

Welcome to the SIG University  
Virtual Roundtable Series

**Part One: Roundtable Working Session**  
**HR Strategy and Tactical Considerations**

Sarah Sheckells | *Human Resource Executive*

*May 21, 2020*



# REMINDERS



**SLIDES & RESOURCES WILL BE EMAILED AFTER WEBINAR & ARE AVAILABLE ON [SILBS.COM/SIG-UNIVERSITY](https://silbs.com/sig-university)**





# WEBINARS

## UPCOMING

**MAY 27<sup>TH</sup>, 12 PM – 1 PM EST**

Understanding the New COVID-19 FSA and COBRA Regulations

**Presenter:** Stacy Barrow, Esq., *Marathas Barrow Weatherhead*

## RECORDINGS

**MAY 14<sup>TH</sup>** – What Comes Next: Re-Opening the Workplace after COVID-19

**MAY 14<sup>TH</sup>** – HCM: COVID-19 Next Steps in Workforce Dynamics

**MAY 20<sup>TH</sup>** – Building a Global Mental Health Strategy for Multinationals



## SAVE THE DATE

**MAY 28<sup>TH</sup>, 1 PM EST**

Part Two: Roundtable Working Session – HR Strategy and Tactical Considerations

**Presenter:** Sarah Sheckells, HR Executive

**JUNE 4<sup>TH</sup>, 1 PM EST**

Part Three: Roundtable Working Session – HR Strategy and Tactical Considerations

**Presenter:** Sarah Sheckells, HR Executive

[www.silbs.com/sig-university](http://www.silbs.com/sig-university)

VIRTUAL  
ROUNDTABLES

## **Our New Normal: Creating a Lifestyle that Helps People Work on Building Healthy Immune Systems**

**Presenter:** Dr. William S. Queale, MD, *Johns Hopkins*

## **Opening the Doors: Return to Workplace Considerations and Potential Screening Measures for Employees Returning to the Workplace**

**Presenter:**

Ellen Lindahl, Director of Clinical Review, *Relph Benefit Advisors*

## **Post-COVID: Health Plan Data is More Important than Ever**

**Presenter:** Rod Reason, Co-Founder/CEO, *Springbuk*

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PODCAST  
RECORDINGS

## COVID-19 UPDATES

Visit our Coronavirus Resource Center for the latest information on Coronavirus (COVID-19) including:

- Upcoming Webinars
- Key Documents
- Links to Articles & Insights
- Wellness Resources
- COVID-19 Dashboard of CDC & World Health Organization

<https://aleragroup.com/coronavirus/>

- [IRS Relaxes Election Change, Other Rules for Cafeteria Plans and FSAs](#)
- [Agencies Extend Deadline to Pay COBRA Premiums and Certain Other ERISA and Internal Revenue Codes Due to COVID-19](#)



LEGAL ALERTS

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ORGANIZATIONAL  
CHANGE DURING  
UNPRECEDENTED TIMES:  
**WE ARE WRITING  
OUR PLAYBOOK**



PICTURE THIS!



- Being human
- Fear...a disturbance in the status quo
- Takes too much time
- Can be a morale killer



**NO WAY... I'M NOT  
DOING THIS.**

- Stronger teams
- More efficient / effective practices
- Increased morale

**IT WILL MAKE ALL  
THE DIFFERENCE**



# LET'S BREAK!

Breakout Instructions and Questions



# INSTRUCTIONS

- Say hello!
- The person whose first name is closest to letter A is the facilitator.
- The person whose first name is closest to letter Z is scribe and the person who reports out.
- Discuss these questions:
  - What is one org change your company has made recently or needs to make?
  - How have you helped your senior leader facilitate org change?
  - What challenges are you experiencing?



**LET'S DISCUSS**

- What is one org change your company has made recently or needs to make?
- How have you helped your senior leader facilitate org change?
- What challenges are you experiencing?

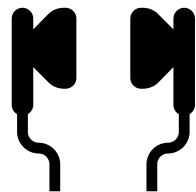
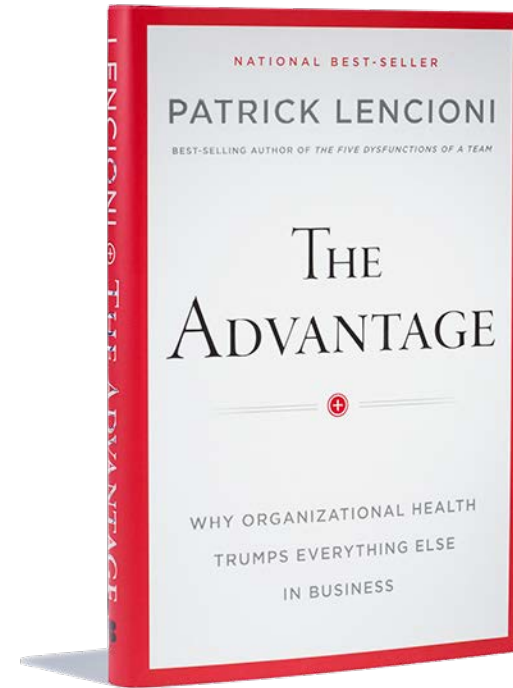
- Effective communication is key
- Organizational health is critical
- Impactful change can happen now

**FINAL THOUGHTS**





# RESOURCES



*Let's Never Go Back to Normal*

*Leadership Doesn't Stop*

Keep things light-hearted with SIG's weekly mini publication focused on working from home, mental health, staying fit, & having fun with family!



Download all editions [HERE](#)

THE  
QUARANTINE  
ZINE

# MENTAL HEALTH RESOURCES

## CENTER FOR WORKPLACE MENTAL HEALTH

Powered by the American Psychiatric Association Foundation, the Center is the leading resource for workplace mental health.

## MENTAL HEALTH FIRST AID

Skills-based training course that teaches participants about mental health and substance-use issues.

Virtual classes provided during COVID-19 pandemic.

## NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

The nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

[COVID-19 Resource Guide](#)

Whatever your reaction is as a **leader** will be **contagious** among your **employees**.

### **THE ANXIOUS ACHIEVER:**

Rethink mental health and work, with candid stories from leaders who've been there.

### **THE JOHN MAXWELL LEADERSHIP PODCAST:**

Examination of what it means to be a transformational leader—someone who daily influences people to think, speak, and act to make a positive difference in their lives and in the lives of others.

LEADERSHIP  
PODCASTS



# Thank You for Attending

Check your email for your HRCI/SHRM Certificates.

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