

# **ViewMedica Video Sheets**

## **Human Coronaviruses**

This is a group of viruses that infect your respiratory tract. Most people will be infected with a coronavirus at least once in their life. Usually, symptoms are mild or moderate, and may seem like those of a common cold. But some coronaviruses can be very dangerous.

**To watch the video:**

### **Scan the QR code**

Using your mobile device, scan the following code:



**OR**

Go to the website:

**[www.kramesvideo.com](http://www.kramesvideo.com)**

Enter the prescription code:

**IDF**

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## **Simple Ways to Avoid COVID-19**

The COVID-19 pandemic is sweeping the world. We all want to avoid this dangerous virus. Let's look at some simple ways to lower your risk of infection.

**To watch the video:**

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Using your mobile device, scan the following code:



**OR**

Go to the website:

**[www.kramesvideo.com](http://www.kramesvideo.com)**

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## **Disinfecting Your Home of COVID-19**

Someone in your household has a COVID-19 infection. You're worried it could spread to you or other family members. Let's learn how to clean your home and lower your risk of infection.

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## **Caring for Someone Who Has COVID-19**

Your loved one has a COVID-19 infection, and you're caring for them at home. This video will show you some things to do as you provide care.

**To watch the video:**

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Using your mobile device, scan the following code:



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