



NES HEALTH
Through Energy & Information

NES HEALTH RESEARCH

The effect of NES Health on Stress

Effect of NES Health on Stress

- Date of Study: Jan 2009 – June 2009
- Participants: 54
- Aim: To Study the Effect of NES Health on Stress
- Researcher: Desiree Del Monte, under the supervision of Dr Norman Shealy, Holos University, U.S.A
- Method: Double blind placebo controlled

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Why Study Stress?

According to the National Institute of Occupational Safety and Health:

- 40% of workers reported their job was very or extremely stressful
- 25% view their jobs as the number one stressor in their lives
- 75% of employees believe that workers have more on the job stress than a generation ago
- 29% of workers felt quite a bit or extremely stressed at work
- 26% of workers said they were often or very often burned out or stressed by their work
- Job stress is more strongly associated with health complaints than financial or family problems

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Measures used:

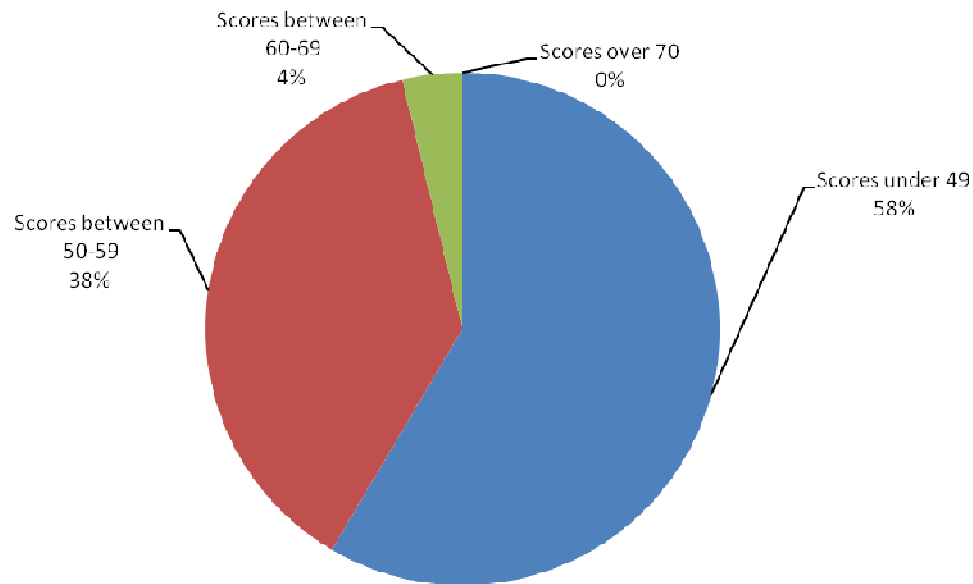
- Zung depression scale
- State-Trait Anxiety Inventory for Adults
- Total Life Stress
- Symptom Index
- Infoceutical Protocol Patient Reported Outcome Trial

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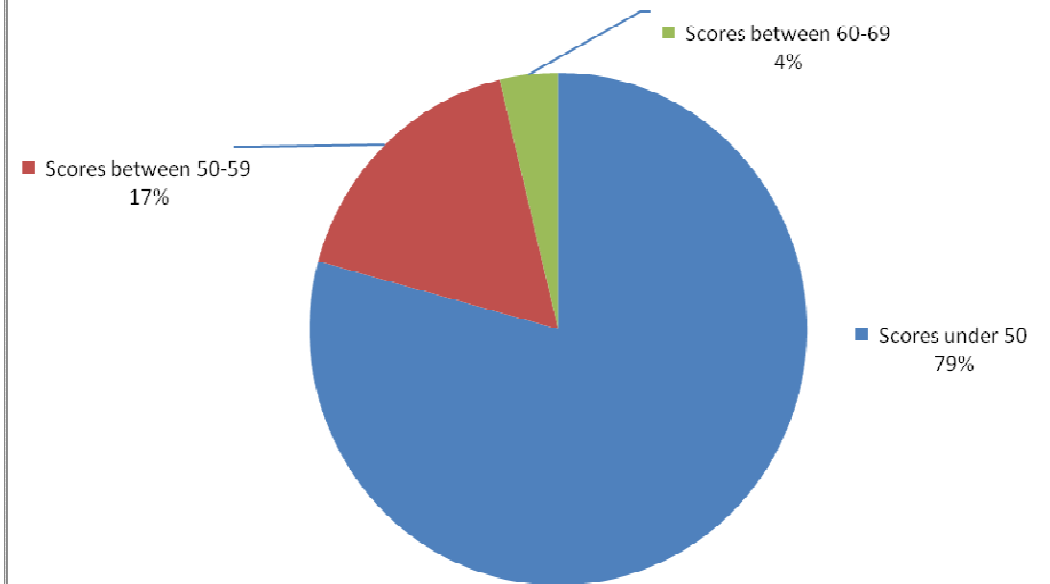
Before:

After:

Zung Pretest Scores



Zung Post-Test Results



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Results based on the self-administered pre- and post-tests indicated difference in scores over time, in that participants had lower scores post-treatment than they did pre-treatment.

Findings suggest this type of treatment have good potential to affect personal well-being in a positive way in regards to reduced stress levels

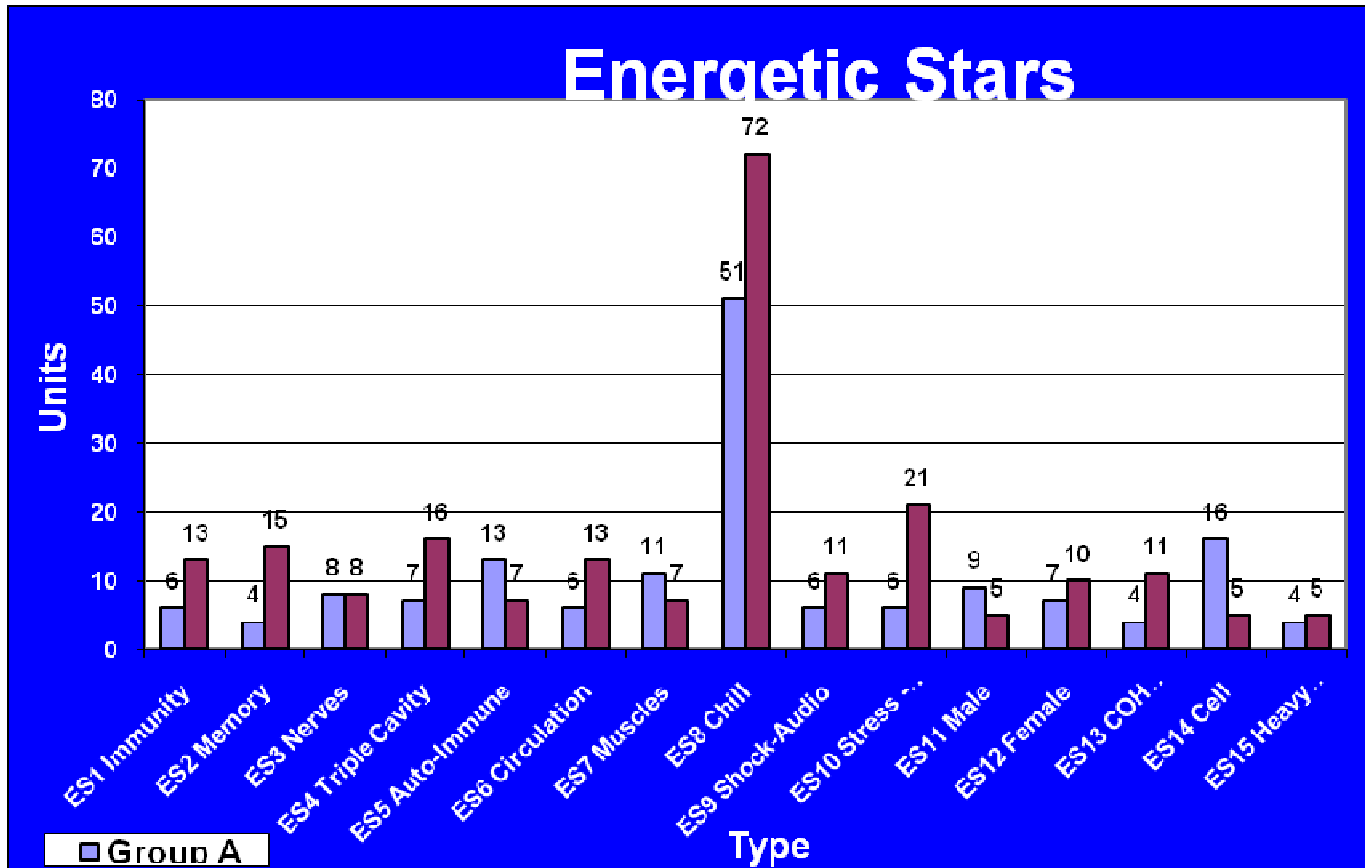
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Emotional Chill – ES8

- The ES 8 Infoceutical is designed to have a mental calming effect by assisting the cerebral cortex to process backlogs of emotional and sensory data due to overload and emotional tape loops.
- The ES 8 Infoceutical has been found to be helpful where a person's abilities have become compromised due to constant stress.
- This Star has proved particularly useful for emotional "survival" and communicates with the desirable mental qualities: inner peace, happiness, openness, problem-solving ability, relaxation after over-work and emotional stress due to substance abuse.

ES8 was detected as being a priority Infoceutical needed in many cases on this study, illustrating the capacity of the software to detect the correct areas of distortion in the body - field.

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Use of NES Health Infoceuticals demonstrating the high incidence of ES8 – Emotional Chill Infoceutical.

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Conclusion:

This study illustrates the positive effect of NES Therapy on individuals suffering from Stress. There was a statistically significant ($p < 0.05$) effect of treatment over time in that participants had lower scores post-treatment than they did pre-treatment.

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For more details on this study and other studies into the use of NES Health please see:

www.neshealth.com/en-gb/research

or mail: research@neshealth.com