



KICK CITY

Place a large number of soft balls in a small area. The challenge is to keep them all moving. Challenge children to kick with their non-dominant foot. Kick it to a friend? Kick between two cones? Kick through a hula hoop? Bounce all kicks off the wall?

SHADOWS

When the sun is shining, find a space where the children can watch their shadows. Challenge them to make shadows with different characteristics. Tall? Wide as possible. Narrow as possible? Lie on back and make shadows with their legs only? In combinations with others, make a dog shadow? Create monsters? Machines?

NON-ELIMINATION SIMON SAYS

Two games begin simultaneously, each with a leader, who performs various movements which the children mimic when given the command, "Simon says do ____." However, when the leader says, "Do ____." without having said "Simon says, " any child who follows, instead of being eliminated, transfers to the second game, joining in on the next "Simon says" command. In this way there is no exclusion, only movement between the two groups.

GET 'EM OUT OF HERE!

Divide the children into two teams. Give each an area to patrol, clearly marked with chalk, tape, or lines drawn in the dirt. Give each child a piece of paper to wad into a ball. On the signal "go" the children throw their wads over to the other team's area. On the signal "stop" the children count up the number of wad balls on each side. The object is to have the least number of paper wads.

BUBBLES

Divide children into small groups of three. Each group joins hands and becomes a Small bubble. They blow together and take off floating around the room. They can avoid contact with other Bubbles, float around with eyes closed, or touch and join into a Large bubble. In the end one Giant bubble collapses to the floor with one loud "POP!"