



*Circles of Leadership, Learning and Success
...where women and wisdom meet...*

The very best investment you can make in and for the women of your organization!

MentorRings™ is a women's leadership program providing a dynamic Action Learning Experience coupled with a unique blend of Executive Coaching and Mentoring. The *MentorRings* experience includes both individual coaching and group learning forums and is offered in 2 phases.

MentorRings™ provides women with the opportunity for significant growth and development that translates to bottom-line results. *MentorRings™* sessions are offered 3 times a year –Winter, Spring and Fall

Utilizing a proven group mentoring model, each Ring is facilitated by a certified Mentor and Executive Coach and delivers *the best of mentoring, career development and leadership effectiveness*. . . supporting women to excel in their organization and in their career.

Participant Benefits:

- Individualized Assessment and Executive Coaching
- Greater confidence, self awareness and mastery as a leader
- Activities that challenge and support to move outside comfort zone to a new level of effectiveness
- Enhanced leadership, influence and executive presence
- Creation of a personalized development plan
- Opportunities to apply and practice the learnings in a safe and supportive space
- Opportunities to mastermind for greater success and results within the group
- Development of powerful and strategic relationships and access to extensive Alumni network
- Built-in accountability for action and results

Overarching Goal:

Enable Affordable, Effective Growth and Development of key performers and high potential women working for Organizations who seek to attract, retain and develop high quality female talent required for the success of the business.





MentorRings™ Phase 1 Program Sessions

1. Establishing Yourself as a Leader
Identifying Your Leadership Style and Value
2. Building Your Executive Presence and Credibility
Leveraging Your Effectiveness and Personal Power
3. Inspiring Performance and Productivity
Enhancing Your Leadership Approach
4. Sustaining Your Leadership
Maintaining Agility, Engagement and Energy

<p>Establishing Yourself as a Leader <i>Identifying Your Leadership Style and Value</i></p> <p>Balancing Leadership and Management Leadership Competencies Leadership Styles and Values Signature Strengths</p>	<p>Building Your Executive Presence and Credibility <i>Leveraging Your Effectiveness and Personal Power</i></p> <p>Elevating Your Communication Skills Cracking the EP Code – Pillars of Success Mentor and Sponsor Relationships Effective Branding</p>
<p>Inspiring Performance and Productivity <i>Enhancing Your Leadership Approach</i></p> <p>Five Practices of Exemplary Leaders® Delivering Results Emotional Intelligence Crucial Conversations</p>	<p>Sustaining Your Leadership <i>Maintaining Agility, Engagement and Energy</i></p> <p>Leading Across the Generations Avoiding Leadership Hiccups Courageous Leadership Self Management and Energizers</p>

Phase 1: 4 Month Program Includes:

- 4 Full Day Sessions
- Leadership Assessment
- 2 Individual Executive Coaching Sessions
- Personal Development Plan

Fee: \$2,900 per participant



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MentorRings™ Phase 2 Program Sessions

1. Growing Yourself as a Leader
Showcasing Your Agility and Vision
2. Building Your Executive Presence and Credibility
Creating Your Organizational Effectiveness
3. Inspiring Performance and Productivity
Applying Your Leadership Approach
4. Advancing Your Leadership
Centered Leadership and Personal Agility

<p>Establishing Yourself as a Leader <i>Showcasing Your Agility and Vision</i></p> <p>Strategic Agility Risk Taking Decision Making Developing Others</p>	<p>Building Your Executive Presence and Credibility <i>Creating Your Organizational Effectiveness</i></p> <p>Organizational Perspective Change Management Influencing Others Being a Trusted Leader</p>
<p>Inspiring Performance and Productivity <i>Applying Your Leadership Approach</i></p> <p>Leading with Emotional Intelligence Situational Leadership Encouraging Innovation Inspiring Others</p>	<p>Advancing Your Leadership <i>Centered Leadership and Personal Agility</i></p> <p>Managing Energies Mindfulness Building & Maximizing Relationships Embracing & Creating Opportunities</p>

Phase 2: 4 -5 Month Program Includes:

- 4 Full Day Sessions
- 360 Degree Assessment & Feedback
- 2 Individual Executive Coaching Sessions
- Personal Development Plan incorporating feedback received

Fee: \$2,900 per participant, or \$4,900 for Phase 1 & 2 Registration



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