

# Coronavirus (COVID-19) PPE Exposure Response Check List



**TotalCare**<sup>®</sup>  
VERIFIED PPE MAINTENANCE

WHAT TO DO WITH EXPOSED STRUCTURAL TURNOUT GEAR

## BEFORE EXPOSURE



### TAKE INVENTORY.

Take inventory of all gear (make, model, UPC of all issued PPE)

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### GET THINGS IN ORDER.

Establish a sequence for removing contaminated PPE based on the PPE items being worn and practice those doffing procedures to become familiar with correct doffing to minimize potential for cross contamination.

### Additional PPE Safety Information Resources:

Centers for Disease Control (CDC), World Health Organization (WHO) or other recognized organizations based on the specific PPE that is available.

[www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf](http://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf)  
[www.who.int/csr/resources/publications/putontakeoffPPE/en/](http://www.who.int/csr/resources/publications/putontakeoffPPE/en/)

## AFTER EXPOSURE

- If PPE is contaminated, thought to be contaminated, compromised or damaged during use, exit the area and appropriately doff contaminated items. Immediately bag contaminated PPE items.



- If PPE is obviously or grossly contaminated, consider Preliminary Exposure Reduction (PER). NOTE: PER does NOT replace PPE sanitation.



- Contain and seal contaminated or potentially contaminated PPE in a biohazard bag. One firefighter's set of PPE per bag (coat, pant, gloves, boots, hood, helmet).



- Spray the outside of the bag with a sanitizer.

- Transport gear in the sealed bag.

- STOP! Don't take contaminated gear into the fire station.** Don appropriate PPE and continue to Next Step.



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- If sending gear to a verified ISP such as TotalCare, label bag with Department, Name and serial numbers, if possible. Ask ISP representative for instructions on how to transport gear. Visit [bit.ly/TotalCareMap](https://bit.ly/TotalCareMap) to locate the nearest TotalCare facility. If laundering in house, proceed to Next Step.



- STOP!** Ensure proper PPE is donned before performing this procedure. Outside the fire station, with gear still in the bag, submerge in a barrel containing an EPA-approved sanitizer for use against SARS-CoV-2. Ensure the sanitizer is properly mixed with water, using the directions listed on the sanitizer's instructions.



- Follow sanitizer instructions for specific soak time.



- Remove garments from the decontamination barrel. At this time, liners can be removed from outer shells and laundered.

- Wash in a high-temperature wash, not to exceed 140°.



- Dry gear as normal.



## MORE COVID-19 SAFETY TIPS

STAY ON AIR WHILE OPERATING IN A CONTAMINATED AREA.

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REMOVE RESPIRATOR LAST AS PART OF DOFFING PROCESS.

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THOROUGHLY WASH HANDS OR USE HAND SANITIZER FOLLOWING THE USE OF ANY PPE IN A CONTAMINATED AREA.

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VISIT [BIT.LY/EPASANITIZERS](https://bit.ly/EPASANITIZERS) FOR A LIST OF EPA-APPROVED SANITIZERS THAT MEET THE CLEANING, SANITIZATION AND DISINFECTION REQUIREMENTS SET FORTH BY NFPA 1851, 2020 FOR USE ON STRUCTURAL FIREFIGHTING ENSEMBLES.