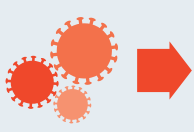


CORONAVIRUS: KEY FACTS TO KNOW

ABOUT THE VIRUS

The virus causes a mild to severe respiratory illness. It's thought to spread through:



OR



Droplets of fluid that a person coughs or sneezes into the air

Touching a surface with virus on it and then touching your mouth, nose, or eyes

Incubation time period



2 days → 14 days

SYMPTOMS



Mild to severe



Fever



Chills



Cough



Shortness of breath or difficulty breathing



Fatigue



Muscle or body aches



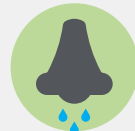
Headache



New loss of taste or smell



Sore throat



Congestion or runny nose



Nausea or vomiting



Diarrhea

PREVENTION



Wash your hands or use an alcohol-based hand sanitizer often.



Avoid touching your eyes, nose, or mouth.



Wear a cloth face mask in public and when around people who don't live in your household.



DON'T have contact with people who are sick.



Put at least 6 feet of distance between yourself and people who don't live in your household.



Clean surfaces often with disinfectant.

WHO IS AT RISK?

If you've been to a place where people have been sick with COVID-19, you are at risk for infection.



Call your health care provider if:



+



OR



+



You've been in close contact with a person known to have COVID-19 and you have symptoms

You develop symptoms and you live in or have recently traveled from an area with ongoing spread of COVID-19

>> TO LEARN THE LATEST about COVID-19, visit the CDC website at www.cdc.gov/coronavirus/2019-ncov. And if you haven't done so yet, get your annual flu shot. Influenza results in the deaths of thousands of Americans every year.