



# CSLA Middle School Outdoor School 2019

September 11, 12 and 13

## Royal Ridges Retreat

20115 NE 354th St. Yacolt, WA 98675

360-686-3737

**What to Bring** (This includes what you are wearing on Wednesday, September 11<sup>th</sup>!)

**\*\* Each student may bring only ONE MEDIUM duffel bag and sleeping gear. \*\***

**Label all bags, backpacks and sleeping gear clearly with your student name!**

### Clothes

- 2-3 pairs jeans or other sturdy pants
- Shorts (if weather is nice!!)
- 3-4 shirts
- 2-3 changes of underwear
- 4-5 pairs of socks
- Pajamas
- Warm jacket
- Warm sweater, fleece or sweatshirt
- Shoes (boots or athletic shoes)
- Extra pair of shoes (important!)
- Rain jacket or Poncho
- Note: School dress code applies

### Other essentials

- Bible & 2 pencils or pens (We will do assignments that count towards your Bible grade)
- Warm gloves & hat
- Trash bag for dirty clothes
- Snack for 6-8 (to be shared)**
- Flashlight or headlamp (must have for Ape Caves!)

### Small Backpack for First Day

\*Please have the following in your backpack:

- Water bottle (full of water!)
- Sack lunch
- Rain coat or poncho (we will be hiking rain or shine!)
- Warm jacket

**Leave at Home:** All electronic devices or battery operated devices other than watch, flashlight or hair dryer.  
**This means NO iPods, cell phones, Gameboys, etc.**  
 Anything dangerous or obnoxious.

**Give prescription medicines to Mrs. Cable** to put in our first aid center.

**Come prepared Wednesday morning** with your small backpack ready for the entire day. Wear layers, since it may be cold or rainy when we get there, but may warm up later!

**You need to have all of the items listed in your small backpack!!!**

### Sleeping Gear

- Sleeping bag (In stuff sack or tightly tied)
- Pillow

### Hygiene Essentials

- Bath towel
- Spare towel
- Soap in container
- Shampoo / Comb / Brush
- Toothbrush & toothpaste
- Deodorant (please)



### You May Want to Bring:

- Flip-flops for in cabins or shower (\*may NOT be worn around camp)
- Camera
- Hair dryer
- Watch
- A book to read

