

Spring 2017

Caring **SHARING**

Contributing to the Wholeness
of Body, Mind and Spirit



PRESBYTERIAN
SENIOR LIVING

A publication of Presbyterian Senior Living



Celebrating 90 – A History of Service, A Legacy of Love: A Bright and Promising Future



2017 marks the year that Presbyterian Senior Living (PSL) celebrates its 90th year of service to seniors. What began as a working farm in Newville, PA caring for nine older women has grown to 30 locations in Pennsylvania, Delaware, Maryland, and Southeastern Ohio. This remarkable history is chronicled in John Killian's book, "A History of Service, A Legacy of Love," initially written for PSL's 75th anniversary and then updated for its 85th Anniversary with a second printing.

As we celebrate this milestone, it is important to remember that the PSL family includes several organizations whose service predates PSL's 90 year history. We are indebted to the founding board members of the Easton Home (1890), The Quincy United Methodist Home (1903), The Long Community (1904), and the Presbyterian Homes in the Presbytery of Huntingdon (1924) for their generosity and dedication. Their vision for serving seniors occurred in a time before Social Security, Medicare, Medicaid, and other parts of the social safety net were in existence. The march of progress continues with the addition of the newest member of the PSL family, Cathedral Village in Philadelphia, an organization with a historic connection with the Episcopal Church.

Over the years much has changed, and I have been blessed to personally witness this growth for half of those 90 years of service. When I arrived in 1971 as a registered nurse, Presbyterian Homes served fewer than 400 persons in a total of 350 units – 161 personal care rooms, 172 apartments, and 17 nursing beds, and employed less than 100 staff members. Today there are 547 personal care units, 1,844 CCRC and market rate independent living apartments and cottages, 1,069 subsidized independent living apartments, and 1,134 skilled nursing beds, plus a range of outreach services to seniors beyond our traditional health care and housing options. The PSL staff now numbers over 2,800 strong, offering an ever expanding array of services.



In spite of this extraordinary growth, much remains the same. PSL continues as a faith-based, not-for-profit organization, governed by a volunteer board of trustees. Our original purpose of serving seniors with limited incomes remains intact. Our mission, recently revised with updated language, would be recognized by PSL's founders as remaining true to Ellen Parker's vision of caring and compassion.

Our Mission

Guided by the life and teachings of Jesus, the mission of Presbyterian Senior Living is to provide compassionate, vibrant, and supportive communities and services to promote wholeness of body, mind and spirit.

PSL's values continue to reflect our historic commitments and provide clear guidance for the future:

ORGANIZATIONAL VALUES

1. **Inclusive** – Reach out to include all persons in the communities in which we serve, as recipients of service, employees, and volunteers.
2. **Transparency/Integrity** – Adhere to the highest standards of transparency, honesty and impartiality to assure the public trust in the organization and its mission.
3. **Quality** – Promote successful aging and enhance the quality of life of those we serve through the provision of exceptional services, innovation, maximizing the options available to seniors, and empowering them to choose the services that best meet their needs.

4. **Stewardship** – Be good stewards of the resources available to the organization with the goal of achieving the greatest good to the greatest number of seniors in the most cost effective manner possible, and to focus on environmentally sustainable practices in every aspect of PSL's ministry.
5. **People** – Provide PSL staff and volunteers with a supportive, rewarding and challenging environment that gives opportunity for a satisfying experience in the service of others.
6. **Community Benefit** – In addition to providing subsidized care to those with limited financial resources, offering support to local people, clubs, schools, churches and social service agencies, and governmental entities to strengthen the fabric of the communities we service.



We continue to rely on the generous support of donors to support those with limited resources to receive the care they need.

The people served by PSL have changed a bit over the years and PSL has evolved to meet these changing needs and desires. With changes in medicine and technology, one can only imagine what future generations of seniors will expect from PSL. The seniors we serve are more active and engaged in shaping the services we offer, becoming our partners in creating a shared future.

So, what does it feel like to turn 90 years old? Pretty great actually. I am reminded of an observation made by a PSL resident on the occasion of his 100th birthday celebration. As an active, independent living resident residing for 35 years in a PSL continuing care retirement community, he remarked to those in attendance, "I know that I am celebrating my 100th birthday today, but I really feel great - more like two 50 year olds!"

After 90 years of serving seniors, PSL still has the energy and vitality of a much younger organization. A good description might be - PSL - A History of Service, A Legacy of Love, A Bright and Promising Future.

Steve Proctor
President & CEO

Chaplain's Corner



As spring approaches, my thoughts travel to my childhood and the joyous Easter season. Relatives would visit, and we dressed in our Easter Sunday best. They joined us for church to celebrate the Resurrection of Jesus from the dead.

Every Easter, Christians celebrate the offer of eternal life which God gave on that first Resurrection Sunday. After three days in the cold, dark tomb, when all hope seemed lost, the stone was rolled away, and light and life came bursting out, as Jesus rose from the grave. The Apostle Paul wrote that "just as Christ was raised from the dead through the glory of the Father, we too may live a new life." (Romans 6:4b-NIV)

Spring can be a time of spiritual renewal. The Psalmist marveled at God's handiwork, and wrote, "You send forth Your Spirit, they are created; and You renew the face of the ground." (Psalm 104:30-NASB) "The power of (Christ's) resurrection" enabled the Apostle Paul to "press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus." (Philippians 3:10, 14-NIV)

Paul acknowledged that although our bodies do age, "inwardly we are being renewed day by day" (II Corinthians 4:16-NIV). The spring

of the year breathes hope and promise, bringing renewed energy. Rev. Ian McAlister writes, "Resurrection encourages us to leave behind the shadows and to move into the light."

Bill Gaither's beloved hymn, He Lives, is filled with hope and promise. "Because He lives, I can face tomorrow. Because He lives, all fear is gone. Because I know He holds the future; and life is worth the living, just because He lives!" Those words tell us that no matter what we face in our journey here on earth; the promise of eternal life, brought on that first Easter morn, can fill our hearts with hope and gladness.

Elizabeth Cheney wrote the poem, "Overheard in an Orchard," which challenges us to renew our trust in the Lord.

"Said the robin to the sparrow,
'I should really like to know,
Why these anxious human beings
Rush about and worry so.'
Said the sparrow to the robin,
'Friend I think that it must be,
That they have no Heavenly Father,
Such as cares for you and me.'"

Rev. Justin Ibister
Chaplain, Quincy Village

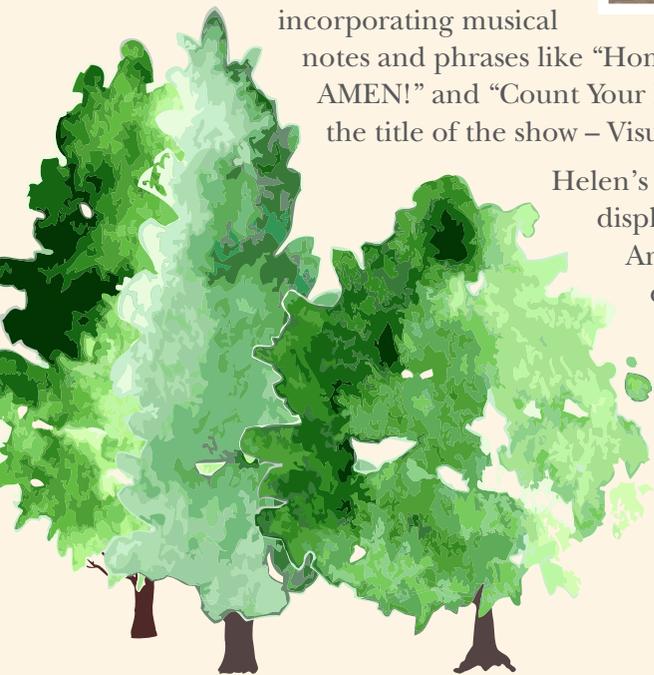
Visual Joy Art Exhibit at Westminster Village

Helen Canfield, a health center resident at Westminster Village in Allentown, discovered a passion for watercolor painting at the tender age of 90. She began painting a simple Christmas tree on standard 8.5 x 11 paper. Over time, the images evolved to include multiple trees and then little forests. The more she painted, the more contented and conversational she became. It was a delightful surprise when her work took another creative turn –

incorporating musical notes and phrases like “Home is Where the Heart Is. AMEN!” and “Count Your Blessings One by One!” Hence the title of the show – Visual Joy!



Helen’s work was selected to be displayed in Westminster Village’s Art Walk for the holiday season, due to the many Christmas trees in her work. A photograph and biography of Helen welcomed visitors to the exhibit. It was a great moment for her when she visited the exhibit for the first time. Her son reported that she spoke of it in every conversation they had.



Mission Support is now (RESOURCE DEVELOPMENT)

With this new name comes a renewed focus on three key areas of support

Benevolence • Estate Planning • Capital

which enable us to enhance the quality of life for all residents. Be a part of this change with us and stay tuned for ways you can partner with us to keep our commitment to the people we serve.

Floral Arranging at Glen Meadows – A Meaningful Activity

Each month, the residents in the health center and assisted living at Glen Meadows come together to create beautiful floral arrangements for the area’s Meals on Wheels program. Dawn French-Evans began this activity as a way to bring purpose to the residents. The residents enjoy donating and giving back to the community. Dawn delivers the flowers; and they are distributed to individuals receiving meals. Meals on Wheels has commented that...

we are one of the only communities that uses real flowers rather than fake ones.

It is meaningful for the residents at Glen Meadows and the individuals receiving Meals on Wheels.



At-Home Services Program at Kirkland Village

Kirkland's At-Home Services provides non-medical care to an individual(s) in their current level of living. In 2016, the staff of nurses and home health aides provided over 17,000 hours of home care on and off the Kirkland Village campus. The program is customized to meet individual needs.

Caregiver Support Services are for those couples who care for a loved one and need some time for themselves. This helps to enable couples to live together at home for as long as possible while allowing the spouse to go shopping, dine with friends, run errands, do housekeeping or any number of things that need to be done.

Supportive services assist the residents with the activities of daily living. The services are provided by trained caregivers and are available on a long- or short-term basis, such as after an illness or hospitalization. They include:

- Assistance with morning and evening routines
- 24-hour care
- Escort to meals, activities and medical appointments
- Pet care
- Ironing, laundry and housekeeping
- Bathing and dressing
- Hospice Care
- Medication reminders
- Respite for caregivers
- Companionship

"It is a very rewarding opportunity for the At-Home Services staff to be able to support the needs of individuals in their current level of living. We make a difference in the lives of the residents receiving the services," said Diane Miranda, LPN, Community Health Nurse and At-Home Service Manager.



Friendly Competition at Westminster Village at Allentown



February brought some friendly competition to Westminster Village this year! The apartment residents challenged the day program participants to a seated volleyball tournament. This isn't the first face-off these two groups have had. The apartments played the day program last year and the day program won by a landslide. This year the apartment residents were determined to do better and even organized their own scrimmage. The tournament was held in the Commons dining room and spectators from the apartments, health center, and day program as well as staff came to cheer on the volleyball players.



The returning champions, WVA Day Program, won the competition by one point! The final score was 20 to 19. The apartment residents were very good sports and said how pleased they were with their improvement from last year. The apartments team is looking forward to their next opportunity to be the winners and another tournament will be held in the near future. Practice makes perfect they say...and the group will be practicing for sure!

Embracing the World with Stitches of Love

An Interview with the Founder, Betty Hoke

Every stitch she takes is with a poor, shivering child in mind. Betty Hoke, a resident of Springwood Overlook in York Township, founded a group of knitters called Stitches of Love. Betty is now 91 years old; but she is very clear about how this group got started. She is passionate about the mission of those who work alongside her.

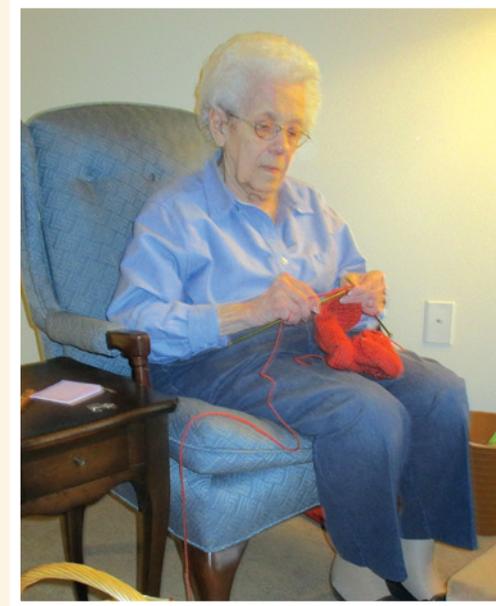
Back in 1999, Betty's daughter and son-in-law went to an orphanage outside of Moscow to adopt a son through the Pearl S. Buck Foundation. They were told to expect to stay in Russia for about three weeks to complete the lengthy adoption process. They watched in the courtroom as the couple before them were denied the right to adopt after the grueling process. Betty's daughter, Kathy, was not worried though. "I saw God walk in to the courtroom with our son." They did, in fact, bring home their adopted son in only eight days. But they also brought home a very troubling story of how the babies and small children were being cared for in that Russian orphanage. Children were kept in large playpens where they were left for long periods of time.

Betty recalls vowing that she would do the one thing she could to improve the lives of those children half a world away – knit for them. Betty's daughter and her husband intended to go back to the same orphanage to adopt a daughter in a couple of years. So, Betty finished 15 sweaters to send along for the kids in the orphanage during those two years. The Russian workers were thrilled!

Betty was also excited to be able to use her time and talent to bring something special to children who had never had a warm sweater of their own.

The members of her church, Luther Memorial in York, wanted to join Betty with their knitting. A group of 10-14 women have gathered once a month since then to create sweaters and hats and scarves to give children who need them.

A dear Jewish friend of Betty's called her to offer her services as well. Now a group from her synagogue also gathers to knit for Stitches of Love.



Betty said she remembers with heartbreaking clarity delivering sweaters to Goode Elementary School in York. The group donates to Goode Elementary every February in honor of Rabbi Goode who gave his life during WWII along with three other chaplains. Several years ago when they were making the delivery, Betty remembers seeing a little girl wearing a sleeveless dress in the middle of winter with her hair all tangled and

untended. The little girl looked up at Betty and said, "Could I have a hat for my baby sister?" The ladies were not prepared for babies that day, and Betty was profoundly upset that she could not give the child a hat.

Since June of 1999 through December 2016, the ministry has donated 21,760 items to children throughout the world.

Things are given locally in York County, but they also go to Afghanistan, Ecuador, Ghana, Tanzania, Ukraine, Haiti, India, Iraq, Israel, Kenya, Madagascar, Mexico, Nepal, Romania, and Russia.

Betty's doctor was leaving on a mission to Nepal when she started Stitches of Love. The doctor brought knitted items with her to distribute; and she connected the group with other medical missionaries. This ministry has grown to the point that Betty no longer knows how many volunteers are knitting for the children.

Betty Hoke is a humble woman who uses her talent and time to create lovely, warm clothing for children who need to know that someone cares about them. Her reflection on all that time is simply, "It's been a wonderful thing for my life." Indeed.



Westminster Woods Outreach for Our Troops



Mrs. Joan Daub, an independent living resident at Westminster Woods at Huntingdon, was at a family gathering when she overheard her granddaughter talking about an outreach to United States military and their families. Joan thought long and hard about it and then talked to another resident at the

community, Ms. Laura McCardle. Together, these two ladies made a plan.

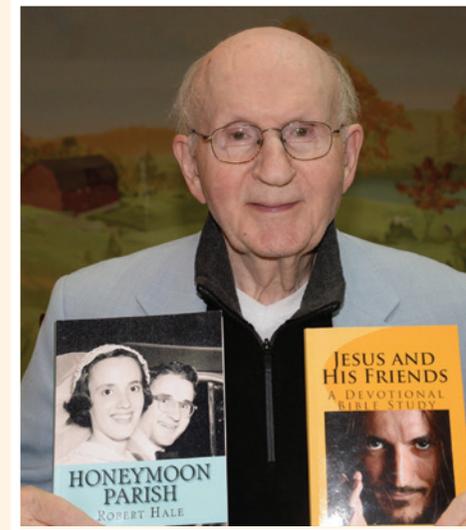
The outreach that Joan had overheard her granddaughter talk about is “Troopons®.” The Support Our Troops® Troopons® program was put in place by a group in Daytona, Florida, and it supports the troops both at home and overseas by sending them food, non-food, baby and pet manufacturer coupons to help them provide essentials for their families and save money. Shopping overseas can be particularly difficult for military families, because currency exchange rates don’t always benefit them, meaning their money may not go as far as it does in the U.S.

Joan and Laura started the coupon program at Westminster Woods on August 29, 2014. First they placed boxes throughout the WW community for residents, staff and families to put their unused manufacturer coupons. There are some rules put in place by the Support Our Troops® Troopons®. Included in these rules is packing coupons separately in sandwich or quart-size plastic bags; separating food, baby products, and non-food coupons to help the base volunteers and personnel send them to the right stores. The bags must include what the coupons are for – “food,” “baby,” “non-food”; and writing the approximate value on the outside of each bag.

Each month Joan, Laura and a small group of residents meet to make sure the coupons are sorted properly, marked appropriately, and ready to send to Florida. As of last August, the group had collected 54,664 coupons – a face value of \$73,817.50. They continue to meet monthly and welcome new-comers to join their group. Joan and her group are making a positive difference with their outreach. Thank you.



Glen Meadows’ Author to Tithe Book Profits



Robert Hale, a resident at Glen Meadows, plans to give ten percent of his book profits to the benevolent care funds of Presbyterian Senior Living communities. Bob has two books on Amazon: “Jesus and His Friends” and “Honeymoon Parish.” The first book is a devotional Bible study about the disciples – including us. The second book is a novel with a humorous love story about a new preacher and his “angel.” On the cover of Honeymoon Parish is the wedding picture of Bob and his wife Elaine.

Bob’s books can be ordered directly from Amazon. You can use the following link to reach Bob’s Author Page on Amazon: www.amazon.com/author/halerobert. To purchase the books, Bob recommends ordering only his e-books from Amazon and the paperback books through him. The reason is to make sure that each PSL community gets credit for ordering paperback books. Amazon does not report where orders come from to the author.

Therefore, you should order the paperbacks from Bob Hale at 11630 Glen Arm Road, U25, Glen Arm, MD 21057. Please send a typed or hand-printed note with the following information: the title(s) of the book(s) you want, your name, mailing address, phone number, and the name of your community. Also, enclose a check for \$9 for “Honeymoon Parish,” \$6 for “Jesus and His Friends,” and \$3 for postage. Ten percent of the book profits will go to the benevolent care fund. In addition, Bob will donate \$40 to the PSL community that sells the most books.

Bob is working on his third book, “Grampa Hale’s Tales.” He is willing to travel to some PSL communities to present programs on his books. If you have any questions, you may call Bob at 410-319-5192 or send an email to HaleBobElaine11630@gmail.com.



Compassionate Touch at Cathedral Village – A Personal Story



At the age of 65, having raised three sons as well as working 35 years in a fast-paced real estate career, I decided to retire to spend more quality time with my nine grandchildren and aging parents and give back to my community. Having no particular plan in mind, I decided to “just see where the journey would take me.” The following year, it was clear my folks could no longer live alone; and my sisters and I were faced with making the emotionally challenging decision of what is the next step. We were blessed to find The Bishop White Lodge at Cathedral Village!

During the first seven months, I was a frequent visitor. During that time, I personally witnessed not only the excellent care they received, but also the respect and love freely given by

everyone surrounding them. At a chair yoga class that I attended with my parents, I asked the teacher if I could help in any way since I practice daily yoga myself and was also trained as a Reiki Master. She told me about the “Compassionate Touch” Program and the available training.

Well, my “journey” began. The excellent onsite training gave me the confidence to start immediately, and I now look forward to my weekly time spent with “my sweet new friends.” I spend time mostly with dementia residents as well as a couple of hospice residents. The response has been amazing, loving, very individual, and in some cases even spiritually intimate.

We all know that “touch” is a vital ingredient for humans to thrive. Most studies in the past focused on infants and children...but no matter what our age, physical, mental or emotional capacity we all need it! My work here at Cathedral Village has proven that to me.

Within minutes of sitting down next to one of these trusting souls and putting their hand in mine, they begin to relax. Their grip gets softer, they often

smile, they sometimes close their eyes or look right into mine and sometimes a teardrop forms...on both of our faces. Almost all sessions end with a hug. Many remember me from week to week and some we reintroduce ourselves and begin anew.

The entire time spent with them, not only relaxes them but it also relaxes me! It not only nourishes them but also nourishes me! It reminds me how unique and special every person is.

Compassionate Touch is Loving Touch...never underestimate how it can impact another fellow human being.

Lynda Donahue



Green Ridge Village Staff Support the PAW Packs Program

The PAW Packs Program is working to fight childhood hunger in the Newville community. Recently, the staff at Green Ridge Village was asked to donate a crock pot of soup to be sold to support this program. The program, in existence for one year, helps to feed 72 children every weekend.

A high percentage of students within the district are on free or reduced-priced lunches, making the need for the program evident. Tote bags of food are packed and sent home to help feed the children in the family from age two through high school.

Everyone that participated in the soup sale enjoyed the opportunity to give back to the community and was excited to try all the different kinds of soup. Over \$110 was raised for the PAW Packs Program!



Santa Resides at The Long Community at Highland

A personal care community resident, Karl Geffchen (*pictured right*), decided in the spring of 2016 that he was going to dedicate the entire year to growing a beard.

He thought it would be a wonderful idea to become a Santa for children during the upcoming Christmas season.

So with diligence and patience he grew a mighty fine beard. Although when it came time, Karl was missing an important element – a Santa suit. But never fear, appropriate attire was acquired. Each year, caring friends at Inova Roll Services graciously provide personalized Christmas gifts to each personal care community member. For Karl, they were able to provide all of his wish list items including his very own Santa suit. Everything was falling



right into place for December 26 of 2016 where Girl Scout Troop #71523 came into sing Christmas carols. The girls were elated and surprised! They were not only able to meet Santa the day after Christmas and receive a candy cane from the jolly fellow himself, but also able to thank him for the gifts they received as well as get a head start on next year's requests!

In addition, another "Santa" (*pictured left*) visited with Long Community residents and there were plenty of photo opportunities, to which all attendees received a copy of their picture thereafter. One community member in particular was very pleased; Eleanor Sloan was just tickled stating she had not had a picture with a St. Nick in over 94 years!



Mark Your Calendars!

16th Annual Presbyterian Homes in the Presbytery of Huntingdon Golf Outing

Monday, May 22, 2017

Lunch and registration begins at 11 a.m.
Shot Gun start at 12 noon

Sinking Valley Country Club
Tyrone, PA

For registration forms and/or sponsorship information: Please contact Tom Koehle at 814-693-4086 or email tkoehle@psl.org.

Inaugural Windy Hill Village Golf Gala

Monday, June 26, 2017

Shot Gun start at 9 a.m.

Philipsburg Elks Lodge and Country Club
Philipsburg, PA

For registration forms and/or sponsorship information: Please contact Tom Koehle at 814-693-4086 or email tkoehle@psl.org.

2nd Annual St. Andrew's Village Golf Gala

Monday, August 21, 2017

Shot Gun start at 9 a.m.

Indiana Country Club
Indiana, PA

For registration forms and/or sponsorship information: Please contact Tom Koehle at 814-693 -4086 or email tkoehle@psl.org.

22nd Annual Golf Outing

Wednesday, September 6, 2017

Shot Gun Start at 9 a.m.

Foxchase Golf Club
Stevens, PA

For registration forms and/or sponsorship information: Please contact Laurel Spagnolo at 717-502-8871 or email lspagnolo@psl.org.



Our Locations

ALLENTOWN, PA
Westminster Village
 803 North Wahneta Street
 Allentown, PA 18109
 (610) 782-8300
www.wmvallentown.org

BALTIMORE, MD
Heritage Run at Stadium Place
 1080 East 33rd Street
 Baltimore, MD 21218
 (410) 639-4663
www.heritagerun.org

BETHLEHEM, PA
Kirkland Village
 One Kirkland Village Circle
 Bethlehem, PA 18017
 (610) 691-4500
www.kirklandvillage.org

BLOOMSBURG, PA
Westminster Place at Bloomsburg
 100 Westminster Drive
 Suite 100
 Bloomsburg, PA 17815
 (570) 317-2644
www.westminsterplacebloomsburg.org

CRESCO, PA
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 (570) 595-7856
www.wisteriacommons.org
www.theoaksapartments.org
www.hawksnestapartments.org

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 (717) 432-1680
www.moyerhouse.org

Schartner House
 1271 Gettysburg Pike
 Dillsburg, PA 17019
 (717) 432-1670
www.schartnerhouse.org

Westminster Place at Carroll Village
 Two Trinity Drive West
 Dillsburg, PA 17019
 (717) 432-1670
www.carrollvillage.org

DOVER, DE
Westminster Village
 191 Westminster Drive
 Dover, DE 19904
 (302) 744-3600
www.wmvdover.org

EASTON, PA
The Easton Home
 1022 Northampton Street
 Easton, PA 18042
 (610) 250-5000
www.eastonhome.org

GLEN ARM, MD
Glen Meadows Retirement Community
 11630 Glen Arm Road
 Glen Arm, MD 21057
 (410) 319-5000
www.glenmeadows.org

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Presbyterian Apartments
 322 North Second Street
 Harrisburg, PA 17101
 (717) 233-5114
www.presbyterianapartments.org

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Presbyterian Village at Hollidaysburg
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 (814) 693-4000
www.hollidaysburgretirement.org

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Westminster Woods at Huntingdon
 360 Westminster Drive
 Huntingdon, PA 16652
 (814) 644-2000
www.westminsterretirement.org

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Grace Manor
 580 North Ninth Street
 Indiana, PA 15701
 (724) 464-1600
www.standrewsvillage.org

St. Andrew's Village
 1155 Indian Springs Road
 Indiana, PA 15701
 (724) 464-1600
www.standrewsvillage.org

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The Long Community at Highland
 600 East Roseville Road
 Lancaster, PA 17601
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www.longcommunityhighland.org

Westminster Place at Long Community
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 Mechanicsburg, PA 17050
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www.silverspringgardens.org

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 427 South Main Street
 Shrewsbury, PA 17361
 (717) 235-9943
www.shrewsburycourtyards.org

Shrewsbury Courtyards II
 106 Courtyards Drive
 Shrewsbury, PA 17361
 (717) 227-4941
www.shrewsburycourtyards2.org

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Mark H. Kennedy Park
 108 Pine Avenue
 St. Clairsville, OH 43950
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www.markkennedypark.org

STEWARTSTOWN, PA
Westminster Place at Stewartstown
 16 South Hill Street • Suite 1
 Stewartstown, PA 17363
 (717) 993-3809
www.westminsterplacestewartstown.org

WAYNESBORO, PA
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 Waynesboro, PA 17268
 (717) 749-2300
www.quincyvillage.org

Wesley House at Quincy Village
 6575 Orphanage Road
 Waynesboro, PA 17268
 (717) 749-2391
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Presbyterian Home at Williamsport
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 Williamsport, PA 17701
 (570) 601-8350
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YORK, PA
Springwood Overlook
 2330 Freedom Way
 York, PA 17402
 (717) 741-4225
www.springwoodoverlook.org

Stony Brook Gardens
 17 Theater Lane
 York, PA 17402
 (717) 718-7777
www.stonybrookgardens.org

Westminster Place at Queen Street
 150 Pauline Drive
 York, PA 17402
 (717) 741-2368
www.wpyork.org

Our Mission

Guided by the life and teachings of Jesus, the mission of Presbyterian Senior Living is to provide compassionate, vibrant and supportive communities and services to promote wholeness of body, mind and spirit.

It is our policy to admit residents without regard to race, color, national origin, age, ancestry, sex, religious creed, handicap or disability.



Presbyterian Senior Living is proud to be a not-for-profit provider, placing “people before profits.” Financial stewardship, ours and yours, is essential to support Presbyterian Senior Living’s ministry of compassion.

Steve Navitsky, Editorial Director **Laurel Spagnolo, Editorial Coordinator**

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