



Classes and Programs

Our Toddler and Preschool classes each follow the same weekly routine so kids know what to expect and look forward to:

- Warm up with the "JumpBunch Song"
- Stretch out with our brightly colored Dynabands
- Experience the fun new sport/activity of the week
- Close out class with our cool down routine
- End the day with a new JumpBunch stamp!

Our programs offer something for every situation.

For Toddlers (18 months - 3 years)

- New sport/activity each week for constant engagement
- Structured 30 minute classes, but a little more focused on exploration
- More frequent cycle through of activities to hold short attention spans
- Children join in at their own pace
- Sports oriented with brightly colored balls and equipment
- Focus on basic motor skills and hand-eye coordination

For Preschoolers (3 - 6 years)

JumpBunch Class

- Traditional model with a new sport/activity introduced each week
- A mixture of well known sports and new games/activities
- Non-competitive, completely positive experience to build confidence
- Focused on coordination, balance, and general fitness

JB Sports Clinics

- Explore a specific well known sport for several weeks at a time
- Still introductory and focused on fun!
- Practice specific skills and learn more about each specific sport before moving on to something new (JB Basketball, JB Soccer, JB Football, etc.)



For School Age (6 - 12 years)

JumpBunch Class

- 45-60 minute classes with a little more introduction to competition
- New sport each week to still focus on introduction and variety
- Develop an appreciation of the fun and rewards of physical activity

Classes and Programs (continued)

For School Age (6 - 12 years)

JB Sports Clinics

- Explore a single sport for a month or more at a time (fully customizable)
- Learn the rules of the game and skills required to play
- Perfect for kids who are getting closer to real game play



60 Second Challenge

- 1 hour class where kids complete a series of 60 second challenges
- Sometimes competitive, but sometimes just crazy fun
- Sharpens motor skills, encourages teamwork, promotes problem-solving
- A perfect and unique change of pace!



Other Programs Available To Schools or Parents

Camps (preschool-school age)

- Hosted at your school or daycare
- 1-3 hours, all day, or all week options
- Same focus on fun, introduction, confidence, and building healthy habits
- Customized or following one of our themes such as Super Hero Training, Olympic Medals, Fun in the Sun, or just Sports Exploration!

Special Events (a few examples)

- In house field trips
- School field days
- Mom's morning out
- Homeschool activities
- Family reunions
- Various party occasions
- Anywhere activities for kids are needed

Birthday Parties (offered only in select areas—just ask!)

- Offered at your location or possibly at your school
- Themed, high energy parties focused on the birthday child
- All equipment and activities provided
- Offered for all ages up to 12 years