



STOP CANCER AT THE DOOR:

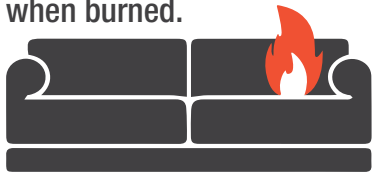
What every firefighter needs to know...

FIREFIGHTERS HAVE A HIGHER RISK of contracting

ALL

types of cancer than the general U.S. population.

Synthetic building materials used in modern structures, including furniture and paint, **RELEASE CARCINOGENS** when burned.



WE HAVE AN OPPORTUNITY TO **SAVE LIVES!**

Cancer is a leading threat **ALL** to firefighters.

Carcinogenic PAHs can be absorbed through firefighters' skin during firefighting operations.*



MORE THAN 60%

Since 2002, the IAFF has attributed more than **60%** of its firefighter **LODDs TO CANCER** MORE THAN ANY OTHER CAUSE

FIVE THINGS **YOU** CAN DO

1



Wear your SCBA from the fire attack through overhaul to limit inhalation of carcinogens.

2



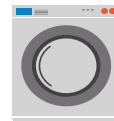
Clean yourself off during gross decon to remove soot as soon as possible.

3



Keep contaminated gear out of your station's living and sleeping quarters. Also, don't take contaminated gear home.

4



Make sure your gear is cleaned and inspected regularly by a verified ISP.

5



Maintain a personal exposure log of all fire calls.

*Rates of absorption vary for each type of chemical. Source: Fent, et al. (2014) "Systemic Exposure to PAHs and Benzene in Firefighters Suppressing Controlled Structure Fires."

ABOUT NOT IN OUR HOUSE: The NOT IN OUR HOUSE cancer awareness initiative is LION's commitment to keeping firefighters and their families safe from fire service-related cancer.

Learn more at notinourhouse.com.



LION
ready for action

