 CHURCH 2:00 BINGO/RIDGEVIEW 3:30 SNACK TIME 6:30 TABLE TIME
27. 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 TABLE GAMES 3:30 SNACK & CHAT 6:30 KING SPRING CHURCH	28. 10:00 BEAUTY SHOP 11:00 SITTCERCISE 2:00 KICKBALL 3:30 SNACKS & MUSIC 6:30 HAND MASSAGE	29. 10:30 SNACK & MUSIC 11:00 SITTCERCISE/PET VISIT 2:00 BINGO FUN 3:30 SNACK & CHAT 6:30 TRIVIA	30. 10:00 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 SING-ALONG 3:00 CHURCH 6:30 TABLE TIME	31. 10:30 MOVE & GROOVE 11:00 TRIVIA 2:00 PAINTING 3:30 SNACK & MUSIC 6:30 MOVIE TIME		
				JEAN H. 1/15 EVELYN G. 1/15	