

## Patient "No Harm & Safe Environment" Contract

patient name \_\_\_\_\_ date \_\_\_\_\_

case manager name \_\_\_\_\_

1. The patient/family agrees to list all lethal items in the home, and how and where the items will be locked away during the home visit.

all lethal items \_\_\_\_\_

how and where lethal items will be locked away during home visit \_\_\_\_\_

2. The patient/family will list all volatile relationships and how the relationships will be managed during the home visit.

all volatile relationships \_\_\_\_\_

how volatile relationships will be managed during home visit \_\_\_\_\_

3. The patient/family will list all pets in the home and how they will be managed during the home visit.

all pets \_\_\_\_\_

how pets will be managed during home visit \_\_\_\_\_

4. The patient/family agrees to and will repeat the following statement to the Case Manager: *"No matter how bad things get, I will not do anything to hurt myself or others. When things get so bad that I can't stand it, instead of getting aggressive, I will call someone, talk to someone, or calm myself with relaxation techniques."*

patient/family signature \_\_\_\_\_ date \_\_\_\_\_

case manager signature \_\_\_\_\_ date \_\_\_\_\_

*adapted from Hunter E, Violence Prevention in the Home Health Setting, Home HealthCare Nurse, volume 15, number 6, 1997, pp 405-7*