

Green Mill

CLASSIC APPETIZERS

GARLIC CHEESE BREAD

Our homemade bread toasted with garlic butter, mozzarella and parmesan cheeses, and Italian seasonings. 9.99 (150 cal/piece, 12 pieces)

ONION RINGS

Crispy, fried to a golden brown. 9.99 (910 cal)

ELLSWORTH CHEESE CURDS

Ellsworth white cheddar cheese curds with marinara. 9.99 (970 cal)

AWARD-WINNING WINGS

CLASSIC BONE-IN WINGS

10.99 (100 cal per wing with no sauce, 7 wings)

BONELESS WINGS

10.99 (100 cal/wing with no sauce, 8 wings)

WING SAMPLER

Choose three wing flavors!

CLASSIC BONE-IN WINGS 28.99

(100 cal/wing with no sauce, 21 wings)

BONELESS WINGS 28.99

(100 cal/wing with no sauce, 24 wings)

SIGNATURE WING SAUCES

Listed by heat level – mildest to hottest

JIM BEAM Plum and barbeque (Add 20 cal/wing)

DIABLO Sweet and spicy with a li'l kick (Add 25 cal/wing)

CHIPOTLE BBQ With TABASCO® Chipotle Sauce (Add 10 cal/wing)

BUFFALO Our classic Dixie sauce

(Add 5 cal/wing) **Celery** (5 cal/piece, 3 pieces)

EXTREME JAMAICAN Tongue torching (Add 5 cal/wing)

Add celery .59 (5 cal/piece, 3 pieces)

DIPPING SAUCES: Bleu Cheese (310 cal) Ranch (220 cal) Lite Ranch (100 cal)

GOURMET PASTAS

Served with bread (90 cal per piece) and herbed butter (90 cal per oz.). Add a crisp side salad (190 cal) or hot cup of soup (120-240 cal) for 1.99. 🍷 The pastas labeled below can be served gluten friendly by swapping out the noodle for gluten free penne noodles for 2.00.

THREE CHEESE & CHICKEN BAKED RIGATONI 🍷

Seasoned chicken and basil tossed in rigatoni and garlic cream sauce. Topped with parmesan grana, fontina, and grated parmesan cheeses and tomato bruschetta. 12.99 (1,010 cal)

LANGOSTINO LOBSTER & SHRIMP 🍷

Linguini, langostino lobster, and shrimp sautéed in garlic cream sauce with vermouth. Topped with parsley and parmesan. 17.99 (1,010 cal)

CHICKEN PARMESAN

Breaded chicken breasts with marinara sauce, roasted tomato bruschetta, mozzarella, and parmesan cheeses. Served over fettuccine. 14.99 (1,570 cal)

SPAGHETTI & MEATBALLS

Three large meatballs atop linguini with our classic red sauce. Sprinkled with parmesan. 14.99 (1,430 cal)

DESERT FIRE PASTA 🍷

Sautéed shrimp, mushrooms, and linguini in a hurricane peppercream sauce. Topped with parmesan and salsa. 16.99 (1,270 cal)

FETTUCCINE ALFREDO

A Green Mill classic in garlic cream sauce. 13.99 (1,100 cal)
Add vegetables 1.00 (1,280 cal)

Add chicken 1.50 (1,360 cal)

Add chicken & vegetables 2.00 (1,420 cal)

Add shrimp 3.00 (1,320 cal)

SANDWICHES & PITAS

Served with fresh fruit (70 cal), fries (270 cal) or cole slaw (180 cal). Substitute soup (120-240 cal), side salad (190 cal), sweet potato fries (400 cal), or onion rings (490 cal) for 1.99.

NEW! PARMESAN WALLEYE

Our new and improved recipe! Lightly breaded walleye, sautéed in lemon soy sauce, with parmesan, romaine, and red onions on ciabatta (1,030 cal) or an oat bran pita (610 cal). Served with garlic mayo. 13.99

NEW! ITALIAN CIABATTA

Turkey, ham, salami, provolone, tomato, lettuce, oregano vinaigrette, and mayo. Served hot or cold on our ciabatta bun (880 cal) or an oat bran pita (610 cal). 11.99

NEW! GOURMET TURKEY

Turkey, bacon, provolone, romaine, tomato, and mayo on grilled ciabatta bread (1,010 cal) or an oat bran pita (700 cal). 12.99

NEW! BUFFALO CHICKEN SANDWICH

Your choice of grilled, or fried and breaded chicken breast, buffalo sauce, red onions, romaine, mozzarella, cheddar, and herb cream cheese on an egg bun (500-710 cal) or an oat bran pita (320-480 cal). 10.99

NEW! MILLHOUSE CLUB

Turkey breast, smoked bacon, cheddar, monterey jack, lettuce, tomato, and mayo on ciabatta (990 cal) or an oat bran pita (650 cal). 11.99

STEAKHOUSE HOAGIE

Tender sliced sirloin and onions topped with melted mozzarella, mushrooms, and fontina cheeses on a toasted hoagie. 13.99 (1,110 cal)

MEATBALL SANDWICH

Three large Green Mill classic meatballs with marinara sauce. Topped with mozzarella and parmesan on a toasted sourdough hoagie. 12.99 (1,370 cal)

SIGNATURE SELECTIONS

Served with bread (90 cal per piece) and herbed butter (90 cal per oz.). Add a crisp side salad (190 cal) or hot cup of soup (120-240 cal) for 1.99. Also served with seasonal vegetable (35-140 cal), fries (270 cal), or cole slaw (180 cal).

KABEELO LODGE WALLEYE

Discovered on our annual Ontario fishing trip. Walleye dipped in our special batter and prepared pan-fried (870 cal) or grilled (680 cal). 19.99

FRESHLY GROUND BURGERS

Never frozen, all-natural U.S.D.A. certified Angus beef from Revier Cattle Company in Olivia, MN. Served with fresh fruit (70 cal), fries (270 cal) or cole slaw (180 cal). Substitute soup (120-240 cal), side salad (190 cal), sweet potato fries (400 cal), or onion rings (490 cal) for 1.99. Burgers can be prepared gluten friendly using Udi's gluten free bun (Add 50 cal) for 2.00.

WESTERN MILL*

Barbecue sauce, cheddar, smoked bacon, romaine, tomato, and onion. 12.99 (1,210 cal)

Substitute artisan romaine for your bun! (1,000 cal)

FOUR-CHEESE BACON*

Monterey jack, provolone, mozzarella, parmesan, bacon, roasted garlic mayo, romaine, tomato, and onion. 12.99 (1,510 cal)

Substitute artisan romaine for your bun! (1,200 cal)

CREATE YOUR OWN PIZZA

CHOOSE YOUR CRUST

CLASSIC THIN Flat-style and hand stretched.

	One-Topping	Add Toppings
Med – 12 in	14.00 <i>(140-200 cal/slice, 8 slices)</i>	1.00 ea
Large – 14 in	16.00 <i>(220-290 cal/slice, 8 slices)</i>	1.50 ea
XL – 16 in	18.00 <i>(300-400 cal/slice, 8 slices)</i>	2.00 ea

OLD WORLD Ingredients folded into the crust.

	One-Topping	Add Toppings
Med – 12 in	14.00 <i>(180-230 cal/slice, 8 slices)</i>	1.00 ea
Large – 14 in	16.00 <i>(260-330 cal/slice, 8 slices)</i>	1.50 ea
XL – 16 in	18.00 <i>(310-420 cal/slice, 8 slices)</i>	2.00 ea

DETROIT STYLE Thick rectangular crust.

	One-Topping	Add Toppings
Med – 9x13 in	14.00 <i>(300-350 cal/slice, 6 slices)</i>	1.00 ea
Large – 13x18 in	16.00 <i>(320-390 cal/slice, 12 slices)</i>	1.50 ea

PESCARA Hand-tossed and secretly seasoned.

	One-Topping	Add Toppings
Med – 12 in	14.00 <i>(220-270 cal/slice, 8 slices)</i>	1.00 ea
Large – 14 in	16.00 <i>(330-400 cal/slice, 8 slices)</i>	1.50 ea
XL – 16 in	18.00 <i>(370-480 cal/slice, 8 slices)</i>	2.00 ea

DEEP DISH The crust that made Green Mill famous!

Please allow approximately 30 minutes for Deep Dish pizza.

To ensure proper cooking we strongly suggest a max of five items.

	One-Topping	Add Toppings
Small – 8 in	11.00 <i>(190-230 cal/slice, 6 slices)</i>	1.00 ea
Med – 10 in	14.50 <i>(220-270 cal/slice, 8 slices)</i>	1.50 ea
Large – 12 in	18.00 <i>(330-400 cal/slice, 8 slices)</i>	2.00 ea

☪ GLUTEN FRIENDLY Featuring Udi's 10-inch crust.

	One-Topping	Add Toppings
Med – 10-in	14.00 <i>(100-150 cal/slice, 8 slices)</i>	1.00 ea

TOPPINGS

Low-range calories based on a small deep dish pizza cut into six pieces; high-range calories based on an extra large pizza cut into eight pieces.

MEATS

Canadian Bacon *(10-30 cal)*

Chicken *(10-15 cal)*

Cup & Crisp Pepperoni *(45-80 cal)*

Hamburger *(30-40 cal)*

Pepperoni *(45-110 cal)*

Salami *(30-70 cal)*

Sausage *(30-45 cal)*

Smoked Ham *(20-20 cal)*

Spicy Italian Sausage *(30-40 cal)*

VEGGIES

Banana Peppers *(0-5 cal)*

Black Olives *(5-15 cal)*

Broccoli *(0-5 cal)*

Fresh Tomatoes *(5-5 cal)*

Garlic *(0-5 cal)*

Green Olives *(25-35 cal)*

Green Pepper *(0-5 cal)*

Jalapeños *(0-0 cal)*

Mushrooms *(0-5 cal)*

Onions *(5-5 cal)*

Portobello Mushrooms *(15-25 cal)*

Roma Tomatoes *(20-30 cal)*

Spinach & Garlic *(15-30 cal)*

Sundried Tomatoes *(10-20 cal)*

CHEESES

Extra Mozzarella *(15-40 cal)*

Feta *(15-40 cal)*

Goat *(25-60 cal)*

Gorgonzola *(15-50 cal)*

Provolone *(15-50 cal)*

OTHER

Anchovies *(5-20 cal)*

Fresh Basil *(0-0 cal)*

Pesto *(15-50 cal)*

Pineapple *(10-10 cal)*

Green Mill SPECIALTY PIZZAS

Try one of these popular pizza combinations. No substitutions please.

Please allow approximately 30 minutes for deep dish pizzas.

WINDY CITY Med 16.99 Large 19.99

Chicago would be proud! Tomato basil sauce, sausage, spicy Italian sausage, mozzarella, herbs and parmesan.

CLASSIC THIN	PESCARA	OLD WORLD	DETROIT STYLE	DEEP DISH
<i>(240 cal/slice, 8 slices)</i>	<i>(310 cal/slice, 8 slices)</i>	<i>(280 cal/slice, 8 slices)</i>	<i>(400 cal/slice, 6 slices)</i>	<i>(330 cal/slice, 8 slices)</i>
<i>(330 cal/slice, 8 slices)</i>	<i>(440 cal/slice, 8 slices)</i>	<i>(390 cal/slice, 8 slices)</i>	<i>(390 cal/slice, 12 slices)</i>	<i>(440 cal/slice, 8 slices)</i>

CHICKEN ALFREDO Med 16.99 Large 19.99

Grilled chicken, bacon, spinach, garlic, sundried tomatoes, parmesan and MontAmoré® cheeses with creamy alfredo sauce.

CLASSIC THIN	PESCARA	OLD WORLD	DETROIT STYLE	DEEP DISH
<i>(270 cal/slice, 8 slices)</i>	<i>(350 cal/slice, 8 slices)</i>	<i>(320 cal/slice, 8 slices)</i>	<i>(480 cal/slice, 6 slices)</i>	<i>(420 cal/slice, 8 slices)</i>
<i>(400 cal/slice, 8 slices)</i>	<i>(510 cal/slice, 8 slices)</i>	<i>(460 cal/slice, 8 slices)</i>	<i>(420 cal/slice, 12 slices)</i>	<i>(570 cal/slice, 8 slices)</i>

EXTREME SUPREME Med 16.99 Large 19.99

Not available as deep dish.

Sausage, pepperoni, Canadian bacon, mushrooms, onions, green peppers, and black and green olives.

CLASSIC THIN	PESCARA	OLD WORLD	DETROIT STYLE
<i>(210 cal/slice, 8 slices)</i>	<i>(280 cal/slice, 8 slices)</i>	<i>(260 cal/slice, 8 slices)</i>	<i>(390 cal/slice, 6 slices)</i>
<i>(320 cal/slice, 8 slices)</i>	<i>(430 cal/slice, 8 slices)</i>	<i>(320 cal/slice, 8 slices)</i>	<i>(380 cal/slice, 12 slices)</i>

MARGHERITA Med 14.99 Large 17.99

Not available as deep dish.

Olive oil, fresh basil, garlic, roma tomatoes, mozzarella, and MontAmoré® cheese.

CLASSIC THIN	PESCARA	OLD WORLD	DETROIT STYLE
<i>(190 cal/slice, 8 slices)</i>	<i>(270 cal/slice, 8 slices)</i>	<i>(230 cal/slice, 8 slices)</i>	<i>(370 cal/slice, 6 slices)</i>
<i>(290 cal/slice, 8 slices)</i>	<i>(400 cal/slice, 8 slices)</i>	<i>(290 cal/slice, 8 slices)</i>	<i>(350 cal/slice, 12 slices)</i>

IL PRIMO Med 15.99 Large 18.99

Italian sausage, pepperoni, roasted portobello mushrooms, red sauce, mozzarella, provolone, parmesan, and gorgonzola.

CLASSIC THIN	PESCARA	OLD WORLD	DETROIT STYLE	DEEP DISH
<i>(170 cal/slice, 8 slices)</i>	<i>(250 cal/slice, 8 slices)</i>	<i>(220 cal/slice, 8 slices)</i>	<i>(360 cal/slice, 6 slices)</i>	<i>(290 cal/slice, 8 slices)</i>
<i>(250 cal/slice, 8 slices)</i>	<i>(360 cal/slice, 8 slices)</i>	<i>(310 cal/slice, 8 slices)</i>	<i>(350 cal/slice, 12 slices)</i>	<i>(430 cal/slice, 8 slices)</i>

CALZONES

Please allow approximately 20 minutes for our calzones.

BUILD-YOUR-OWN

One ingredient 10.99 *(1,120-1,165 cal)*

Additional ingredients only 1.00 each.

EXTREME SUPREME

Sausage, pepperoni, Canadian bacon, mushrooms, onions, green peppers, black and green olives. 12.99 *(1,160 cal)*

SALADS & BOWLS

Served with bread (90 cal per piece) and herbed butter (90 cal per oz.).

Add a hot cup of soup (120-240 cal) for 2.99.

Eating Fit!™ CHICKEN ASPARAGUS STIR FRY BOWL

Chicken, asparagus, cabbage, red bell peppers, celery, and onions tossed in a sesame stir fry sauce atop a bed of brown rice quinoa. Topped with jalapeños, cilantro, green onions, and fried noodles. 12.99 *(540 cal)*

Eating Fit!™ GRILLED CHICKEN PINEAPPLE BOWL

Grilled chicken, cabbage, pea pods, red peppers, pineapple, and red onions drizzled with sesame stir fry sauce on a bed of brown rice quinoa. Topped with cilantro, diced jalapeños, green onions, and wonton strips. 12.99 *(600 cal)*

Eating Fit!™ CHICKEN STIR FRY SALAD

Romaine, marinated chicken, broccoli, water chestnuts, pea pods, red peppers, red onions, mushrooms, and roasted cashews, in teriyaki sauce. Topped with fried noodles. 12.99 *(540 cal)*
Substitute shrimp for 2.00 (520 cal)

COBB SALAD WITH CHICKEN ☪

Chopped greens, spinach, marinated chicken, bacon, green onions, eggs, avocado, tomatoes, black olives, and bleu cheese crumbles with choice of dressing. 10.99 *(550 cal)*

GRILLED CHICKEN CAESAR SALAD ☪

Grilled chicken, romaine, homemade croutons, parmesan, and grape tomatoes in caesar dressing. 11.99 *(840 cal)*
Substitute shrimp for 2.00 (930 cal)
Anchovies are optional. (Add 90 cal)
Gluten friendly without croutons. (620 cal)

SALAD DRESSINGS ☪

**All dressings are gluten friendly unless noted.*

Bleu cheese *(310 cal)*

Caesar *(380 cal)*

French* *(120 cal)*

Lite Italian *(15 cal)*

Lite ranch *(100 cal)*

Oregano vinaigrette* *(230 cal)*

Ranch *(220 cal)*