

Certified Personal Trainer

Diana Robinson



Professional Bio

I've been into fitness my entire adult life. While in England working out at the Air Force base with the U.S. Military, I became interested in circuit training. I've taken my education and experiences to help create personalized training programs and circuit routines for any level of client to help them achieve their goals.

Training Qualifications

- 5 years Personal Training & Group Exercise Experience
- International Diploma in Advanced Personal Training, Premier Training International, Oxford, England (2012)
- Kettlebell Instructor Workshop, Premier Training International, Oxford, England (2012)
- ViPR Workshop, Premier Training International, Oxford, England (2012)
- Gilad's Bodies in Motion Fitness Camp, Hawaii, 2014

Fun Fact – The photo of me doing yoga was shot in Hawaii at the Gilad fitness camp in 2014.