



The PREPARE/ENRICH Parenting Version is Now Available: [Register here >](#)

The Parenting Version of PREPARE/ENRICH is designed to guide couples through the emotions of parenting by empowering them with insight into their parenting style, family dynamics, and couple relationship. The Parenting Version is best used with any committed couple whose primary concerns are children and parenting issues.

When should the Parenting Version be administered?

The Parenting Version is a good choice for any committed couple whose primary concerns are children and parenting issues. While the Parenting Version does assess some relational constructs (communication, conflict resolution, finances, partner styles & habits, and relationship dynamics), the main focus is on parenting issues.

Is it appropriate for couples in blended (step) families?

Yes, the Parenting Version is customized by the couple based on background questions they answer regarding children.

Can it be used with single parents?

No, like all PREPARE/ENRICH assessments, the Parenting Version is a relationship assessment which assumes the couple is in a committed relationship with one another.

How many children/teens can be considered as part of the assessment?

In addition to global parenting/child/teen statements, the Parenting Version provides each parent the opportunity to evaluate their style of parenting with one to four children. If couples are parenting more than four children, they should select the children most relevant to the parenting issues they are managing.

Do the children/teens also complete the assessment?

No, the Parenting Version is only completed by the parents. However, the facilitator will need the first name, gender and ages of the children in order to type them into the system so the couple can answer questions about the children.

What information is needed before setting up a couple?

The facilitator will need the couple's information (first name and email address) and the following information about each child: first name, age, and gender. The Facilitator will also have the option to include the Family Spiritual Beliefs scale.

Would it be appropriate for parents of a newborn?

No, the parenting scales address issues of discipline, rules and parent-child communication.

Can it be used in a group setting?

Yes, it could be used in a parent education/support/enrichment group setting.



Getting Started:

- To get started with the Parenting Version of PREPARE/ENRICH, you will need to become PREPARE/ENRICH Certified by attending a [Workshop](#).
- Once trained, [Contact Us](#) to activate the Parenting Version in your facilitator account.
- The cost to activate the Parenting Version is \$40

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