



## ULTRASOUNDS

While we realize ultrasounds can be both fun and serve as a bonding experience in the pregnancy, we at Voyage Healthcare believe they should be performed when medically indicated. A routine screening ultrasound will usually take place between the 20<sup>th</sup> and 22<sup>nd</sup> week of your pregnancy.

Ultrasounds use sound waves that bounce off your baby's tissue and produce an image on a screen. There have been many studies to show that this is perfectly safe for your baby. In addition to looking at the anatomy, the ultrasound technician will measure your baby's head, abdomen, thigh bone, look at the amount of amniotic fluid, and may be able to identify the baby's sex. You should let the technician know if you want this information or if you prefer to keep it a surprise.

Other ultrasounds are done only for a medical indication. These indications could be concern with the fetal growth, the placental location, the fetal position or to follow-up a previously identified problem.

### **Voyage Healthcare offers ultrasound services at the following offices:**

**Crystal Office**  
5109 36<sup>th</sup> Ave. N.  
Crystal, MN 55422

**Maple Grove Office**  
9825 Hospital Drive Suite 300  
Maple Grove, MN 55369

**Plymouth Office**  
Center for Women's Health  
15655 37<sup>th</sup> Ave. N. Suite 180  
Plymouth, MN 55446

**OB/GYN Appointment / Nurse Line: [\(763\) 587-7916](tel:7635877916)**

**Office Hours: Monday – Friday, 7:30 am – 5pm**  
**Tuesday: Plymouth Office has extended hours until 8pm**  
**Thursdays: Crystal Office has extended hours until 8pm**

For more information about Voyage Healthcare and the services we offer, please visit us at  
[www.voyagehealthcare.com](http://www.voyagehealthcare.com)