



Disability and Excuse from Work Notes

The great majority of expectant mothers can continue to work until late in their pregnancy without any problems. Sometimes, however, the physical demands of the women's job can create workplace difficulties.

Please let us know if you have any concerns in this regard. We are usually able to suggest simple steps to deal with fatigue, "morning sickness", or aches and pains that can be particularly challenging while you are at work.

When medically appropriate, we will recommend that a pregnant woman be placed on disability leave from her job. Such leave is rarely required. In the absence of any serious condition that would endanger the health of the mother or baby, medical ethics prevents us from making such a recommendation. We will, however, do everything we can to reduce or eliminate pregnancy related difficulties you may be having at work. This includes contacting your employer, when appropriate, to recommend helpful accommodations, adjustments or alterations to your duties.

OB/GYN Appointment / Nurse Line: [\(763\) 587-7916](tel:7635877916)

Office Hours: Monday – Friday, 7:30 am – 5pm

Tuesday: Plymouth Office has extended hours until 8pm

Thursdays: Crystal Office has extended hours until 8pm

**Crystal Office
5109 36th Ave. N.
Crystal, MN 55422**

**Maple Grove Office
9825 Hospital Drive Suite 300
Maple Grove, MN 55369**

**Plymouth Office
Center for Women's Health
15655 37th Ave. N. Suite 180
Plymouth, MN 55446**

For more information about Voyage Healthcare and the services we offer, please visit us at www.voyagehealthcare.com