

Certified Personal Trainer & Licensed Physical Therapist

Beth Rohrer, PT, DPT, OCS, CEEAA



Professional Bio

I have worked as a licensed physical therapist for more than 15 years, earning both a Masters and a Doctorate in Physical Therapy from Duke University. I've also been a personal trainer for more than 20 years. My training focuses on prevention, wellness and post-rehabilitation for clients who need a safe, low-level program and for high-level athletes. Regardless of your needs, I will design a customized exercise program for your unique body and goals.

Training Qualifications & Additional Training

- Licensed Physical Therapist (15+ years)
- Doctor of Physical Therapy (Duke University)
- Master of Science, Physical Therapy (Duke University)
- Board-Certified Clinical Specialist in Orthopaedic Physical Therapy (OCS)
- Certified Exercise Expert for the Aging Adult (CEEAA)
- Certified Personal Trainer (20+ years)

Fun Fact – I have attended physiotherapy conferences on all seven continents. Antarctica, by far, was my favorite.